

Di's Diamonds – August 2019

Contact Disdiamonds@ageukrbh.org.uk or phone 020 8220 6000 (9am-3pm Mon-Fri) or 07724 508967 / 07375 704448

Please let us know which events you are attending so we can make arrangements for people to meet up.

All activities are open to residents of all 3 boroughs unless stated.

	Di's Diamonds Events
REGULAR EVENTS EVERY MONDAY	<u>Over 50's Free Swim for Havering Residents</u> Sapphire Leisure Centre 24, Western Road, Romford RM1 3JT. Meet in the Foyer 2.45pm. Sign up for your free Everyone Active Card and swim 3-4pm <u>Diamond Geezers</u> 3.30-5pm Tesco Roneo Corner RM11 1PY. For information call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk
REGULAR EVENT EVERY TUESDAY	Weekly Chair Exercise Group in Havering every Tuesday at the Tesco Roneo Corner Hornchurch (Community Room) between 12:00pm and 1:15pm. Cost £3 per session please prebook your 10 session course by ringing us on 0208 220 6000 or email admin@ageukrbh.org.uk
REGULAR EVENT EVERY WEDNESDAY	<u>CWL Lunch Club</u> Note closed in August normally 12 noon at St Joseph's Social Club, St Mary's Lane Upminster. £6 for either hot or cold lunch, pudding, cake or tea. Everyone will be very welcome. Money raised is donated to charity.-next lunch will be on 4 th September
REGULAR EVENT EVERY THURSDAY	<u>Tired of Thursdays</u> then try new Thursday weekly chat club at Rush Green Community Centre, Rush Green Gardens, Rush Green Road Romford RM7 0LB 13:00-15:00 £1 for Coffee/Tea & biscuit. To book or for further information call or email Di's Diamonds : 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk
Thursday 1 st August	<u>Irish Dancing</u> 1.30pm Durning Hall, Earlham Grove E7 9AB (020 3740 8100) £3 including tea & cake. Enjoy a friendly afternoon of Irish music, singing & dancing. Meet at Romford station at 12.30 to go to Forest Gate station. Exit station, turn right and take first turning on right. Please call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk
Friday 2 nd August	Beetle Drive –Charity Event in lovely Garden in Hornchurch get there at 1:45 to be seated by 1:50. Cost is £5 in aid of Great Ormond Street Hospital and there will be refreshments and a small raffle. Any donations for the raffle would be greatly appreciated. Bus 193 stops outside. Phone: 01708 440544 for tickets or Please call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk
Saturday 3 rd August	<u>Sky Garden</u> meet your host Laurie at 10am Romford Station –aim to get to Sky garden for noon to admire London tallest public garden and views over London. Please call or email Di's Diamonds: 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk please book early to reserve place as this is a ticketed event & you will need photographic id- i.e. Freedom Pass Roman Holiday Talk with Clotted Cream Tea Saturday 3 rd August 1pm £7 must pre pay see Havering Museum

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<p>Sunday 4th August</p>	<p><u>Southend Day Trip</u> – meet at Romford or Upminster Station or drive there– Vulcan Open Day at Southend Airport -CHARGE or/and Classic Cars FREE EVENT on the Beach at Southend Seafront- contact Fiona for arrangements and times 07375 704448 or 07724 508967 or 020 8220 6000 disdiamonds@ageukrbh.org.uk</p>
<p>Tuesday 6th August</p>	<p><u>Bowling at Namco</u> Meet 10.15 outside MacDonalds for 10.30am start for bowling at The Brewery. Bowling and tea/coffee £6. Email or phone Ruth & Nat by Friday before to let them know you are going. REGULAR EVENT EVERY FIRST TUESDAY OF MONTH If this is your first game then Contact Di's Diamonds beforehand: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk</p> <p><u>Candy</u> –free concert Evening at Canary Wharf meet your host Rene at Romford Station 16:30 for 7pm concert. Please feel free to bring foldup chair if you do not want to sit on ground. To book or for further information email disdiamonds@ageukrbh.org.uk 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm)</p>
<p>Wednesday 7th August</p>	<p><u>Coffee Meet</u> 10:00 -12:00 noon at Joe's Place Unit 35 The Mercury Mall Gardens RM1 3EE. If you want to join Dis Diamonds or find out more about what we do then drop in & meet with Fiona. Alternatively just pop a long to book activities or meet up with fellow members. To book or for further information call or email Di's Diamonds : 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk Why not take the opportunity of staying afterwards for lunch or perhaps catching a film at local cinema Premiere £4 or Vue £5. Or why not visit Romford Market and Shopping Centre.</p> <p><u>Friendly Tea Dance</u> 12:30-2:230 pm at St James Family Church 173 Chase Cross Road RM5 3YR. £4pp includes tea/coffee, cake and biscuit. Every 1st & 3rd Wednesday. Book via dazzledancecentere.co.uk or dazzledancecentre@outlook.com or 07792071287. Meet Fiona and other Dis Diamonds there. Please call or email Di's Diamonds: 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk please book early to reserve place</p>
<p>Thursday 8th August</p>	<p><u>Afternoon Charity Quiz</u> in lovely Garden in Hornchurch get there for 1.45 to be seated by 1:50. Cost is £5 in aid of Great Ormond Street Hospital and there will be refreshments and a small raffle. Any donations for the raffle would be greatly appreciated. Bus 193 stops outside. Phone: 01708 440544 for tickets or contact Dis Diamonds</p>

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	<p><u>Soul Session concert</u> –free evening concert at Canary Wharf. Meet your host Rene at Romford Station 16:30 for 7pm concert. Please feel free to bring foldup chair if you do not want to sit on ground. To book or for further information call or email Di's Diamonds : 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk</p>
Friday 9 th August	<p><u>Lunch at Windmill Pub</u> Meet and Greet Host Diana at 12:30. 167 Upminster Road, Upminster RM14 2RB lunches from £6 Call restaurant on 01708 442657 for food and further information. To book call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk</p> <p>Brick Lane Musical is coming to Ardleigh House 42 Ardleigh Green Road Hornchurch, Essex RM11 2LG Enjoy afternoon of singing, comedy and dancing. The cast will consist of Andrew Robley, Lucy Rees and musicians (not the full cast) Doors open 12:30 Fish and Chip Lunch served at 1pm Show to commence at 2pm-3pm Cost including fish and chip lunch £10 (Ardleigh House Members) or £15 (Non Members). Bar will be open, teas and coffees will be served. Raffle on day Call Charlotte to book 01708 440660</p>
Monday 12 th August	<p>REGULAR EVENT THIRD MONDAY OF MONTH <u>Coffee morning</u> 3rd Monday each month 10am-12noon at Queens Theatre, Hornchurch RM11 1QT. Meet on the left by the comfy seats. For information call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (9am-3pm) disdiamonds@ageukrbh.org.uk</p>
Tuesday 13 th August	<p><u>Magic Movies concert</u> –free concert Evening at Canary Wharf meet your host Rene at Romford Station 16:30 for 7pm concert. Please feel free to bring foldup chair if you do not want to sit on ground. To book or for further information call or email Di's Diamonds : 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk</p>
Thursday 15 th August	<p><u>Fun and social afternoon</u> 12-3pm RAFA club, Carlton Road, Romford RM2 5AA. Meet & Greet by Diana. They have a pool table, dartboard (if able please bring your own darts) bar & outside garden Meals cost £5 sandwiches £2. If you wish to attend call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk – We need to let the club know expected number for meals</p>

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<p>Saturday 17th August</p>	<p><u>Lunch at Pipe Major</u> 1 Yew Tree Avenue, Dagenham RM10 7XS at 12:30 Greet and Meet Host Ruth. Main from £5 starters from £2 Contact pub for further info 020 3370 0981 marstons.co.uk. For information or book call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk <u>RAF Hornchurch Talk</u> Saturday 17th August 1pm £5 must book & pay beforehand Havering Museum 19-21 High Street, Romford, RM1 1JU 01708 766 571 see www.haveringmuseum.org.uk <u>Halfstoned</u> – Rock Band Music at RAFA club Carlton Road, Romford RM2 5AA Starts 7.30 onwards. Meet & Greet Host Diana. - Group playing Rolling Stones records and other well-known rock songs chance to listen to live music and dancing. £2 entry for non-members. For information or book call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk</p>
<p>Monday 19th August</p>	<p>REGULAR EVENT THIRD MONDAY OF MONTH <u>Coffee morning</u> 3rd Monday each month 10am-12noon at Queens Theatre, Hornchurch RM11 1QT. Meet on the left by the comfy seats. For information call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (9am-3pm) disdiamonds@ageukrbh.org.uk <u>U3A Dagenham is not on in Aug Next meeting will be in Sept</u> normally meets in Dagenham & Redbridge Football Club, Victoria Road, Dagenham, U3A gives you the opportunity to live life to the full, make new friends, develop your interests and enjoy yourself. For more details contact Christina on 0208 599 7616</p>
<p>Tuesday 20th August</p>	<p><u>Karaoke at the Rafa Club</u> Carlton Road, Romford RM2 5AA. Starts 7.30 onwards. Free to go there. Singers are mostly good singers and people dance. For information or book call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk</p>
<p>Wednesday 21st August</p>	<p><u>Barking or Bust Tour</u> –free minibus trip around Barking & Dagenham see new development sites 10am from Barking Town Hall return at approximately 1pm for further info speak to Fiona 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk –strictly ticket only limited number <u>Friendly Tea Dance</u> 12:30-2:230 pm at St James Family Church 173 Chase Cross Road RM5 3YR. £4pp includes tea/coffee, cake and biscuit. Every 1st & 3rd Wednesday. Book via dazzledancecentere.co.uk or dazzledancecentre@outlook.com or 07792071287. Meet other Dis Diamonds there. Please call or email Di's Diamonds: 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk please book early to reserve place</p>

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<p>Sunday 25th August</p>	<p><u>RAFA Club</u> is having their <u>Open Day</u> on Sunday 25th August at Carlton Road, Romford RM2 5AA. Doors open at noon come along any time during day and evening. Diana will be there at noon. There will be disco, singing, dancing, barbecue, group in the evening. Children welcome. A good fun family day. Please call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk in order to meet up with other fellow Diamonds</p> <p>Havering Town Show from noon till 7pm Location: Harrow Lodge Park, Hornchurch Cost: £3 per day online rate, £4 on the door (subject to availability). Free for children under 10 but need ticket. Please call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk in order to meet up with other fellow Diamonds</p>
<p>Monday 26th August</p>	<p>Havering Town Show from noon till 7pm Location: Harrow Lodge Park, Hornchurch Cost: £3 per day online rate, £4 on the door (subject to availability). Free for children under 10 but need ticket. Please call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk in order to meet up with other fellow Diamonds</p>
<p>Tuesday 27th August</p>	<p><u>Kingston to Richmond River Trip</u> – Meet 9:30 Romford Station- Meet & Greet Host Ruth Canal trip approx. £9 or £6.50 for Seniors. Chance to walk around Richmond, shops & restaurants. For information call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk</p>
<p>Thursday 29th August</p>	<p><u>Coffee Morning</u> 10-12 noon new temporary venue in Romford to be advised as The Moon & Stars 99-103 South Street, Romford RM1 1NX will be closed during August to Beginning of November for refurbishment Please call or email Di's Diamonds: 07724 508967 or 07375 704448 or 020 8220 6000 (Monday-Friday 9am-3pm) disdiamonds@ageukrbh.org.uk To be advised of temporary location in Romford</p> <p>Why not follow this by catching an afternoon <u>Movie</u> at VUE with fellow Diamonds followed by <u>Curry</u> afterwards at the Worlds End 113-117 South St, Romford RM1 1NX0</p>

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Events Locally	Please contact the organisations directly beforehand to ensure taking place. No responsibility taken for any events listed. Please contact disdiamonds@ageukrbh.org.uk if you want to list or de-list an event
Regular Event every Monday	Silver Links Project A friendly and welcoming social club promoting a range of recreational activities including card making, sewing, knitting, music, art & crafts. 9.30am-1.30pm at Salvation Army, High Street, Romford RM1 1JJ. Contact Martie van Deventer 01708 440193 or 07590 469174 or email: martie0707@btinternet.com . EVERY MONDAY EXCEPT BANK HOLIDAYS
Regular Monthly Event	Roding Quilters Meeting Tuesday 13th August then Meeting every Second Tuesday of each month at St Mary's Church and Church Rooms, High Road, Chigwell. Meetings start at 7.30pm and finish at 9.30pm. Refreshments are served. Visitors are very welcome to attend and their fee is £3 per meeting. Annual membership is £25 per year plus a charge of £1 for each meeting attended. Please email Caroline Purcell at 2014carpu@gmail.com or call on 07742 743 980 for further info
Regular Event every Friday	Afternoon 50+ games club Hornchurch Library. Every Friday 2-4pm. Come and meet new friends play cards, chess, draughts and other board games. Entry is £1.50 includes tea/coffee & cake. Please check your local library for events.
Havering Art Havering Walks	Local artist displaying art made out of recyclable at Thames Chase Forest Centre Visit Thames Chase Forest Visitor Centre and find out about walks -The Forest Centre, Pike Lane, Upminster, Essex, RM14 3NS Phone: 01708 642970 www.thameschase.org.uk
Havering Museum Exhibitions and displays	Havering Museum 19-21 High Street, Romford, RM1 1JU 01708 766 571 Variety of exhibitions & talks held www.haveringmuseum.org.uk info@haveringmuseum.org.uk open Wed to Sat 11:00- 17:00 last entry 16:00 Roman Holiday Talk with Clotted Cream Tea Saturday 3 rd August 1pm £7 must book & pay beforehand RAF Hornchurch Talk Saturday 17 th August 1pm £5 must book & pay beforehand 26 th June-31 August To Vera from Pap the Tolhurst Envelopes 26 th June -14 th Sept RAF Hornchurch World War Two *29 th June -10 August Upminster People Photographic Project <i>note * Telephone for exhibition access</i>
Local Theatres – Regular events	Brookside Theatre 21A Eastern Avenue, Romford RM11 1QT. Box Office 01708 755775 Brooksidetheatre.com General Enquiries info@brooksidetheatre.com Queens Theatre Hornchurch, Billet Lane, Hornchurch RM11 1QT Box Office 01708 443333 queens-theatre.co.uk General Enquiries info@queens-theatre.co.uk The Broadway Broadway, Barking Essex IG11 7LS 0208 507 5607 www.thebroadwaybarking.com general enquiries boxoffice@thebroadwaybarking.com

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Everyone Sports	<p>Men's Walking Football sessions, Tuesdays 10.30am – 12noon, £5.20, Hornchurch Sports Centre, Harrow Lodge Park, Hornchurch Road, Hornchurch, RM11 1JU, 01708 454135. Thought your footballing days were over? Think again!</p> <p>Women's Walking Netball sessions, Mondays 11.30am-12.30pm, £3.50, Hornchurch Sports Centre, Harrow Lodge Park, Hornchurch Road, Hornchurch, RM11 1JU, Run in partnership with England Netball, for info or to book a place phone Lucy on 07854 090628 or lucy.hantson@englandnetball.co.uk</p> <p>Women's Walking Netball sessions, Wednesdays, 7.30-8.30pm, £3.50, Noak Hill Sports Complex, Noak Hill Road, Romford RM3 7YA, run in partnership with England Netball, to book a place phone the centre on 03330 050448</p> <p>Free swimming for Havering residents over 50 years old at certain times at Hornchurch Sports Centre (01708 454135) and Central Park Leisure Centre (01708 382820) Everyone Active Referral Scheme, offering support and advice for Havering residents with low to medium risk medical conditions including diabetes, depression, obesity, overweight and high blood pressure. Referral is via your GP or practice nurse. Please note there is a cost to exercise sessions. For more information about the scheme contact 01708 463190</p>
Keep Fit Havering	<p>Ardleigh House Community Association Keep-Fit Class every Tuesday afternoon at 1.00pm is a great low impact class, exercise at your own pace, with a lot of emphasis on Balance and Stability, and strengthening core. This class is aimed at people in their 50's+ We are a great friendly bunch of people who exercise but also have fun, we don't take it too serious. As we get older it's more important than ever to use our joints/muscles, the old saying! Use it don't lose it! Please come along and give us a try, your first session is free! For more information contact Charlotte 01708 440660 Sam 07717 317598 Ardleigh House Community Association 01708-440660 www.ardleighhouse.org</p>
Redbridge Music	<p>Redbridge Music Lounge sessions for all musicians, composers and songwriters meet regularly on alternative dates on Wednesday & Thursday 12:30 -16:30 at the Cranbrook Centre in Valentines Park nearest entrance Melbourne Gate Melbourne Road Ilford IG1 4SB for directions see www.cranbrookcentre.london for further info contact Christopher Wyatt criswyatt@aol.com -special event 11th August Music Fest 11am – The Walled Garden Valentines Mansion IG1 4XA</p>
	<p>??? Have we missed an event or would you like to see something different on these pages.... Please suggest</p> <p>Alternatively if you are an organisation that are either holding an event or regular activity and wish to advertise here for free please email disdiamonds@ageukrbh.org.uk We love sharing events</p>

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<p>Romford Market</p>	<p>Pop along to your local market Wed /Fri/ Sat –special event in August –see Havering.gov.uk/marketevents</p> <p>Saturday 10th August –sneak preview of some of the performances from the Havering Show 11 am to 4pm</p> <p>Wed 14 August – All about animals – animal encounter with a difference 11-3pm</p> <p>Saturday Circus Skills Workshop -11-4pm</p> <p>Saturday 31 August Ilan the Robotic Man 11-2pm</p>
<p>Havering Golf Day Sept</p>	<p>Havering Dementia Action Alliance Golf Day Thursday 12 September 2019</p> <p>Bentley Golf Club Ongar Road Brentwood CM15 9SS -£30 per head 1 round of golf with bacon roll & coffee. Susan.anderson@havering.gov.uk or phone 01708 431249 must be paid by 1st September</p> <p>Havering Dementia Action Alliance Evening Fundraiser Thursday 12 September 2019</p> <p>Bentley Golf Club Ongar Road Brentwood CM15 9SS -£25 per person 2 course evening meal and raffle prizes 7 for 7:30. Susan.anderson@havering.gov.uk or phone 01708 431249 must be paid by 1st September</p>
<p>Flower Show at Elm Park</p>	<p>Autumn show 31st August -Flower Shows Elm Park Assembly Hall, next door to the Library. Opening hours are 2.30 to 4. 30 and entrance is free.</p>
<p>Oops have we missed something</p>	<p>??? Have we missed an event or would you like to see something different on these pages.... Please suggest</p> <p>Alternatively if you are an organisation that are either holding an event or regular activity and wish to advertise here for free please email disdiamonds@ageukrbh.org.uk We love sharing events</p>