

## Oxfordshire Age Friendly Creative Network Newsletter- Autumn 2019



Welcome to the Autumn edition of the Oxfordshire Age Friendly Creative Network (OAFCN) newsletter we have had a very inspiring time recently working with partners Cherwell District Council and Bicester Library to deliver the Bicester Festival Age Friendly Creative Pop Up. 10 creative taster sessions and talks were delivered to 67 people over 3 days with a range of representatives from local agencies sharing useful information with over 90 people. A big thank you to everyone who took part in the event and especially to the student volunteers from Bicester Technology Studio, Bicester Library for hosting and Cherwell District Council and Bicester Festival for their generous support. The Age Friendly Creative Pop Up is proving to be a successful way of showcasing creative activities in Oxfordshire localities and we hope to deliver more of these events across the County. if anyone is interested in discussing this in more detail please do get in touch by email (see below)

The next project we will be working on is a Creative Consultation in Oxford to enable us to find out how the age friendly creative offer might develop to meet the needs and aspirations of older residents who do not currently engage with creative activities and explore how to make activities more accessible. Anyone who would like more information or would like to participate please contact by email (see below). This project has been generously supported by Oxford City Council's Culture Fund.

In addition to OAFCN projects we have a great mix of interesting opportunities to

share this month including information about Age UK Oxfordshire's very own Community Information Network Directory (a great resource for anyone looking for or listing age friendly creative opportunities), a photography exhibition at Oxford Brookes, Voices Across Times theatre company's s new production in Banbury, the Museum of Oxford's activities for older people and a training opportunity on arts for dementia in Worcester. If anyone would like to submit anything for inclusion in the OAFCN Winter Newsletter which will be published in January 2020 please get in touch by email E: [helenfountain@ageukoxfordshire.gov.uk](mailto:helenfountain@ageukoxfordshire.gov.uk)

### Community Information Network Directory

We would like to remind everyone about the brilliant Community Information Network (CIN) Directory provided by the CIN team at Age UK Oxfordshire. The online directory features a wide variety of activities, support and opportunities across the County. The listings include creative opportunities and anyone looking for activities in their area can enter a postcode, village or town and the Directory will display a list of opportunities within a 10 mile radius. If you know the type of activity you are interested in searches can be made by activity, follow the link [here](#) to start exploring.

Arts and cultural providers wishing to reach older audiences can list activities by following the link [here](#) and for those of you who have already listed activities on the site it is always worth checking that information previously added is up to date. Email [network@ageukoxfordshire.org.uk](mailto:network@ageukoxfordshire.org.uk) if you need any support to upload the information about your age friendly creative activities.



### **Connecting Memories exhibition at The Lab exhibition space, Oxford Brookes University -26th November-12th December 2019**

Following on from the Oxford Brookes University research project earlier this year to investigate memory, connectivity and well being and how sharing digital photographs may create connectivity the team have worked with the participants to create an exhibition of some of the photographs shared. The exhibition is open to the public from 26th November to 12th December 9am-6pm free of charge at The Lab exhibition Space, Abercrombie Building, Oxford Brookes University, Gypsy Lane, Headington, Oxford.

### **Voices Across Time stage production of Till The Boys Come Home Friday 15th (7:30pm) and Saturday 16th (2:30pm, 7:30pm) November 2019 at Banbury Town Hall**

Voices Across Time's Autumn revival Till the Boys Comes Home tells the story of young adventurer Timmy Price who enlists whilst he is still underage and, against his mothers deepest wishes, sets off to the front line for an 'adventure'. The promises show features songs of the Great War such as 'Keep the Home Fires Burning' and 'Hanging on the old Barbed Wire' and will encourage singing along whilst exploring a story of hope, courage, friendship all set to a backdrop of Banbury's history. The Saturday Matinee is a relaxed performance with introductions from an amateur, live music after the show, tea and cake, and meet and greet assistance volunteers. Everyone is welcome but if there are any organisations that would benefit from additional support, complementary tickets and letting the organisers know that they are coming please do get in touch via [team@voicesacrosstime.com](mailto:team@voicesacrosstime.com) or calling Joe Cummings on T: 07948 769568.

Tickets: £8/£12. Available from website

here <https://www.voicesacrosstime.com/shows/till-the-boys-come-home-schools-tour/> or on T: 07532 446665

### **Moments & Memories: the Museum of Oxford's autumn/winter programme of activities for older people**

Memory Lane is a themed reminiscence session: people are welcome to share their memories and stories, or simply listen. Movers & Shakers is a gentle exercise to music past and present, friendly and informal, a perfect introduction to gentle physical activity, led by a professional dancer experienced in working with older people. Tea and Talk is an opportunity for company in an informal friendly environment, supported by volunteers and lots of tea. All the activities are free and drop in – no need to book. Most are held in the Oxford Town Hall but a couple are in other venues, all accessible. For more information visit the website here- [https://www.oxford.gov.uk/info/20206/learning\\_and\\_outreach/782/moments\\_and\\_memories\\_-\\_older\\_people\\_s\\_programme\\_of\\_events](https://www.oxford.gov.uk/info/20206/learning_and_outreach/782/moments_and_memories_-_older_people_s_programme_of_events)

### **Arts & Dementia (TAnDem) workshop—Shaping future practice at University of Worcester Tuesday 10<sup>th</sup> December 2019 10am to 2pm**

TAnDem (The Arts and Dementia) Doctoral Training Centre are offering an opportunity to attend a half-day workshop in Worcester on Tuesday 10th December 2019 presenting findings from recent research funded by the Alzheimer's Society. Attendees will be health and care professionals and artists or representatives of arts organisations and will be invited to share what this might mean for them and their work. Professor Dawn Brooker and doctoral students will lead the workshop. There will be information about current training and education opportunities available at University of Worcester. Research presentations and discussion will focus around topics including: Delivering creative practice in care homes, music for people with dementia and evaluating arts-based activities. Lunch will be provided. This is a free event, but places are limited. If you would like to attend or find out more, please contact Karen Gray on email- [karen.gray@worc.ac.uk](mailto:karen.gray@worc.ac.uk)

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