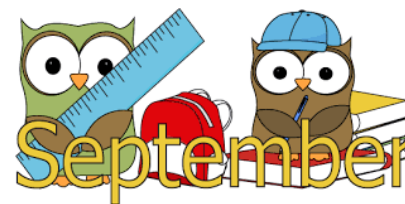


Redbridge Barking & Dagenham Di's Diamonds Events



2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
	Amanda Meeting 10-11.30 1 12-2 Eastbrookend coffee / Brunch Dagenham	12-2 Unicorn lunch Clayhall 2	11-1 Fairlop waters coffee morning / walk Fairlop 3	4 XX Amanda off XX	5	6
10-12 Harold wood HUB CRAFT 7 1-3 TAD in the hole Hainault <i>Traditional Café with Indian food options after 2pm</i>	11-1 Health Roadshow 8 <i>Mercury Mall</i>	12-2 Pipe Major Lunch & Bingo Dagenham 9 £1.50 bingo	11-1 Bread & Oregano 10 <i>Greek lunch South Woodford Thurrock Garden centre</i>	11 XX Amanda off XX <i>Bowling Ruth</i>	12	13
10-11 Barking park walk & talk with Police Barking 14 11.30-1 Starbucks Barking	11.30-1.30 St Edward the Confessor Church Poppy knitting & Crochet Romford Market 15	12-2 Crowlands lunch Dagenham 16	11-1 Bowling Rollerbowl, Dagenham 17 <i>£9.99 includes tea / coffee, accessible lane</i>	11-12.30 Valentines park café coffee morning with Jacinth 18	19	20
10-12 Harold wood HUB CRAFT 21 3-5 Colley Rowe Inn, Coffee or Cocktails Collier Row	Admin AM 22 Amanda off PM		11-1 Bobby Moore Sports Hub 24 <i>free tea/ coffee & cards/games Dagenham</i> 1.30-3 Kenneth More Bring Your Own lunch 25 <i>tea & music Ilford £5 Albion meal Ruth</i>	25 XX Amanda off XX	26	27
10-12 Harold wood HUB CRAFT 28 1.30-3.30 Fullwell Cross Library 29 <i>Bring Your Own craft Barkingside</i>	12-2 Greyhound Harvester lunch Dagenham 30 <i>Bowling Ruth</i>	12-2 Old Maypole lunch & Quiz Hainault				

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Contact Monica 07494 035 950 Mon – Fri 9.30-3.30 or Amanda 07903 814 076 Mon- Thurs 9-4 disdiamonds@ageukrbh.org.uk

Tuesday 01/09/26 12-2 brunch, Eastbrookend Discovery Centre Tea room, Dagenham Road, Rush Green, Romford, Essex, RM70SS
<http://www.eastbrookcountryparktearoom.co.uk/> Pay for what you have. **Buses 174** (The Chase) will sit outside if weather is nice, inside if not. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Wednesday 02/09/26 12-2pm Unicorn pub lunch, 225 Clayhall Ave, Ilford IG5 0NY. **128 Buses stop right outside or opposite**, free parking on the road outside and car park round the back. **Seniors Menu | Unicorn** (greeneking-pubs.co.uk) Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 03/09/26 11-1pm Walk, Fairlop Waters, FAIRLOP WATERS COUNTRY PARK, FOREST ROAD, HAINAULT, ILFORD, IG6 3HN
<https://my.redbridge.gov.uk/map/parks-and-open-spaces/fairlop-waters> **462 bus from Ilford station to Fairlop Waters tube central line Fairlop, cross the road.** Meet in the café for coffee then walk around the lake, it takes 45 min to an hour (3.2KM) and there are benches on the way but you need to be able to walk that far unassisted. Alternatively, you can stay in the café till we come back and take in the scenery. Suitable footwear required, dress for the weather and bring water / sun hat if hot, we will just have a coffee morning if it's raining. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change due to weather

Monday 07/09/26 1-3 TAD in the hole, next to Hainault Golf Club, Romford Road, Chigwell IG7 4QW. 247 bus, free car park
Pay for what you have, traditional cafe or authentic Indian, the choice is yours. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Wednesday 09/09/26 12-2pm Lunch followed by £1.50 bingo. Pipe Major, 1, Yewtree Avenue, Dagenham, RM10 7FN **103 bus**. Large car park. Almost opposite Dagenham East station. We have our own area, pay for your own food and drink, bingo is **£1.50. Pre booking essential**. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 10/09/26 11-1pm Lunch Bread & Oregano Greek, 90 George Lane, London E18 1JJ
Next to South Woodford Station almost opposite The Railway pub. Parking on The Viaduct, bus stop E, 179, W13, W12, W14. Yellow line for blue badge holders Pulteney Road or George Lane. Come for Brunch, lunch or just coffee and a chat. . **Prebooking essential**. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Monday 14/09/26 10-11 Walk and talk with Met Police as part of their Violence against women and girls strategy. Meet outside the new Lakeview café and kitchen by the boating lake with the Unicorn Pedaloos. {Old Big Friendly coffee site}

Monday 14/09/26 11.30-1 Coffee morning Starbucks 37 Station Parade, Barking IG11 8EB next to Barking station.
No 5, 62, 368, EL2 & EL3 bus, parking opposite in Vicarage Field shopping. Blue badge parking bays Salisbury Ave Opp station, 2 min walk away. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change.

Tuesday 15/09/26 11.30-1.30 Poppy making knit and natter, St Edward the Confessor church, Romford Market.
Come and help us make poppies for the church, knit or crochet, refreshments available email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change.

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Wednesday 16/09/26 12-2pm lunch, Crowlands Golf Club Wood Lane, Dagenham, Essex, RM8 1JX. Free tea / coffee, please note soft drinks and alcohol are not included. Buses stop right outside, large car park. This is a popular event so book early to avoid disappointment. **Prebooking essential.** Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 17/09/26 11-1 10 pin Bowling, Rollerbowl, City Pavilion, Collier Row Road, Romford RM5 2BH. Free parking

Buses from Romford station stop Z, 247 to City Pavilion, from Chadwell Heath bus 62, from Dagenham East 103 to Cedar Rd then 247, From Barking, bus 5 to Romford station then 247, see above. From Woodford 275 to Fullwell Cross then 247 to City Pavilion. Walk towards roundabout, cross at the island and enter via pedestrian gate. Bowling entrance is to the left of the building via steps / slope or you can go into city Pavilion and take the lift down to the basement. Come and join us for a “Nifty fifty” session for £9.99. Unlimited bowling and a tea or coffee. Accessible lane, open to all and we can use the bumpers and ramp if you have difficulty. I haven’t bowled for years so should be interesting! **Pre booking essential.** Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Friday 18/09/26 11-12.30 coffee morning with Jacinth, Valentines Park Café IG1 4SB. Parking in the park via Melbourne Road. *This is not the café by the Mansion.* email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change. *Please don't book directly with Jacinth.*

Thursday 24/09/26 11-1 Bobby Moore Sports Hub Free coffee morning/ cards & board games, Bobby Moore Sports Hub, Parsloes Park, Terrace Walk, Dagenham, RM9 5PU. 364 bus from Dagenham East station (stop N) then 5 min walk. **No 5** bus from Romford station to Martins corner then **364**

The hub is inside Parsloes Park with lovely views. Unfortunately, Google maps takes you to a house over the road so with the house on your right follow Terrace walk and take a left into the park, up to the car park and football pitches. Go into the hub and we'll be in the café on the left. Free parking onsite. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Thursday 24/09/26 1.30-3pm Kenneth More Theatre. Bring your own lunch, singing & dancing. Kenneth More Theatre, Oakfield Road, Ilford, IG1 1BT. **Pre booking essential, £5 pay on the day.** Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Monday 28/09/26 1.30-3.30pm Fullwell Cross Library, 140 High Street, Ilford IG6 2EA, in the big room on the left, access via front doors Fullwell Cross Library • Vision Redbridge Culture and Leisure (visionrcl.org.uk) **Cost £3 including tea / coffee. Bring your own art or craft project,** share skills with others, learn a new skill. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Tuesday 29/09/26 12-2 Lunch Greyhound Harvester, 900 High Road, Romford RM6 4HU. Free parking onsite, enter registration inside. **86** Bus from Romford / **86 / 364** Dag East. £10 chicken Tuesday via the Harvester app. email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

Wednesday 30/09/26 12-2pm Lunch and quiz Old Maypole, Fencepiece Road, Ilford, Greater London, IG6 2NG. **247 bus** stops outside.

Pay for what you eat and drink, free quiz, win a dessert each for your team. Meet new people. Email disdiamonds@ageukrbh.org.uk to book your place so we know who to contact in the event of cancellation / change

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