



Homeshare opportunity in Oxford, Jericho, OX2 (Ref 055)

Are you an independent, patient and friendly female who enjoys cooking and who would -like to share the home of an older person in Jericho, a short distance from St Giles and the city centre?

The Householder is a retired doctor. Her husband, who died recently, required complex live-in care for 17 years and she is adjusting to the new situation but is accustomed to having other people in the house. She tires quickly and her mobility is not good. She is easily confused. She is particular about some aspects of how the household is organised and values her privacy. Her daughters both live several hours' drive away so cannot drop in easily when there is an emergency. The family also intend to put mid-morning care visits in place to help with breakfast and to keep an eye on the Householder's health.

The Householder's has a range of interests particularly music (having until recently played both violin and piano) and has always been an active part of the community, including the local residents' association. Her own parents had dogs and, when her children were growing up, the family had a cat. Although unable to care for a pet herself, she may welcome the right pet in the house.

First and foremost, the Householder is looking for someone to help out with cooking in the evening, who could provide a bit of companionship on occasion. Help with occasional shopping would be appreciated. If someone's circumstances meant that they were be available at other times in the day, perhaps if they were working from home, this might also be helpful but not essential.

This would suit a confident, patient, and understanding female, particularly someone who enjoys stimulating conversations sometimes, but is also happy to spend evenings alone in peace and quiet. Someone who is sympathetic to the Householder's circumstances, ideally with some understanding of age-related cognitive decline would work well. With regard Covid-19, the person would need to be very diligent about risk and take all recommended precautions. The Householder's supportive family would keep in good contact with the Sharer.

Homeshare Oxfordshire carefully matches an older person, or couple, looking for help, companionship or reassurance at home, with another person who is happy to lend a hand, and who needs low-cost accommodation. The Sharer gives the Householder up to 10 hours of their time each week as a combination of companionship and practical help, as agreed. Each party pays a monthly fee to Homeshare Oxfordshire who support the Homeshare on an ongoing basis.





Costs:

- £200 monthly fee payable to Homeshare Oxfordshire
- Up to £25 contribution to bills payable monthly to Householder + contribution to Council Tax

Summary of support needed in this Homeshare arrangement:

Time together

- Company
- Shared meals, sometimes
- Shared visits to concerts, talks and the cinema bonus

Help in the house and garden

- Cooking
- Liaising with tradesmen (when necessary)
- Occasional light housework

Help out and about

• Occasional shopping to supplement other arrangements.

Visit <u>homeshareoxfordshire.org.uk</u> for information about Homesharing and the application process which includes:

- Completing an application form and providing contacts for 3 referees
- An enhanced DBS check
- Interview

If you feel that Homesharing could be right for you (see opposite), and that you could be the right person for this opportunity, please contact us in the first instance via the 'Register your interest' form at <u>homeshareoxfordshire.org.uk</u>

Follow us! **(f) (c) (c)** Phone: 01865 410670 Email: homeshare@ageukoxfordshire.org.uk

Homeshare Oxfordshire is the local Homeshare provider for Oxfordshire, operating on a notfor-profit basis as part of Age UK Oxfordshire www.ageukoxfordshire.org.uk

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Could Homesharing be right for you?

• Age

Sharers are aged 21 or over (and eligible to live in the UK)

• Support commitment

Sharers can happily give up to 10 hours each week as practical help or companionship to the Householder. (No personal care is involved).

• Shared living

Sharers would enjoy and value living with an older person, or possibly an older couple. Sharers are emotionally mature, clean and tidy, kind and considerate.

• Circumstances

Sharers have an established work/study pattern. The risk of the Sharer's exposure to COVID-19 usually needs to be taken into account. NB Homeshare is not usually suitable for people working long hours or shifts. Sharers are generally not expected to be away overnight unless pre-arranged.

Duration of Homeshare

Sharers are able to commit to a minimum of 9 months, although most Homeshare arrangements last considerably longer.

• References and checks

Sharers are able to provide three referees (usually character, employer or institution and landlord). Sharers must tell us about any spent or unspent convictions and undergo an enhanced Disclosure & Barring Service (DBS) check.

• Financial commitment

Sharers should be able to demonstrate that they can meet the monthly fee requirements plus the contribution to household costs.