

## **Introduction**

As one of the largest voluntary sector organisations in the borough working with and for older people, Age UK Richmond upon Thames offers a wide range of services including information and advice, practical help around the home, educational, physical and social activities in our centres as well as in a variety of different venues across the borough. We welcome enthusiastic volunteers who want to share their skills and experience to volunteer with us.

## **Role Description**

Nightingale is a free short-term service for those leaving hospital or who have become unwell in the community. We are looking for volunteers to join our team to help particularly with bulky furniture moves. You must be interested in helping older people in the borough and be able to communicate with them in the appropriate manner.

## **Person Specification:**

- Fit and mobile enough to move heavy items of furniture
- Able to respond quickly to ad hoc requests for help and commit to the job once agreed to help
- Able to travel around the borough at short notice, own vehicle advantageous (expenses paid)
- Able to work with other volunteers and staff to complete the task, adhere to our confidentiality policy and undertake any manual handling training required.
- A DBS check will be required

## **Normal hours and days of work:**

Various

## **If you are interested please contact:**

Natalee White, Volunteer Recruitment Co-ordinator  
Age UK Richmond  
The White House Community Centre  
45 The Avenue  
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