

# Redbridge Barking & Dagenham Di's Diamonds Events



# 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
		<b>12-2 Older people's day celebration</b> Mercury Mail, all welcome	<b>12-2 King George V lunch</b> <i>Gants Hill</i>	XX Amanda off XX		
<b>10.30-12.30 Hub Craft</b> Amanda hosting <a href="#">Must pre book (HAV)</a>	<b>11-1 Fairlop waters walk</b> <i>Barkingside</i>	<b>12-2 Crowlands lunch</b> <i>Dagenham</i>	<b>12-2 Pipe Major Lunch &amp; Bingo</b> <i>Dagenham</i>	XX Amanda off XX		
XX Amanda off XX	XX Amanda off XX	XX Amanda off XX	XX Amanda off XX	XX Amanda off XX		
XX Amanda off XX	XX Amanda off XX	XX Amanda off XX	XX Amanda off XX	XX Amanda off XX		
<b>1-3 Fullwell Cross Library</b> <b>BYO craft</b> <i>Barkingside</i>	<b>12.30-2 Havering Live Well event,</b> Bards Court RM3 7HU	<b>1-3 Kenneth More Bring Your Own lunch</b> tea & music <i>Ilford</i> £5	<b>12-2 Old Maypole lunch &amp; Quiz</b> <i>Hainault</i>			

All events are open to all Di's Diamonds members living in Havering, Barking & Dagenham & Redbridge unless otherwise stated.  
Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk)

**Monday 01/10/25 12-2pm Mercury Mall by escalator**, Mercury Gardens, Romford RM1 3EE

Each year on 1st October, people across the world mark United Nations International Day of Older People to raise awareness of opportunities and challenges faced by ageing populations, and to mobilise the wider community to address difficulties faced by older people. Older people play an integral part in strengthening our communities and neighbourhoods; as workers, carers, volunteers, activists and community connectors. But these vital contributions are often overlooked, or limited by ageism and other societal and physical barriers. As well as helping others, volunteering has been shown to improve our social connections, enhance our sense of purpose and self-esteem. Paid work can have a positive impact on wellbeing as well as finances. Despite this, many older people find themselves encountering barriers to getting involved in all the ways they would like to. We all have a part to play in making our communities and neighbourhoods better places to age, and in celebrating and enabling the contributions of older people. On this International Day of Older People, we are celebrating older people and the vital part they play, and have the potential to play, in making our community a better place to be. **Join us and our amazing singer Mark.** email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change.

**Thursday 02/10/25 12-2pm Lunch, King George V**, 645 CRANBROOK ROAD, ILFORD, ESSEX, IG2 6SX [King George V pub in Ilford | Greene King Pubs \(greeneking-pubs.co.uk\)](#) 2 course £5.49, 3 courses £6.49. Buses 128, 150 167 from Ilford station, Shere Road stop CQ. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place

**Tuesday 07/10/25 11-1pm Walk, Fairlop Waters**, FAIRLOP WATERS COUNTRY PARK, FOREST ROAD, HAINAULT, ILFORD, IG6 3HN

<https://my.redbridge.gov.uk/map/parks-and-open-spaces/fairlop-waters> **462 bus from Ilford station to Fairlop Waters tube central line Fairlop, cross the road.** Meet in the café for coffee then walk around the lake, it takes 45 min to an hour (3.2KM) and there are benches on the way but you need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather and bring water / sun hat if hot, we will just have a coffee morning if it's raining. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change due to weather

**Wednesday 08/10/25 12-2 lunch, Crowlands Golf club**, Wood Lane, Dagenham, Essex, RM8 1JX <https://www.crowlandsheath.co.uk/contact-crowlands-heath/>. Free tea / coffee, please note soft drinks and alcohol are not included. Buses stop right outside, large car park. This is a popular event so book early to avoid disappointment. **Pre booking essential.** Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Thursday 09/10/25 12-2pm Lunch followed by free bingo. Pipe Major**, 1,Yewtree Avenue, Dagenham, RM10 7FN **103 bus.**

Large car park, Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is free. **Pre booking essential.** Book early to avoid disappointment. Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Tuesday 12/08/25 1-3pm Lunch Greyhound Harvester**, 900 High Road, Romford RM6 4HU. Free parking onsite, enter registration inside. **86 Bus from Romford / 86 / 364 Dag East.** £8 chicken Tuesday via the app. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change.

**Monday 27/10/25 1-3pm Fullwell Cross Library**, 140 High Street, Ilford IG6 2EA, in the big room on the left, access via front doors [Fullwell Cross Library • Vision Redbridge Culture and Leisure \(visionrcl.org.uk\)](#) **Cost £3 including tea / coffee. Bring your own art or craft project**, share skills with others, learn a new skill. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Wednesday 29/10/25 1-3pm Kenneth More Theatre.** **Bring your own lunch, singing & dancing.** Kenneth More Theatre, Oakfield Road, Ilford, IG1 1BT. **Pre booking essential, £5 pay on the day.** Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Thursday 30/10/25 12-2pm Lunch and quiz Old Maypole**, Fencepiece Road, Ilford, Greater London, IG6 2NG. **247 bus** stops outside.

Pay for what you eat and drink, free quiz, win a dessert each for your team. Meet new people. Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

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