

## **Introduction**

Age UK Richmond Upon Thames offers a wide range of services for older people in the Borough, including Handyperson Services, Information and Advice, Nightingale Service and Wellbeing Services including our three Social Centres. All our services welcome the opportunity to include volunteers and to make the best use of their skills and commitment.

Our Accompanied Walks scheme is to help clients to see if they are steady on their feet and feel confident to go to places with a group or on their own.

## **Role Description & Main Duties:**

To offer clients three accompanied walks to try out and to gain confidence.

You will meet the client at their home with another volunteer and then go for a short walk.

Ideally, we like the walks to take place between 9am to 4pm Monday - Friday to ensure someone from Age UK Richmond is around to help you if needed.

After each walk one volunteer will need to feedback to the Befriending Co-ordinator.

## **Person Specification:**

- Sociable and a good sense of humour
- Patience
- Able to communicate and have empathy with older people and people with disabilities
- Reliability and trustworthiness
- A DBS check will be required

## **Normal hours and days of work:**

Flexible between 9am – 4pm Monday – Friday

## **If you are interested please contact:**

Natalee White, Volunteer Recruitment Co-ordinator

Age UK Richmond

The White House Community Centre

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Hampton

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