

Want to make a difference to people in Havering

Are you interested in accompanying an older person to an activity or club?

Or would you like to befriend an older person and visit them at home?

Age UK Redbridge Barking & Havering is looking for adaptable volunteers to work with its Care Navigation service.



We have a variety of different roles.

Why not phone us for a chat to find out more? Contact Jackie, Cheryl or Harriet on 020 8220 6000