

BICESTER

Free
Event

Celebrating

OLDER PEOPLE'S DAY

Wednesday 24 September

Bicester East Community Centre
Keble Road
OX26 4TP

9am – 1pm

FREE taster sessions:

9am–1pm

Junk journalling

9am–1pm

Blood pressure checks

10am–10.30am

Walking football

10.30am–11am

Good Boost exercise

12pm–12.30pm

Bicester Green repair project

All day craft

Electric Blanket Testing

(booking required - call
01865 519800 option 4
to book your
appointment)

Tea/coffee

Information and
advice from local
service providers

