

Mission Statement

To care for and work with older people and their carers' in and around the City of Plymouth to improve their quality of life through the promotion of choice, opportunity and independence

Purpose:

To enable older LGBTQ+ people who are lonely or isolated to connect and communicate with other by supporting them to 'buddy up' with likeminded people and in doing so:

- increase their opportunities for social interaction
- develop new social relationships
- improve their overall wellbeing

Main Duties:

Working under the direction and guidance of the 'Gateway To Services' Project Manager and the Volunteer Co-ordinator:

- To work with the group members and other volunteers to plan and promote group sessions.
- To be present before, during and after the sessions to:
 - welcome participants and keep a register
 - lead or assist with group activities
 - encourage participation
 - create a friendly atmosphere in which people can support each other/develop skills/improve their health and wellbeing and have fun
- To provide feedback on the sessions and suggestions for future development

Person Specification:

- An interest and enthusiasm in working with older LGBT people to help support their needs and promote good health and wellbeing
- Good listening and communication skills with a non-judgemental and empathetic approach
- Able to adhere to service guidelines and manage appropriate boundaries, including understanding the need for confidentiality
- Reliable and conscientious in offering a regular commitment to liaise with service users
- Encouraging and motivating

Hours of Support:

As agreed

Responsible to:

Gateway to Services Project Manager