



#### Homeshare accommodation in Oxfordshire – March 2024 (v2)

Homeshare Oxfordshire carefully matches an older person, or couple, looking for help, companionship or reassurance at home, with another person who is happy to lend a hand.
The Sharer gives the Householder up to 10 hours of their time each week as a combination of companionship and practical help, as agreed, and makes a monthly payment to Homeshare Oxfordshire of £200 pcm and an agreed contribution to the Householder towards bills.

## Please check our webpage <u>www.homeshareoxfordshire.org.uk</u> and follow us on and <u>Facebook</u> to find out about new opportunities as they come in.

\*\*\* More opportunities coming soon in Oxford, Kennington and South Oxfordshire locations \*\*\*

#### Botley/Cumnor, Oxford, OX2 (ref 106)



Nearby Raleigh Park nature reserve

#### Would you like to share the warm, comfortable home of friendly, young-at-heart older person with a good sense of humour and independence of mind, along with her much-loved cat?

The Householder is a retired teacher of modern languages – French and German. She is a keen pianist, singer and enjoys concerts as well as theatre. She is big reader and also a Scrabble devotee! Her Persian cat is a joy to her (and it is important that the person who moves in also loves cats!). The Householder is very sociable and has a good network of friends.

Owing to being disabled (and needing to walk with a frame) and recovering (well) from a stroke (in early 2023) the Householder is looking to a Homeshare arrangement for help with a few tasks. This would be in addition the support she receives from her long-term carer and friend who would continue to come regularly. Primarily help is needed in the morning with feeding the cat and emptying the cat litter tray as well as leaving out breakfast items for the Householder and, potentially, a simple salad for lunch. Help with putting out the bins would be appreciated as well as the occasional trip to the shop for anything missing from the online shop. Help with technology might sometimes be very welcome too.

Whilst the Householder is welcoming and friendly, she also is used to her own space and enjoys her own company, not to mention spending a fair bit of time playing the piano each day. So, someone who is also self-sufficient and happy to spend time alone would work well.

This Homeshare would suit an intelligent, witty person who is emotionally mature, easy going, good natured, thoughtful and kind. Someone open minded and liberal, but 'not too political', and easy to communicate with. They must like cats! A musical person would be welcome and a good scrabble player would be a real bonus! Someone who might like also enjoy theatre, cinema and music concerts would be great. A car driver could be helpful for the occasional lift, though not essential.

Homeshare Oxfordshire Accommodation Availability March 2024

#### Iffley Borders/Rose Hill, OX4 (ref 102)

An interesting and independent Householder is looking for a friendly, intelligent, female to join her in her Iffley Borders /Rose Hill home, with close links to public transport in one direction and short walk to Iffley village and the nearby river Thames in the other.

The Householder has a Social Work background, both as a practicing social worker and as a trainer/teacher at Oxford Brookes University and at Ruskin College. She has many interests including reading, exhibitions and museums gardens and, in the past, has enjoyed travelling. She has been active in her community, involved in a number of important social initiatives.

Owing to some decreased mobility and a little less energy, some help around the house would now be very welcome. Helping with a little light housework, hoovering, putting out the bins and the like. The Householder enjoys food, and in the past has grown vegetables on an allotment, and whilst it would not be a requirement for the Sharer to cook and share meals, someone who enjoyed cooking and might like to share meals a couple of times a week could work well. A Sharer with an interest in gardening and able to help with jobs in the garden would be a bonus, and someone with good IT skills who could assist with the little things that crop up on mobile phones and laptops would be appreciated.

Whilst the Householder is happy in her own company, spending a bit of time together every now and then with a compatible Sharer could be a plus. Having the reassurance of knowing that there is someone else around in the house, especially at night, is an important factor.

This Homeshare might best suit a female post-graduate student or an academic although the Householder is open minded about others who may work well too. The Sharer should be easy going, helpful and friendly, responsible and emotionally mature.

### Abingdon, OX14 (ref 96)

# Are you a homely, kind and caring female, 30+, with Christian principles, who could provide gentle companionship and be a reassuring presence to a friendly, kind older person in a quiet residential area of Abingdon?

The householder's early career was in nursing and, later, in education with children with additional needs. She is a committed Christian and involved in her local church and wider community activities. She is artistic and finds relaxation in drawing and painting. Singing, creative dance and swimming have been important in the Householder's life but, owing to arthritis, some limitation in walking and having less energy these days, she has found these activities hard to keep up.

The Householder lost her husband some years ago. She has a network of good friends whom she sees regularly but does feel a little anxious at times about living alone. Just the simple presence of a someone around in the house would be very reassuring to her. A homely, warm person to talk to about day to day things and to help make small day to day decisions would be very valuable. Help with the odd internet and mobile phone issue would be appreciated, as would the occasional lift in a car to activities or social events.

A cleaner and gardener regularly come to the house but help with the simple household tasks would be welcome – for example, help with changing bed sheets, putting out the bins, reading the meters etc. Whilst gardening help is not needed, if someone would enjoy helping in the large, natural, garden (which is a source of great pleasure to the Householder) that would be fine.

This would a suit a kind, caring and empathetic female, 30+, with Christian principles. Some who likes to mainly spend time at home in the evenings, rather than being out, would work best. And some company at weekends especially on Saturdays, would be welcome. There is also the option to work or study from home as well. Whilst companionship is an important element of the Homeshare and the Householder would enjoy having a chat over a cup of tea and sharing some evening meals or watching some TV together, this is not rigid and there would be plenty of space for both Householder and Sharer to lead their independent lives. A car driver would be ideal.

#### North Oxford, OX2 (ref 98)

We are looking for a kind, caring female who likes to be at home in the evenings, to share with a Householder in his early nineties in his spacious North Oxford home. A proudly independent man who is happiest when he is pottering about in his treasured garden.

Initially trained as a PE teacher, with a huge interest in sport, the Householder then changed course and became a physiotherapist in the NHS, and then in private practice. Widowed in 2006, he keeps himself busy in his garden, a wonderful place for bird and wildlife watching. He enjoys reading a daily newspaper, doing jigsaw puzzles, listening to Classic FM or to opera and musicals in his record collection, and watching nature programmes, news and sport on TV.

The Householder is living with gradually advancing dementia (with increasing short term memory loss) and can also be a little unsteady on his feet at times. His adoring, supportive family are hugely important to him and, whilst they don't live close by, they visit every week, sometimes staying overnight.

The main requirements of this Homeshare are to provide a reassuring overnight presence, to provide some companionship (perhaps over a shared cup of tea, with chocolate biscuits, or pottering together in the garden) alongside taking responsibility for a few early evening meals each week and putting the bins out. The gentleman's family do the shopping once a week and fill the fridge and freezer with home-cooked or ready meals which can easily be defrosted/heated through, although someone who would enjoy cooking some evening meals would be very welcome. Help with stacking and emptying the dishwasher would also be appreciated. The Househodler has a cleaner for two hours a week and daily carers coming in to make meals and check on his well-being.

On the whole, the Householder is happy in his own company, makes his own breakfast and enjoys his own space but increasing forgetfulness means he sometimes needs reminding of the day of the week or how to use the tv remote!

This Homeshare would be best suited to a female Sharer who perhaps needs to work or study from home some of time and may be able to take the odd tea break and have a short chat with the Householder. We are looking for someone who likes to stay at home in the evenings, is happy with their own company and who follows a regular routine. Alzheimer's is not the easiest of life's challenges, so the Householder is keen to share with somebody blessed with positivity and cheerfulness – a sense of humour is essential! Kindness, common sense, and a love of gardening would be perfect. Owing to deafness, it's also essential that the Sharer speak clear and luent English.

The householder thrives on routine, cleanliness and tidiness and so we are looking for someone with a similar outlook. A Sharer sympathetic to, and with understanding of, some the issues that can be associated with cognitive decline and memory loss, is very important.

The Sharer should be vaccinated for Covid, and willing to take precautions to avoid exposure if affected.

Visit <u>homeshareoxfordshire.org.uk</u> for information about Homesharing and the application process which includes:

- Completing an application form and providing contacts for 3 referees
- An enhanced DBS check
- Interview

If you feel that Homesharing could be right for you and that you could be the right person for one of these opportunities, please contact us via the 'Register your interest' form at <u>homeshareoxfordshire.org.uk</u>



Phone: 01865 410670 Email: homeshare@ageukoxfordshire.org.uk

Webpage: https://www.ageuk.org.uk/oxfordshire/our-services/homeshare-oxfordshire/

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