

## **Volunteer Role Description And Person Specification**

### **MAN WITH A PAN VOLUNTEER, ST MARGARETS**

**As one of the largest voluntary sector organisations in the borough working with older people, Age UK Richmond upon Thames offers a wide range of services including information and advice, practical help at home, plus exercise and social activities in our centres and around the borough. We welcome enthusiastic volunteers who want to share their skills and experience to support our work.**

#### **Role Description:**

Man With A Pan (MWAP) is a cooking club for retired men held at the ETNA Centre in St Margarets. At these sessions, the men prepare a 2-course meal which they sit down and eat together. While acquiring cooking skills is important, it is just as valuable for our clients to make friends, as we know older men are at greater risk of loneliness. Man With A Pan is led by a cooking tutor, but she needs support. The volunteer will help the tutor ensure the sessions run smoothly. Helping to create a friendly and welcoming atmosphere and finding time for a chat will be an important part of this role.

#### **Specific Responsibilities:**

- The tutor will delegate tasks to the men such as chopping or frying, she cannot be everywhere at once so please help her by reminding/encouraging the men to do their assigned job and helping where needed
- Take the register so we can keep records of which clients attend which session
- Help to tidy up and keep the kitchen clean and encourage the clients to wash up
- To participate in any training or meetings for the support and benefit of volunteers.

#### **Person Specification**

- This role will suit a practical “people person” who likes to spend time with older people
- Empathy with older people, and an understanding of the issues that affect them.
- Patient, easy going and friendly
- Confident in a kitchen environment
- The ability to work as part of a team.
- Reliability and trustworthiness.
- A DBS check will be required

#### **Normal hours and days:**

This role is once a month on a Thursday from 12 to 2pm. (Usually the last Thursday of the month - dates will be given well in advance).

#### **If you are interested, please contact:**

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