

2025



All events are open to all Di's Diamonds members living in Havering, Barking & Dagenham & Redbridge unless otherwise stated. Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk



<u>Wednesday 02/07/25 11am-1pm</u> Brunch, Eastbrookend Discovery Centre Tea room, Dagenham Road, Rush Green, Romford, Essex, RM70SS <u>http://www.eastbrookcountryparktearoom.co.uk/</u> Pay for what you have. Buses 174 (The Chase) will sit outside if weather is nice, inside if not. *Email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

Thursday 03/07/25 11am-1pm Free coffee morning, Bobby Moore Sports Hub, Parsloes Park, Terrace Walk, Dagenham, RM9 5PU

**364** bus from Dagenham East station (stop N) then 5 min walk. **No 5** bus from Romford station to Martins corner then **364** The hub is inside Parsloes Park with lovely views. Unfortunately, Google maps takes you to a house over the road so with the house on your right follow Terrace walk and take a left into the park, up to the car park and football pitches. Go into the hub and we'll be in the café on the left. Free parking onsite. *email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

Monday 07/07/25 12-2pm Lunch followed by free bingo. Pipe Major, 1,Yewtree Avenue, Dagenham, RM10 7FN

Large car park, Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is free. Book early to avoid disappointment. *Email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

<u>Tuesday 08/07/25 1-3pm</u> Lunch Greyhound Harvester, 900 High Road, Romford RM6 4HU. Free parking onsite, enter registration inside. 86 Bus from Romford / 86 / 364 Dag East. *email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change.* 

<u>Wednesday 09/07/25 12-2pm</u> Lunch, King George V, 645 CRANBROOK ROAD, ILFORD, ESSEX, IG2 6SX <u>King George V pub in Ilford</u> <u>Greene King Pubs (greeneking-pubs.co.uk)</u> 2 course £5.49, 3 courses £6.49. Buses 128, 150 167 from Ilford station, Shere Road stop CQ. *email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

<u>Thursday 10/07/25 12-2</u> 1940's- 1980's lifestyle project, Crowlands Golf club, Wood Lane, Dagenham, Essex, RM8 1JX <u>https://www.crowlandsheath.co.uk/contact-crowlands-heath/</u>.

Come and join local artists Brennan & Burch. Free lunch, share your memories, photos and stories. We want to see hairstyles, fashion choices, music, food, cars, hobbies. Anything you remember that can be recorded and placed into a final art project. Free lunch, **priority booking to Barking and Dagenham residents and volunteers as funded by Barking Give it a go fund** <u>https://bdgiving.org.uk/give-it-a-go-fund/</u>*Pre* **booking essential** *Email* <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change

<u>Wednesday 16/07/25 12-2</u> lunch, Crowlands Golf club, Wood Lane, Dagenham, Essex, RM8 1JX <u>https://www.crowlandsheath.co.uk/contact-crowlands-heath/</u>. Free tea / coffee, please note soft drinks and alcohol are not included. Buses stop right outside, large car park. This is a popular event so book early to avoid disappointment. *Pre booking essential*. *Email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

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<u>Wednesday 23/07/25 12-2pm</u> Lunch and quiz Old Maypole, Fencepiece Road, Ilford, Greater London, IG6 2NG. 247 bus stops outside. Money off voucher and menu https://www.sizzlingpubs.co.uk/findapub/northwest/theoldmaypoleilford/signup Pay for what you eat and drink, free quiz, win a dessert each for your team. Meet new people. *Email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

<u>Thursday 24/07/25 12-2</u> 1940's- 1980's lifestyle project, Music week PARTY, Crowlands Golf club</u>, Wood Lane, Dagenham, Essex, RM8 1JX <u>https://www.crowlandsheath.co.uk/contact-crowlands-heath/</u>. Come and join local artists Brennan & Burch for the final time on music week. *Limited spaces* but open to everyone this time, free lunch and singer Mark. *Pre booking essential Email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

<u>Monday 28/07/25 1-3pm</u> Fullwell Cross Library, 140 High Street, Ilford IG6 2EA, in the big room on the left, access via front doors <u>Fullwell</u> <u>Cross Library • Vision Redbridge Culture and Leisure (visionrcl.org.uk)</u> Cost £3 including tea / coffee. Bring your own art or craft project, share skills with others, learn a new skill. *email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change* 

<u>Wednesday 30/07/25 1-3pm</u> Kenneth More Theatre. BYO lunch, singing & dancing. Kenneth More Theatre, Oakfield Road, Ilford, IG1 1BT. *Pre booking essential with any dietary requirements,* £2.50 pay on the day. *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change* 

<u>Thursday 31/07/25 11-1pm</u> Walk, Fairlop Waters, FAIRLOP WATERS COUNTRY PARK, FOREST ROAD, HAINAULT, ILFORD, IG6 3HN <u>https://my.redbridge.gov.uk/map/parks-and-open-spaces/fairlop-waters</u> 462 bus from llford station to Fairlop Waters tube central line Fairlop, cross the road. Meet in the café for coffee then walk around the lake, it takes 45 min to an hour (3.2KM) and there are benches on the way but <u>you need to be able to walk that far unassisted</u>. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather and bring water / sun hat if hot, we will just have a coffee morning if it's raining. email <u>disdiamonds@ageukrbh.org.uk</u> to book your place so we know who to contact in the event of cancellation / change due to weather

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