

Volunteers needed

We are looking for friendly people who are happy to chat on the phone.

Whether you have 20 minutes or 2 hours to spare, you can make a real difference.

We offer you out of pocket expenses, training and support. In return, you will join a great team of volunteers.

Age UK Oxfordshire is a local independent charity, working with and for all older people and their carers throughout Oxfordshire. We are brand partners of Age UK. Age UK Oxfordshire is a Company Limited by Guarantee 4328143 and Registered Charity No 1091529

Phone Friends provides local, older people who feel lonely with a **regular, free, friendly phone call** from one of our Phone Friend volunteers.

Each phone call **makes a huge difference** to the life of an older person.



Our volunteers make over a total of 400 calls a week

Get in touch

If you want to find out more about what is involved in being a Phone Friend, or you would like to receive a weekly phone call, please give

Paula a ring on
01295 234 850

Email:
phonefriends@ageukoxfordshire.org.uk

Visit:
www.ageuk.org.uk/oxfordshire/



Phone Friends

“A friendly voice at the end of the phone”



By listening, as well as talking, our volunteers offer support, friendship and provide information and signpost to other support services. If our call is not answered, we will contact a friend or relative to check that all is well and this offers peace of mind.



“Phone Friends has given me something to look forward to each day”

Phone Friends is an **unfunded** service. We rely on the support of local groups and businesses in order to run. Please contact Paula on 07557 038278 if you are interested in supporting us.

“ I am sat by the phone waiting because I don't want to miss my very important call ”



We phone each person every week and have a good chat with them. The calls are made at the same, mutually convenient time.



We can also offer text messages, emails and weekend calls.