

Di's Diamonds Activities February 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>To ensure place Please book at one of our coffee mornings or alternatively Email Disdiamonds@ageukrbh.org.uk Or call 0208 220 6000 Mon-Fri 9:00 -15:00 07724 508967 Mon-Tue 0737570448 Wed-Fri For Further Info Please Turn Page If you have special dietary needs please make your own enquiries before booking. All restaurant phone numbers are listed in the relevant date details</p>					1	2
<p>3 Lunch Club Rouge Restaurant Redbridge College 12.30pm</p> <p>Diamond Geezers 3.30-5pm Swimming 2.45pm</p>	<p>4 Bowling at Namco 10:15</p> <p>** new Coffee Dagenham Golf Club 11-1pm Karaoke 8pm Charity Quiz & Curry Cranham evening</p>	<p>5 Coffee morning Café Terra 10am</p>	<p>6 Irish Dancing 12.15</p>	<p>7 Postal Museum – meet at Romford station 10am</p>	8	9
<p>10 Crumbs Coffee Morning 10-12 noon</p> <p>Diamond Geezers 3.30-5pm Swimming 2.45pm</p>	11	<p>12 ** new Ilford Coffee Morning The Great Spoon 10-noon Meet Kate –new co-ordinator for Redbridge,Barking & Dagenham</p> <p>Cocktail Chat Afternoon 2pm – Moon & Stars Romford</p>	<p>13 Valence House Coffee Morning & Museum Trip Meet at Chadwell Heath Station 10.30am</p>	14	<p>15 Pipe Major Lunch 12:30</p>	16
<p>17 Queens Theatre Coffee Morning 10-12noon U3A Dagenham 1pm Diamond Geezers 3.30-5pm Swimming 2.45pm</p>	<p>18 Kew Garden Orchid Trip 10:00 Elm Park</p>	19	<p>20 Wanstead Park Walk Meet 11am Park Entrance</p> <p>Games at the Rafa Club noon</p>	21	<p>22 Chinese at Mandarin Palace 12.30</p>	23
<p>24 Meeting Place every 4th Mon 10-noon Coffee Morning</p> <p>Diamond Geezers 3.30-5pm Swimming 2.45pm</p>	25	<p>26 St James' Park walk - meet at Romford Station 10am</p>	<p>27 Moon & Stars Coffee morning 10-12 noon</p> <p>Romford Dogs Lunch & racing 12:30</p> <p>**new Creative Coffee City Gates Church, Ilford 2.00-4.00pm</p>	<p>28 Tasty Treats at First steps coffee morning 10:00am-12:30pm</p>	<p>29 Leap Year Pub Meet Moon & Stars Romford 10.30-12.30</p>	See Full calendar for further details including extra events