

# WILL I MAKE A DIFFERENCE?

ABSOLUTELY. 100% of the our fundraising goes straight back into the charity. Unlike grants and money for specific projects, this 'unrestricted funding' allows us to take action on vital work with real urgency. Essentially it enables us to identify a problem or opportunity in the community and immediately start work on addressing it and putting solutions in place. Given the current social and economic climate, for some, the stakes have never been higher.

DAVID WOOD - CHIEF EXECUTIVE OFFICER, AGE UK PLYMOUTH

# CHALLENGES

To get a sense of the urgency and size of the support that Age UK Plymouth provides consider this:

# WHAT YOUR FUNDS COULD DO...



**T.J** Provides simple sports equipment and games, for fun and engaging activities at our Day Centres.



# £10

Supports our team in accessing vital funding for people to secure care, heat their homes or buy food.



Helps our teams returning people to safe, independent living at home after a long stay in hospital.



# £100

Would support one of our team of Volunteer Befrienders in making 3,360 call a year.



The City of Plymouth is within the 20% most deprived districts in the country. Parts of our city fall into the top 1%. Children born

today will most likely live to 100. In 10 years 15,400 people in Plymouth will be over 65, over 1/3 of them live alone.



1 in 2 of us will be affected by dementia in our lifetime. By 2030 4,850 people in our city will live with dementia.



Our Information & Advice Team secured £2.6 million in entitlements for people living in the City of Plymouth in 2022.

# SOLUTIONS

# Day Centre & Dementia Day Centre

We operate a day care service offering those aged 50+ an enjoyable and friendly atmosphere to socially engage. We also run a specialist Dementia Day Centre providing meaningful and varied activities and invaluable respite for carers.

# Help at Home Community Support

From shopping to assisted trips out, laundry to household and garden maintenance our Help at Home team offer a high-quality, flexible service providing vital support that helps people to remain living independently and safely in their own homes.

# Wellbeing Hub

Our specialist 50+ Wellbeing Hub connects people with free or subsidised events and services. Including Befriending, Veterans activities and exercise classes. Activities at the Hub reduce isolation and promote mental and physical health improving overall well-being.

# **Hospital Discharge Service**

This free service provides a vital life line for those leaving hospital by existing solely to support the journey to independence. Our high-quality and flexible short term service is tailored to create a bespoke package tailored to suit an individual's needs.





# HOW TO BID

Take a look through this catalogue. When you arrive at the banquet keep an eye out for the bidding table and enter your bid. Throughout the evening we will keep you updated if your bid is unsuccessful and you will have the opportunity to raise your amount.

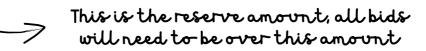
#### KINDLY DONATED BY HARBOUR HOTELS

#### **OVERNIGHT STAY WITH DINNER AND BREAKFAST FOR TWO**

#### Harbour Hotel, Fowey

Relax and unwind with a luxurious stay at this vibrantly-restored, 37-room Victorian boutique hotel, with picture-perfect views over Fowey's estuary, just steps from the beach.

## **STARTING AT £180**



#### Not attending the banquet? No problem!

Take a look through this catalogue. When you see something that takes your fancy, make a note of the product code. Head over to www.ageuk.org.uk/plymouth and enter you bid online using the form.

Alternatively, you can email fundraising@ageukplymouth.org.uk including the item, your contact details and your top bid.

#### ADVANCE BIDS WILL CLOSE AT 15:00 ON SATURDAY 1st OCTOBER

SCAN TO BID	in Clinic	Bid now!
	Wellbeing Hub Taster Sessions	- Select an option Headline sponsorship of Step Out 2024
	Sensory Solutions	A pair of return flights on the Logan Air network Private aircraft experience for three and afternoon tea
	Charity Banquet	Overnight stay with dinner and breakfast at Harbour Hotel, Fowey 12 month sponsorship and naming rights of Age UK Plymouth's Dining Room
	Bidding Portal	Tickets for Life of Pi, at Theatre Royal Plymouth Toboggan Ride Afternoon Tea at Tudor Rose Tea Room
		Gaming Session at Boom Battle Bar Visit for four to The Garden House
your bid i	r digits, symbols	A day at Exeter Racecourse Plymouth Argyle memorabilia VIP Behind the Scenes Tour at National Marine Aquarium Family Rail Trip at South Devon Railway Guided Wine Tasting Pair of tickets for Exeter Chiefs Master Distillers Tour at Plymouth Gin Distillery Full day tatoo session with Eyton Tatoos Edition number 1 Lenkiewicz print
lyourbidi commasor - than	n digits, symbols csl	A day at Exeter Racecourse Plymouth Argyle memorabilia VIP Behind the Scenes Tour at National Marine Aquarium Family Rail Trip at South Devon Railway Guided Wine Tasting Pair of tickets for Exeter Chiefs Master Distillers Tour at Plymouth Egion Distillery Full day tatoo session with Eyton Tattoos
lyour bid i commas or - than	r digits, symbols ks!	A day at Exeter Racecourse Plymouth Argyle memorabilia VIP Behind the Scenes Tour at National Marine Aquarium Family Rail Trip at South Devon Railway Guided Wine Tasting Pair of tickets for Exeter Chiefs Master Distillers Tour at Plymouth Gin Distillery Fuil day tatoo session with Eyton Tatoos Edition number 1 Lenkiewicz print

Choose your item from the drop down list



Just complete one bid at a time, when you've submitted your bid, refresh the page to increase your bid or select ano ther item

We'd like to take a moment to extend our heartfelt thanks to everyone who has provided items for this auction.

Every lot has been donated and without the support of theses organisations we would not be able to present this exciting, unique and diverse range of items for you to bid on.

Bid generously, bid liberally and enjoy!

www.ageuk.org.uk/plymouth

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# STEP OUT FOR AGE UK PLYMOUTH



AGE UK PLYMOUTH EXCLUSIVE

Plymouth age UK

## **HEADLINE SPONSORSHIP OF STEP OUT FOR AGE UK PLYMOUTH '24**

#### Plymouth, Devon

Bid high to be the headline sponsor of our flagship event taking place Autumn 2024! Our inaugural Step Out for Age UK Plymouth on Sunday 1st October 2023 saw almost 100 fundraisers aged between 12 and 72 walking from Plymouth to Clearbrook raising thousands of pounds to support over 50s, those living with dementia and carers in the city of Plymouth.

Our headline sponsor will feature on all promotional and advertising material before, during and after the event, as well as having their logo prominently displayed on the free t-shirts worn by the walkers. You will be mentioned in all press releases and interviews relating to the event.

This event is completely manned by volunteers but your sponsorship will allow us to cover the costs of running the event including use of space belonging to Plymouth City Council and The National Trust, as well as the first aid provision we need to make sure our walkers are safe and well during the event.

#### **STARTING AT £1,000**



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ABERDEEN	• DUNDEE	• ISLAY	• ORKNEY
BARRA BELFAST	EAST MIDLANDS EDAY	ISLE OF MAN JERSEY	SHETLAND SOUTHAMPTON
BENBECULA	• EDINBURGH		STORNOWAY
BIRMINGHAM BRISTOL	EXETER GLASGOW	LONDON MANCHESTER	TEESIDE TIREE
CAMPBELTOWN		NEWCASTLE	• VIRKIE
CARDIFF	HUMBERSIDE	• NEWQUAY	Line & Line
DERRY	INVERNESS	NORWICH	A MANNESS IN

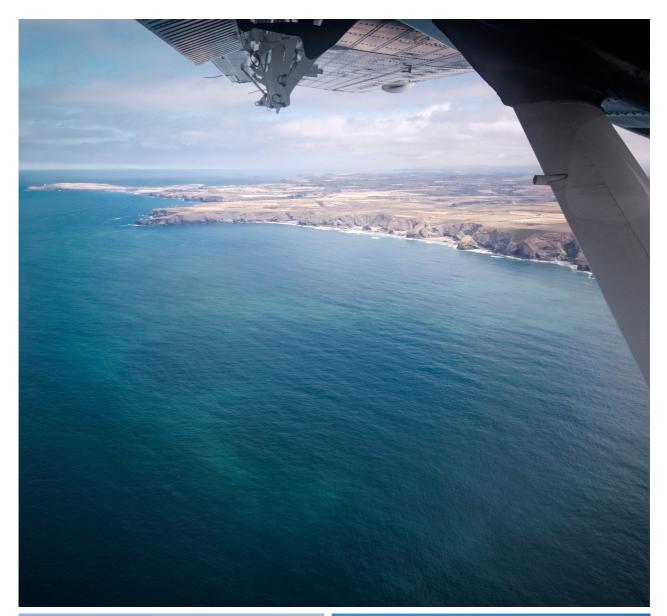
# A PAIR OF RETURN TICKETS FOR FLIGHTS ON THE LOGAN AIR NETWORK

#### Nationwide

The winning bidder will be able to book a pair of return tickets for flights on the Logan Air network.

Loganair celebrated their 60th year in 2022, and this year Loganair has brought UK regional air connectivity to historic new heights with routes to London Heathrow, Britain's premier hub airport, from Shetland, Orkney, City of Derry and Dundee. Loganair's ever-growing list of global airline partners, including Aer Lingus and Icelandair, further supported regional connectivity onward to the world.

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KINDLY DONATED BY BODMIN AIRFIELD

## PRIVATE AIRCRAFT EXPERIENCE FOR UP TO THREE AND AFTERNOON TEA

#### **Bodmin Airfield, Cornwall**

Soar in your private aircraft over some of the finest scenery that Cornwall and Devon have to offer. Bodmin Airfield has a fantastic geographical position, allowing aircraft to reach both coasts in a matter of minutes.

The Cessna 172 has 4 seats allowing winning bidder to take up to two friends/family with them (weather dependent) to share the experience!





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KINDLY DONATED BY HARBOUR HOTELS

#### **OVERNIGHT STAY WITH DINNER AND BREAKFAST FOR TWO**

Harbour Hotel, Fowey

Relax and unwind with a luxurious stay at this vibrantly-restored, 37-room Victorian boutique hotel, with picture-perfect views over Fowey's estuary, just steps from the beach.

#### **STARTING AT £180**



AGE UK PLYMOUTH EXCLUSIVE

# **12 MONTH NAMING RIGHTS TO AGE UK PLYMOUTH'S DINING ROOM**

#### Mount Gould, Plymouth

The Dining Room is the physical heart of activities and services at Age UK Plymouth. In use seven days a week, 52 weeks a year catering for the 24 room Short Term Care Centre, it also serves as a hirable space with a capacity of over 100 people. The dining room has recently played host to AGMs for organisations including University Hospital Plymouth, celebration events for Livewell Southwest and the NHS and community events from quizzes to exercise classes.

The winning bidder will sponsor the dining room for 2024, and after consultation with the charity be able to name it after their business, organisation or perhaps in memory of a loved one or admired public figure.







#### KINDLY DONATED BY BAILEY PARTNERSHIP

#### **TICKETS FOR LIFE OF PI, FRIDAY 8th MARCH** THEATRE ROYAL, PLYMOUTH

Based on the best-selling, Man Booker Prize winning book by Yann Martel, the five-star hit show comes to the Theatre Royal, Plymouth. Grab two tickets for the Friday night performance of the incredible Olivier Award winning global phenomenon.

#### STARTING AT £60

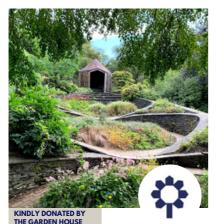


KINDLY DONATED BY PLYMOUTH SKI CENTRE

#### **TOBOGGAN RIDE PLYMOUTH SKI CENTRE**

Three rides on Plymouth's Cresta Run. The lift will take you to the top and then you are in control throughout 650m of twists and turns.

## **STARTING AT £10**



**GARDEN VISIT FOR FOUR** 

THE GARDEN HOUSE, BUCKLAND MONOCHORUM

Visit the world class 10 acre gardens run by The Fortescue Garden Trust in Buckland Monachorum on the edge of Dartmoor.

**STARTING AT £35** 



#### AFTERNOON TEA **TUDOR ROSE TEA ROOM**

Enjoy afternoon tea in this beautiful listed building on New Street on the Barbican, one of the oldest streets in Plymouth.

#### STARTING AT £25



#### **GAMING SESSION BOOM BATTLE BAR**

Battle it out with with a selection of games including Axe Throwing, Augmented Reality Darts, Beer Pong, Shuffleboard & much more!

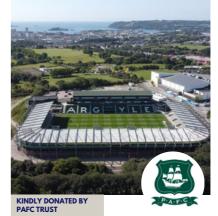
## **STARTING AT £25**



#### A DAY AT THE RACES **EXETER RACECOURSE**

Four tickets for Raceday at the thoroughbred horse racing venue Exeter Racecourse located in the Haldon Hills.

**STARTING AT £50** 



ARGYLE MEMORABILIA SIGNED SHORTS AND FOOTBALL

Claim this signed memorabilia from this new chapter of Argyle's history. Shorts signed by goalkeeper, Dan Scarr.

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## **STARTING AT £70**

www.ageuk.org.uk/plymouth



KINDLY DONATED BY

#### BEHIND THE SCENES TOUR NATIONAL MARINE AQUARIUM

This exciting and informative VIP tour will give you and a friend a peek behind the scenes at the UK's largest aquarium. (For over 8's only)

#### **STARTING AT £25**



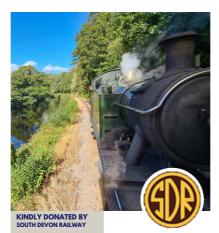
#### **EXETER CHIEFS TICKETS**

#### SANDY PARK, EXETER

EXETER CHIEFS

Enjoy a match day experience watching Exeter Chiefs at the award-winning Sandy Park, home of Exeter Rugby Club in January 2024.

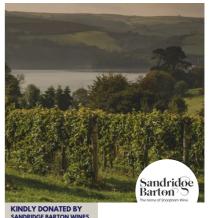
#### **STARTING AT £60**



#### FAMILY RAIL TRIP SOUTH DEVON RAILWAY

Enjoy a trip on the multi-award winning South Devon Railway, the longest established steam railway in the south west.

#### STARTING AT £35



**GUIDED WINE TASTING** 

SHARPHAM WINE, SANDRIDGE BARTON

Two tickets to join a friendly, casual group wine and cheese tasting at the home of the award winning Sharpham Wines.

#### **STARTING AT £45**



#### FULL DAY TATTOO SESSION EYTON TATTOOS, THE PROJECTS, PLYMOUTH

A voucher for the equivalent of one day of tattooing with hatch work and black & grey shading specialist Nathan Eyton.

#### **STARTING AT £160**



AGE UK PLYMOUTH EXCLUSIVE

#### EDITION NUMBER 1 FRAMED ROBERT LENKIEWICZ PRINT

#### FROM THE MURAL "A DANCE TO THE MUSIC OF TIME" COMMISSIONED IN COLLABORATION WITH PLYMOUTH AGE CONCERN IN 1979

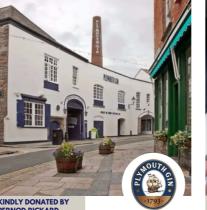
Although created in October 1982, the mural (2.48 x 10.6 metres) relates to Robert Lenkiewicz's large-scale project on Old Age (1979), which benefited from the collaboration of Plymouth Age Concern in identifying suitable sitters for paintings. The full mural is still housed in the former Plymouth Age Concern site Elpeth Sitter's House.

#### STARTING AT £70



Spend an afternoon for two at the historic Black Friars distillery with a guided tour, in-depth

## STARTING AT £45



KINDLY DONATED BY PERNOD RICKARD MASTER DISTILLERS TOUR

## BLACK FRIARS DISTILLERY, PLYMOUTH BARBICAN

tasting and master class to distill your own gin.



KINDLY DONATED BY REDROK EVENTS

## HALF MARATHON RACE EXPERIENCE

PLYMOUTH

Thanks to Redrok, you can bid on a Race Day experience including race entry for the 2024 half marathon, running shirt or vest, engraved medal and framed picture

#### **STARTING AT £50**



**4 BALL GOLF** 

#### ST MELLION GOLF & COUNTRY CLUB, SALTASH

Enjoy an exceptional golfing experience at St. Mellion Estate, home of the British Challenge.





KINDLY DONATED BY THE DARTMOUTH HOTEL

#### **4 BALL GOLF AT YOUR CHOICE OF VENUE**

Boringdon Park Golf Club, Bowood Park Golf Club, Bude and North Cornwall Golf Club, Dartmouth Golf and Country Club, Elfordleigh Golf Club, Mullion Golf Club, Tehidy Park Golf Club, The Kendleshire Golf Club, Thurlestone Golf Club, Trethorne Golf Club, Trevose Golf & Country Club, Truro Golf Club, Woodbury Park Golf Club

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& loneliness in our Community.



# "It's like a lockdown"

There have been Christmasses when Michael hasn't received a single card. There was a time when no one wrote to him at all and the phone never rang. He describes the loneliness he felt then as "devastating".

# "Loneliness is horror"

Terry turns 99 on Christmas Eve, last year was tough after a fall left her with a broken hip. Terry has suffered the losses of her husband and her son. She can go a week without speaking to anyone or hearing another person's voice.



AGE UK PLYMOUTH

## FEED 20 PEOPLE AT HOME

Your winning bid will pay for 20 people to experience a friendly face delivering a hot, Christmas meal to them at home and a hamper with essential items to make someone's Christmas safe and comfortable.





AGE UK PLYMOUTH EXCLUSIVE

HELP 10 PEOPLE ENJOY LUNCH TOGETHER Sponsor ten people to attend and enjoy a Christmas meal and party at Age UK Plymouth's William and Patricia Venton Centre.

