

Discover our groups across Oxfordshire

Aviation Group

A social group for all, whether you're an aviation expert or just have a general interest in aviation. Carterton.

community@ageukoxfordshire.org.uk
01235 849 434

Bereavement Support

Open to people aged 60+ who have lost a loved one. Abingdon, Banbury, Bicester, Carterton, Chipping Norton, Didcot, Grove, Kidlington, Oxford, Wheatley, Witney.

community@ageukoxfordshire.org.uk
01235 849 434

Book Clubs

TeaBooks is a sociable book group for those 60+, helping people to share a love of books and reading, and to make new friends.

Abingdon, Bicester, Carterton, Headington, Kidlington, Marston, Oxford, Summertown, Thame, Wantage, Witney.
teabooks@ageukoxfordshire.org.uk
0345 450 1276

Carers Support

We know the importance of peer support, and that there is real benefit in connecting with people who know what you're going through. We run and support a variety of groups in locations across Oxfordshire.

carersinfo@carersoxfordshire.org.uk
01235 424 715

Chatterbox

Social coffee morning with coffee and cake. Chipping Norton, Witney, Woodcote.

community@ageukoxfordshire.org.uk
01235 849 434

Dementia Support

We run and support a number of groups across the county which provide information, support and connection to those living with dementia, and their carers. Various locations across Oxfordshire.

info@dementiaoxfordshire.org.uk
01865 410 210

Digital Support

Whether you need help with your phone, computer or tablet, we can support you to develop your skills and safely get involved with the online world.

Benson, Bicester, Banbury, Didcot, Eynsham, Kidlington, Oxford, Sonning Common.
community@ageukoxfordshire.org.uk
01235 849 434

Exercise Classes

Tailored exercise classes for older adults, including Strength and Balance, seated exercise, Mind & Body, to more specialist classes such as Big, Bold and Balance for people living with Parkinson's. Classes available in person and online via Zoom. Abingdon, Bampton, Banbury, Bicester, Botley, Cumnor, Cotteslowe, Didcot, Enstone, Eynsham, Henley, Milton under Wychwood, Sonning Common, Witney.

active@ageukoxfordshire.org.uk
01235 849 403

Film Clubs

A social film club for people 50+. Banbury, Carterton, Horspath, Steventon, Deddington, Merton (Bicester), Oxford, Sibford, Sonning Common.

community@ageukoxfordshire.org.uk
01235 849 434

LGBTQ+

Social groups for older people in our LGBTQ+ community.

Banbury, Didcot.
community@ageukoxfordshire.org.uk
01235 849 434

Lunch Clubs

A chance to meet and eat in friendly company. Bicester, Kidlington, Thame.

community@ageukoxfordshire.org.uk
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Information & Advice Drop-ins

Abingdon, Banbury, Barton, Didcot, Henley, Horspath, Sonning Common, Thame, Upper Heyford, Wheatley.

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01235 849 434

Walk & Talk

A leisurely stroll and a chance to make new friends. Chartbury, Didcot, Wallingford, Woodstock.

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