Redbridge Barking & Dagenham **Di's Diamonds Events**

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
2 10-12 Hub Craft Harold wood *XX Amanda off PM XX*	3 **11-1 Eastbrookend** *coffee / Brunch Dagenham*	4 **12-2 Unicorn** *lunch Clayhall*	5 **11-1 Bobby Moore Sports Hub** *Free tea & coffee Dagenham*	6 *XX Amanda off XX*	7	8
9 11-1 Health Roadshow Lumiere Romford *XX Amanda off PM XX*	10 *XX Amanda off XX*	11 *XX Amanda off XX*	12 *XX Amanda off XX*	13 *XX Amanda off XX*	14	15
16 *XX Amanda off XX*	17 *XX Amanda off XX*	18 *XX Amanda off XX*	19 **11-12.30 Great Spoon coffee morning** Wetherspoons with Monica *Ilford*	20 *XX Amanda off XX*	21	22
23 10-12 Hub Craft Harold wood **1-3 Creta Corner** Collier Row 3-5 Cocktails Colley Rowe	24 *XX Amanda off am XX*	25 **11-12.30 Jacinth coffee Cherry Tree café** *Wanstead* **12-2 Old Maypole** *Hainault*	26 **12-2 Crowlands** *lunch Dagenham*	27 *XX Amanda off XX*	28	29
30 **10.30-12.30 Fairlop waters** *coffee morning / walk Fairlop* **1.30-3 Fullwell Cross Library** *Barkingside*						

All events are open to all Di's Diamonds members living in Havering, Barking & Dagenham & Redbridge unless otherwise stated.
Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk

ageUK
Love later life

Tuesday 03/11/26 11-1 brunch, Eastbrookend Discovery Centre Tea room, Dagenham Road, Rush Green, Romford, Essex, RM70SS http://www.eastbrookcountryparktearoom.co.uk/ Pay for what you have. **Buses 174** (The Chase) will sit outside if weather is nice, inside if not. *email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Wednesday 04/11/26 12-2pm Unicorn pub lunch, 225 Clayhall Ave, Ilford IG5 0NY. **128 Buses stop right outside or opposite**, free parking on the road outside and car park round the back. Seniors Menu | Unicorn (greeneking-pubs.co.uk) *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Thursday 05/11/26 11-1 Bobby Moore Sports Hub Free coffee morning/ cards & board games, Bobby Moore Sports Hub, Parsloes Park, Terrace Walk, Dagenham, RM9 5PU. 364** bus from Dagenham East station (stop N) then 5 min walk. **No 5** bus from Romford station to Martins corner then **364
The hub is inside Parsloes Park with lovely views. Unfortunately, Google maps takes you to a house over the road so with the house on your right follow Terrace walk and take a left into the park, up to the car park and football pitches. Go into the hub and we'll be in the café on the left. Free parking onsite. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 19/11/26 11-12.30 Great Spoon Wetherspoons, Cranbrook Road Ilford IG1
Meet Monica inside at the rear just past the bar behind the fruit machines. *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Monday 23/11/26 1-3 Creta Corner Greek lunch 62, Collier Row Rd, RM5 3PA. Greek meal from £6 for small two course. 247 bus from Hainault or 175 / 247 from Romford. email *disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Wednesday 25/11/26 11-12.30pm Cherry Tree café 25 Woodbine Place, Wanstead E11 2RH
Meet Jacinth inside the café, please don't book with her directly email *disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Wednesday 25/11/26 12-2pm Lunch and quiz Old Maypole, Fencepiece Road, Ilford, Greater London, IG6 2NG. **247 bus** stops outside.
Pay for what you eat and drink, free quiz, win a dessert each for your team. Meet new people. *Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Thursday 26/11/26 12-2pm lunch, Crowlands Golf Club Wood Lane, Dagenham, Essex, RM8 1JX**.** Free tea / coffee, please note soft drinks and alcohol are not included. Buses stop right outside, large car park. This is a popular event so book early to avoid disappointment. ***Prebooking essential**. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change*

Monday 30/11/26 10.30-12.30pm Walk, Fairlop Waters, FAIRLOP WATERS COUNTRY PARK, FOREST ROAD, HAINAULT, ILFORD, IG6 3HN https://my.redbridge.gov.uk/map/parks-and-open-spaces/fairlop-waters **462 bus from Ilford station to Fairlop Waters tube central line Fairlop, cross the road.** Meet in the café for coffee then walk around the lake, it takes 45 min to an hour (3.2KM) and there are benches on the way but you need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather and bring water / sun hat if hot, we will just have a coffee morning if it's raining. email *disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change due to weather*

Monday 30/11/26 1.30-3pm Fullwell Cross Library, 140 High Street, Ilford IG6 2EA, in the big room on the left, access via front doors Fullwell Cross Library • Vision Redbridge Culture and Leisure (visionrcl.org.uk) **Cost £3 including tea / coffee. Bring your own art or craft project**, share skills with others, learn a new skill.
email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

All events are open to all Di's Diamonds members living in Havering, Barking & Dagenham & Redbridge unless otherwise stated.
Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk

age UK
Love later life