



# Homeshare opportunity in Abingdon, 0X14 (Ref 054)

Are you a quiet, understanding and caring female who could provide a quiet and reassuring presence, sharing the peaceful home of an older person in a quiet close in the Oxford Road area of Abingdon?

The householder is a retired nurse and a matron of various nursing homes. Following a stroke 3 years ago life has become harder, and more so since the COVID pandemic. Prior to the pandemic the Householder would regularly attend church, play bridge through U3A locally and looked forward to meeting up with a friend each week, who also helped around the house when needed. All of this is currently curtailed.

The Householder enjoys murder mysteries and medical based series like Dr Martin on television, using sub-titles due to being hard of hearing. She also enjoys reading romances and crime stories. When encouraged and motivated, she still enjoys sewing and jigsaws.

The Householder currently has a hot lunch brought in each weekday. Ready meals for the evenings, organised by the family. The Householder's son visits at the weekend and her daughter works nearby and usually stays over on a Monday evening. They are a supportive family and will keep in good contact with the Sharer. A cleaner visits on a weekly basis.

Due to memory loss and some low mood, prompts around the evening meal would also be an important part of the Homeshare. Spending a little together over a cup of tea from time to time would also be much appreciated, although the Householder is also used to living very independently. As the Householder's balance has deteriorated and she is at risk of falls, the family would like there to be someone else living in house who they could keep in close contact with.

This would a suit quiet, understanding and caring female who is also happy to live fairly independently. Someone sympathetic to the Householder's circumstances, ideally with some understanding of memory loss would be ideal. Someone who would usually be around in the evenings would be best and there is the option to work or study from home if that suited.

Homeshare Oxfordshire carefully matches an older person, or couple, looking for help, companionship or reassurance at home, with another person who is happy to lend a hand, and who needs low-cost accommodation. The Sharer gives the Householder up to 10 hours of their time each week as a combination of companionship and practical help, as agreed. Each party pays a monthly fee to Homeshare Oxfordshire, who continue provide support on an ongoing basis.



## Location and accommodation:

The detached house is situated in a quiet, friendly close off the Oxford Road, close to Tesco and a 10 minutes walk from the town centre.

The room is a single with built in cupboards and adjacent to a bathroom. There is also living space downstairs to which the Sharer could also have sole use.

| ₽å  | fully furnished      | _        | separate living<br>room<br>(conservatory) |
|-----|----------------------|----------|---|
| (i) | wifi                 | 8        | non-smoking                               |
|     | parking              | <b>₽</b> | bike storage                              |
| ١٨٠ | separate<br>bathroom | <b>⊕</b> | garden                                    |

### Costs:

• £ 200 monthly fee payable to Homeshare Oxfordshire

# Summary of support needed in this Homeshare arrangement

# Time together

- The odd cup of tea together
- Prompts/reminders
- Potentially a bit of tv together, but the Householder is used to being independent

# Help in the house and garden

Occasional light housework

# Help out and about

As required and agreed post Covid.

Visit homeshareoxfordshire.org.uk for information about Homesharing and the application process which includes:

- Completing an application form and providing contacts for 3 referees
- An enhanced DBS check
- Interview

If you feel that Homesharing could be right for you (see opposite), and that you could be the right person for this opportunity, please contact us in the first instance via the 'Register your interest' form at homeshareoxfordshire.org.uk





Phone: 01865 410670

Email: homeshare@ageukoxfordshire.org.uk

Homeshare Oxfordshire is the local Homeshare provider for Oxfordshire, operating on a notfor-profit basis as part of Age UK Oxfordshire www.ageukoxfordshire.org.uk

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# Could Homesharing be right for you?

# Age

Sharers are aged 21 or over (and eligible to live in the UK)

# Support commitment

Sharers can happily give up to 10 hours each week as practical help or companionship to the Householder. (No personal care is involved).

## Shared living

Sharers would enjoy and value living with an older person, or possibly an older couple. Sharers are emotionally mature, clean and tidy, kind and considerate.

### Circumstances

Sharers have an established work/study pattern. The risk of the Sharer's exposure to COVID-19 usually needs to be taken into account. NB Homeshare is not usually suitable for people working long hours or shifts. Sharers are generally not expected to be away overnight unless pre-arranged, with the exception of weekends away, holidays etc

### Duration of Homeshare

Sharers are able to commit to a minimum of 9 months, although most Homeshare arrangements last considerably longer.

## References and checks

Sharers are able to provide three referees (usually character, employer or institution and landlord). Sharers must tell us about any spent or unspent convictions and undergo an enhanced Disclosure & Barring Service (DBS) check.

### Financial commitment

Sharers should be able to demonstrate that they can meet the monthly fee requirements plus the contribution to household costs.