

Volunteer Role Description And Person Specification

MAN WITH A PAN VOLUNTEER TWICKENHAM

As one of the largest voluntary sector organisations in the borough working with older people, Age UK Richmond upon Thames offers a wide range of services including information and advice, practical help at home, plus exercise and social activities in our centres and around the borough. We welcome enthusiastic volunteers who want to share their skills and experience to support our work.

Role Description:

Man With A Pan is a cooking club for retired men at the Twickenham Wellbeing Centre. At these sessions, the men prepare a 2-course meal which they sit down and eat together. While acquiring cooking skills is important, it is just as valuable for our clients to make friends, as we know older men are at greater risk of loneliness. Man With A Pan is led by a cooking tutor, but with a large group attending, she needs support. The volunteer will help the tutor ensure the sessions run smoothly. Helping to create a friendly and welcoming atmosphere and finding time for a chat will be an important part of this role.

Specific Responsibilities:

- The tutor will delegate tasks to the men such as chopping or frying, she cannot be everywhere at once so please help her by reminding/encouraging the men to do their assigned job
- Take the register so we can keep records of which clients attend which session
- Clients pay a small contribution towards the ingredients, this needs to be collected in an envelope
- Help to tidy up and keep the kitchen clean and encourage the clients to wash up
- To participate in any training or meetings for the support and benefit of volunteers.

Person Specification

- This role will suit a practical “people person” who likes to spend time with older people
- Empathy with older people, and an understanding of the issues that affect them.
- Patient, easy going and friendly
- Basic numeracy
- Confident in a kitchen environment
- The ability to work as part of a team.
- Reliability and trustworthiness.
- A DBS check will be required

Normal hours and days:

This role is for Tuesdays from 12 to 2pm (school term time only with breaks over school holidays)

If you are interested, please contact:

Kay Bascombe, Volunteer Co-ordinator Tel: 020 3816 0029 Email: volunteering@ageukrichmond.org.uk

Age UK Richmond

The White House Community Centre

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