

Redbridge Barking & Dagenham Di's Diamonds Events



2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
		12-2 Unicorn lunch Clayhall ¹ 10am St James Park Rene & Laurie	11-1 Fairlop waters walk Fairlop ² 	³ XX Amanda off XX	⁴	⁵
10-12 Harold wood HUB CRAFT ⁶ 1-3 Creta Corner Greek lunch Collier Row 3-5 Cocktails Colley Rowe inn	⁷ Amanda Training No events	⁸ No events	11-1 Bowling Rollerbowl, Dagenham ⁹ £9.99 includes tea / coffee, accessible lane	¹⁰ XX Amanda off XX	¹¹	¹²
¹³ 11-1 Hainault country park walk Hainault	¹⁴ 12-2 Greyhound Harvester lunch Dagenham	¹⁵ 12-2 Pipe Major Lunch & Bingo Dagenham	¹⁶ 11-1 Eastbrookend Brunch Dagenham	¹⁷ 11-12.30 The Bungalow Café Wanstead, coffee with Jacinth	¹⁸	¹⁹
²⁰ Amanda off	²¹ 11-1 Bobby Moore Sports Hub free tea/ coffee & cards/games Dagenham	²² 1-3 Kenneth More Bring Your Own lunch tea & music Iford £5	²³ 12-2 Lara Grill lunch Dagenham	²⁴ XX Amanda off XX	²⁵	²⁶
10-12 Harold wood HUB CRAFT ²⁷ 1.30-3.30 Fullwell Cross Library Bring Your Own craft Barkingside	²⁸ 11-1 Health Roadshow, Mercury Mall Romford	²⁹ 12-2 Old Maypole lunch & Quiz Hainault	³⁰ 12-3 Crowlands party Dagenham	³¹		

All events are open to all Di's Diamonds members living in Havering, Barking & Dagenham & Redbridge unless otherwise stated.
Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk

Wednesday 01/07/26 12-2pm Unicorn pub lunch, 225 Clayhall Ave, Ilford IG5 0NY. **128 Buses stop right outside or opposite**, free parking on the road outside and car park round the back. [Seniors Menu | Unicorn \(greeneking-pubs.co.uk\)](#) Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 02/07/26 11-1pm Walk, Fairlop Waters, FAIRLOP WATERS COUNTRY PARK, FOREST ROAD, HAINAULT, ILFORD, IG6 3HN <https://my.redbridge.gov.uk/map/parks-and-open-spaces/fairlop-waters> **462 bus from Ilford station to Fairlop Waters tube central line Fairlop, cross the road.** Meet in the café for coffee then walk around the lake, it takes 45 min to an hour (3.2KM) and there are benches on the way but you need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather and bring water / sun hat if hot, we will just have a coffee morning if it's raining. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change due to weather

Monday 06/07/26 1-3 Creta Corner, 62, Collier Row Rd, RM5 3PA. Greek meal from £6 for small two course. 247 bus from Hainault or 175 / 247 from Romford. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change due to weather

Monday 06/07/26 3-5 Cocktails or a cuppa, Collie Rowe Inn with Rene & Laurie email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change due to weather

Thursday 09/07/26 11-1pm 10 pin Bowling, Rollerbowl, City Pavilion, Collier Row Road, Romford RM5 2BH. Free parking
Buses from Romford station stop Z, 247 to City Pavilion, from Chadwell Heath bus 62, from Dagenham East 103 to Cedar Rd then 247, From Barking, bus 5 to Romford station then 247, see above. From Woodford 275 to Fullwell Cross then 247 to City Pavilion. Walk towards roundabout, cross at the island and enter via pedestrian gate. Bowling entrance is to the left of the building via steps / slope or you can go into city Pavilion and take the lift down to the basement. Join us for a "Nifty fifty" session for £9.99. Unlimited bowling and a tea or coffee. Accessible lane, open to all and we can use the bumpers and ramp if you have difficulty. Wear trainers or similar so you don't have to change shoes. **Booking essential.** Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Monday 13/07/26 11-1pm Hainault Forest / Foxburrow Farm visit and coffee / walk

Meet in the new Woodland Trust Visitor centre by the second car park. Approx. 45 min to an hour to walk round the lake or 25 min to walk round the farm and there are benches on the way. You need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the beautiful scenery. Suitable footwear required, dress for the weather, we will just have a coffee morning / lunch if it's raining or too muddy. Farm entrance is gravel so may be unsuitable for some mobility scooters. **Pre booking essential.** Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change due to weather

Tuesday 14/07/26 12-2 Lunch Greyhound Harvester, 900 High Road, Romford RM6 4HU. Free parking, enter registration inside. **86 Bus from Romford / 86 / 364 Dag East.** £10 chicken Tuesday **download Harvester app.** email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Wednesday 15/07/26 12-2pm Lunch followed by £1.50 bingo. Pipe Major, 1, Yewtree Avenue, Dagenham, RM10 7FN **103 bus.** Large car park. Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is **£1.50. Pre booking essential.** Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 16/07/26 11-1 brunch, Eastbrookend Discovery Centre Tea room, Dagenham Road, Rush Green, Romford, Essex, RM70SS <http://www.eastbrookcountryparktearoom.co.uk/> Pay for what you have. **Buses 174** (The Chase) will sit outside if weather is nice, inside if not. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

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Friday 17/07/26 10.45-12.30pm Coffee Morning, Bungalow Cafe, 49 Spratt Hill Road, E11 2RQ. Meet Jacinth outside Wanstead station at 10.45 am. *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Tuesday 21/07/26 11-1 Bobby Moore Sports Hub Free coffee morning/ cards & board games, Bobby Moore Sports Hub, Parsloes Park, Terrace Walk, Dagenham, RM9 5PU. 364 bus from Dagenham East station (stop N) then 5 min walk. **No 5** bus from Romford station to Martins corner then **364**
The hub is inside Parsloes Park with lovely views. Unfortunately, Google maps takes you to a house over the road so with the house on your right follow Terrace walk and take a left into the park, up to the car park and football pitches. Go into the hub and we'll be in the café on the left. Free parking onsite. *email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Wednesday 22/07/26 1-3pm Kenneth More Theatre. Bring your own lunch, singing & dancing. Kenneth More Theatre, Oakfield Road, Ilford, IG1 1BT. **Pre booking essential, £5 pay on the day.** *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Thursday 23/07/26 12-2pm Lara Grill Turkish restaurant, Set Lunch menu or choose from main menu, 20-22 Whalebone Lane South, Dagenham, RM8 1BJ.
5 bus from Barking station, stop C Morris Road, almost opposite Lidl. 173 from Dagenham Heathway, Stop V James Avenue. Limited spaces . *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Monday 27/07/26 1.30-3.30pm Fullwell Cross Library, 140 High Street, Ilford IG6 2EA, in the big room on the left, access via front doors [Fullwell Cross Library • Vision Redbridge Culture and Leisure \(visionrcl.org.uk\)](#) **Cost £3 including tea / coffee & biscuits. Bring your own art or craft project**, share skills with others, learn a new skill. *email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Wednesday 29/07/26 12-2pm Lunch and quiz Old Maypole, Fencepiece Road, Ilford, Greater London, IG6 2NG. **247 bus** stops outside.
Pay for what you eat and drink, free quiz, win a dessert each for your team. Meet new people. *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Thursday 30/07/26 12-3pm Summer party with singer £5, Crowlands Golf Club Wood Lane, Dagenham, Essex, RM8 1JX.
Blow away the summer heatwave blues and have a dance with Mark the singer for an hour followed by optional lunch, pay at the bar. Tea / coffee included, please note soft drinks and alcohol are not included. Buses stop right outside, large car park. This is a popular event so book early to avoid disappointment. **Pre booking essential.** *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

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