

# Help me **raise** funds for Age UK Plymouth

Age UK Plymouth believes that no older person should have to struggle alone. We provide vital information, support, friendship and advice to those who need it most. We also offer dedicated support for people living with dementia, as well as the carers and families who stand beside them. Every penny raised locally goes directly to supporting older people in Plymouth, helping us continue this vital work in our community.

[ageuk.org.uk/plymouth](https://ageuk.org.uk/plymouth)