



# Redbridge Barking & Dagenham Di's Diamonds Events



# 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
<p>10-12 Harold wood HUB CRAFT 1</p> <p>1-3 Hainault country park walk Hainault</p>	<p>11-1 Health Roadshow in2theBlue singers. Mercury Mall 2</p>	<p>12-2 Unicorn lunch Clayhall 3</p>	<p>11-1 Bobby Moore Sports Hub free tea/ coffee &amp; cards/games Dagenham 4</p>	<p>XX Amanda off XX 5</p>	6	7
<p>11-1 Barts Hospital North wing Smithfield. Tour and stained glass theme workshop 8</p>	<p>11-1 Eastbrookend Brunch Dagenham 9</p>	<p>12-2 Old Maypole lunch &amp; Quiz Hainault 10</p>	<p>12-2 Pipe Major Lunch &amp; Bingo Dagenham 11</p>	<p>XX Amanda off XX 12</p>	13	14
<p>10-12 Harold wood HUB CRAFT 15</p> <p>1-3 Bowling Rollerbowl, Dagenham £9.99 includes tea / coffee, accessible lane</p>	<p>12-2 Greyhound Harvester lunch 16</p>	<p>12-2 Crowlands lunch Dagenham 17</p>	<p>1-3 Kenneth More Bring Your Own lunch tea &amp; music Ilford £5 18</p>	<p>XX Amanda off XX 19</p>	20	21
<p>12-2 Pipe Major Lunch &amp; Bingo Dagenham 22</p>	<p>11-1 Fairlop waters walk Fairlop 23</p>	<p>10am Kew gardens Kew Henry Moore Monumental nature exhibit and garden entry £2 24</p>	<p>11-1 Saatchi gallery Sloane Sq RHS botanical Art &amp; Photography 25</p>	<p>XX Amanda off XX 26</p>	27	28
<p>10-12 Harold wood HUB CRAFT 29</p> <p>1.30-3.30 Fullwell Cross Library Bring Your Own craft Barkingside</p>	<p>10-12 F. Barnes Financial planning talk Romford Golf club 30</p>					

All events are open to all Di's Diamonds members living in Havering, Barking & Dagenham & Redbridge unless otherwise stated. Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk)

**Monday 01/06/26 1-3pm Hainault Forest / Foxburrow Farm visit and coffee / walk**

Meet in the new Woodland Trust Visitor centre by the second car park. Approx. 45 min to an hour to walk round the lake or 25 min to walk round the farm and there are benches on the way. You need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the beautiful scenery. Suitable footwear required, dress for the weather, we will just have a coffee morning / lunch if it's raining or too muddy. Farm entrance is gravel so may be unsuitable for some mobility scooters. **Pre booking essential.** Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change due to weather

**Wednesday 03/06/26 12-2pm Unicorn pub lunch**, 225 Clayhall Ave, Ilford IG5 0NY. **128 Buses stop right outside or opposite**, free parking on the road outside and car park round the back. Seniors Menu | Unicorn (greeneking-pubs.co.uk) Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Thursday 04/06/26 11-1 Bobby Moore Sports Hub Free coffee morning/ cards & board games, Bobby Moore Sports Hub, Parsloes Park, Terrace Walk, Dagenham, RM9 5PU. 364** bus from Dagenham East station (stop N) then 5 min walk. **No 5** bus from Romford station to Martins corner then **364**

The hub is inside Parsloes Park with lovely views. Unfortunately, Google maps takes you to a house over the road so with the house on your right follow Terrace walk and take a left into the park, up to the car park and football pitches. Go into the hub and we'll be in the café on the left. Free parking onsite. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Monday 08/06/26 11-1 Barts Hospital North Wing tour, The Great Hall & Hogarth Staircase plus stained glass themed workshop. St.Bartholomew's Hospital, West Smithfield, London EC1A 7BE** <https://bartsnorthwing.org.uk/visit/>

Meet outside Barbican station 10.45am. Limited spaces, priority to Redbridge, Barking & Dagenham members. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Tuesday 09/06/26 11-1 brunch, Eastbrookend Discovery Centre Tea room**, Dagenham Road, Rush Green, Romford, Essex, RM70SS <http://www.eastbrookcountryparktearoom.co.uk/> Pay for what you have. **Buses 174** (The Chase) will sit outside if weather is nice, inside if not. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Wednesday 10/06/26 12-2pm Lunch and quiz Old Maypole**, Fencepiece Road, Ilford, Greater London, IG6 2NG. **247 bus** stops outside. Pay for what you eat and drink, free quiz, win a dessert each for your team. Meet new people. Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Thursday 11/06/26 12-2pm Lunch followed by free bingo. Pipe Major**, 1,Yewtree Avenue, Dagenham, RM10 7FN **103 bus**. Large car park, Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is free. **Pre booking essential.** Book early to avoid disappointment. Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Monday 15/06/26 1-3pm 10 pin Bowling, Rollerbowl, City Pavilion, Collier Row Road, Romford RM5 2BH. Free parking**  
Buses from Romford station stop Z, 247 to City Pavilion, from Chadwell Heath bus 62, from Dagenham East 103 to Cedar Rd then 247, From Barking, bus 5 to Romford station then 247, see above. From Woodford 275 to Fullwell Cross then 247 to City Pavilion. Walk towards roundabout, cross at the island and enter via pedestrian gate. Bowling entrance is to the left of the building via steps / slope or you can go into city Pavilion and take the lift down to the basement.Come and join us for a "Nifty fifty" session for £9.99. Unlimited bowling and a tea or coffee. Accessible lane, open to all and we can use the bumpers and ramp if you have difficulty. I haven't bowled for years so should be interesting! **Pre booking essential.** Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Tuesday 16/06/26 12-2 Lunch Greyhound Harvester**, 900 High Road, Romford RM6 4HU. Free parking onsite, enter registration inside. **86 Bus** from Romford / **86 / 364** Dag East. £10 chicken Tuesday via the Harvester app. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

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**Wednesday 17/06/26 12-2pm lunch, Crowlands Golf Club** Wood Lane, Dagenham, Essex, RM8 1JX. Free tea / coffee, please note soft drinks and alcohol are not included. Buses stop right outside, large car park. This is a popular event so book early to avoid disappointment. **Pre booking essential.** Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Thursday 18/06/26 1-3pm Kenneth More Theatre.** Bring your own lunch, singing & dancing. Kenneth More Theatre, Oakfield Road, Ilford, IG1 1BT. **Pre booking essential, £5 pay on the day.** Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Monday 22/06/26 12-2pm Lunch followed by free bingo. Pipe Major,** 1, Yewtree Avenue, Dagenham, RM10 7FN **103 bus.** Large car park, Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is free. **Pre booking essential.** Book early to avoid disappointment. Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Tuesday 23/06/26 11-1pm Walk, Fairlop Waters,** FAIRLOP WATERS COUNTRY PARK, FOREST ROAD, HAINAULT, ILFORD, IG6 3HN <https://my.redbridge.gov.uk/map/parks-and-open-spaces/fairlop-waters> **462 bus from Ilford station to Fairlop Waters tube central line Fairlop, cross the road.** Meet in the café for coffee then walk around the lake, it takes 45 min to an hour (3.2KM) and there are benches on the way but you need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather and bring water / sun hat if hot, we will just have a coffee morning if it's raining. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change due to weather

**Wednesday 24/06/26 10am Kew Gardens** with Rene & Laurie Meeting at Romford station at 10am taking Elizabeth line to Stratford, change platform to Richmond then bus a few stops along to Kew's main gate. Arriving Kew around 11.30'ish. You can also meet Amanda at Kew station and walk 15 min or meet at Kew by prior arrangement. Meeting point at Ilford station TBC. Please advise meeting point when booking. There will be time to time explore Kew or have lunch. It is advisable to take a packed lunch/sandwich / hot drink etc.', the cafeteria serves these items but is a little expensive. £2 cash donation required for trip. Limited spaces and pre booking only email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) please state mobility as this involves travelling on public transport & lots of walking.

**Thursday 25/06/26 11am Saatchi Gallery** Duke of York's HQ, King's Road, London, SW3 4RY  
**RHS Botanical art & photography;** Botanical art and photography from around the world will be presented at Saatchi Gallery this summer as the annual RHS exhibition returns for a sixth year. Staged across three galleries, the best in contemporary botanical art and photography is presented by exhibitors from across the world. This year sees former medal winners returning alongside first-time exhibitors.

Also chance to see **The Sun and The Moon:** Art Inspired by the Celestial is a major exhibition exploring how the two most powerful phenomena in the sky have inspired creativity, curiosity, and belief throughout human history and across different cultures. Occupying two floors of the Gallery and spanning nine major exhibition spaces, the show presents artworks, installations, and objects that reveal how artists have responded to the Sun and the Moon.

Also **Inflorescence;** This exhibition showcases new works by contemporary artists that featured in the 2025 major exhibition Flowers – Flora in Contemporary Art & Culture. We have taken the opportunity to catch up with these artists and show new works that celebrate the beauty and significance of flowers.

**Monday 29/06/26 1.30-3.30pm Fullwell Cross Library,** 140 High Street, Ilford IG6 2EA, in the big room on the left, access via front doors **Fullwell Cross Library • Vision Redbridge Culture and Leisure** ([visionrcl.org.uk](http://visionrcl.org.uk)) **Cost £3 including tea / coffee. Bring your own art or craft project,** share skills with others, learn a new skill. email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to book your place so we know who to contact in the event of cancellation / change

**Monday 30/6/26 10-12 Free Financial Planning Event – Romford Golf Cub** Heath Drive, Gidea Park, Romford. Essex. RM2 5QB Hosted by **F. Barnes solicitors.** Free financial planning talk and advice on Wills, lasting power of attorney, inheritance tax and more. Question & Answer section and a chance for free advice. Please state when booking if you'd like advice on Wills / LPA/ IHT to assist with timings. Please note Age UK is not affiliated with and does not endorse F. Barnes in any way, this is just a rare opportunity to gain free information from a solicitor. *Pre booked only, priority to those who didn't attend the last session.* Email [disdiamonds@ageukrbh.org.uk](mailto:disdiamonds@ageukrbh.org.uk) to reserve a place

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