



Homeshare opportunity in Headington, Oxford OX3 (Ref 079)

Would you like to share the pleasant home and garden of a considerate, kind-natured, elderly gentleman living within easy walking distance of Headington shops and transport?

The householder is a retired, widowed French teacher, who led a full, active and independent life. He used to enjoy travelling to visit his daughters and used to spend long periods of time in the family holiday home in France. He still has good mobility but Alzheimer's disease and the isolation of Covid 19 lockdowns have changed things considerably for him and he is no longer able to live on his own. He has previously had lodgers and is very used to there being other people in the house. It is important to the Householder that he remains as independent as possible.

The Householder has supportive family who visit regularly but do not live close by. He has daily help from a carer mornings and lunchtimes and for one hour each evening. The main requirement of the Homeshare would be to provide a reassuring presence in the home and quiet, gentle company on some evenings – maybe watching TV together. Help with some domestic duties and putting online food shopping away, putting out the bins and helping the Householder to communicate with family, some of whom live abroad, would be required. The reassurance of there being someone in the house overnight during the week and at weekends is vital.

The Householder has always had an interest in theatre, cinema and literature and he still enjoys watching films and tv, listening to the radio and some light gardening when in company. He likes to go for short walks to the shops and local parks (accompanied) and he enjoys sitting in his garden weather permitting. He has a keen interest in Scotland where he spent the early part of his life and still likes to chat in French whenever possible.

The Householder has enjoyed cooking and good food but is no longer able to prepare food for himself. Someone who would be happy to cook and share some evening meals would be desirable although the carer is also able to help with this.

This Homeshare would suit a tidy, discreet, understanding and patient person whose routine would easily allow their Homeshare duties to be performed evenings and weekends. It could suit someone who works locally, works from home or who is studying and wishes to have a calm, peaceful working and home environment. The opportunity would work best for someone with an understanding of some of the issues that can be associated with memory loss. Someone caring and independent who understands that conversation would be fairly limited but is happy to be there to provide a gentle reassuring presence in the home.

The Householder is fully vaccinated and cautious in the light of Covid-19. The Sharer should also be fully vaccinated, similarly cautious and willing to take precautions to avoid exposure to the virus.

Homeshare Oxfordshire carefully matches an older person, or couple, looking for help, companionship or reassurance at home, with another person who is happy to lend a hand, and who needs low-cost accommodation. The Sharer gives the Householder up to 10 hours of their time each week as a combination of companionship and practical help, as agreed. Each party pays a monthly fee to Homeshare Oxfordshire.



Location and accommodation:

The home is in a location in Headington, close to shops, Bury Knowle Park, and buses to the City Centre. The ground floor accommodation overlooks a lovely garden and is light, spacious and peaceful.



Costs:

- £ 200 monthly fee payable to Homeshare Oxfordshire
- Contribution to bills payable monthly to Householder

Summary of support needed in this Homeshare arrangement

Time together:

A discreet presence around the house in the evenings and, at times, over weekends, sharing a cup of tea, some evening meals together or watching television together

Help in the home and garden:

Light household duties, putting out the bins and putting away online food shopping.

Help out and about:

Walk to local shops or park. Potentially, very occasional help with medical appointments (thought this is not an essential requirement).

Visit <u>homeshareoxfordshire.org.uk</u> for information about Homesharing and the application process which includes:

- Completing an application form and providing contacts for 3 referees
- An enhanced DBS check
- Interview

If you feel that Homesharing could be right for you (see opposite), and that you could be the right person for this opportunity, please contact us in the first instance via the 'Register your interest' form at homeshareoxfordshire.org.uk

Follow us! **(P) (C) (C)** Phone: 01865 410670 Email: homeshare@ageukoxfordshire.org.uk

Homeshare Oxfordshire is the local Homeshare provider for Oxfordshire, operating on a not-for-profit basis as part of Age UK Oxfordshire www.ageukoxfordshire.org.uk

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Could Homesharing be right for you?

• Age

Sharers are aged 21 or over (and eligible to live in the UK)

• Support commitment

Sharers can happily give up to 10 hours each week as practical help or companionship to the Householder. (No personal care is involved).

• Shared living

Sharers would enjoy and value living with an older person, or possibly an older couple. Sharers are emotionally mature, clean and tidy, kind and considerate.

• Circumstances

Sharers have an established work/study pattern. The risk of the Sharer's exposure to COVID-19 usually needs to be taken into account.

NB Homeshare is not usually suitable for people working long hours or shifts. Sharers are generally not expected to be away overnight unless pre-arranged, with the exception of weekends away, holidays etc

• Duration of Homeshare

Sharers are able to commit to a minimum of 9 months, although most Homeshare arrangements last considerably longer.

• References and checks

Sharers are able to provide three referees (usually character, employer or institution and landlord). Sharers must tell us about any spent or unspent convictions and undergo an enhanced Disclosure & Barring Service (DBS) check.

• Financial commitment

Sharers should be able to demonstrate that they can meet the monthly fee requirements plus the contribution to household costs.