

VOLUNTEERS NEWSLETTER ISSUE 12 — JANUARY 2019

“Only when we give joyfully, without hesitation or thought of gain,
can we truly know what love means.” ~ Leo Buscaglia

Not mentioning BREXIT!

As we look to the year ahead, we are embarking on some new and exciting projects.

The Nightingale service is trialling extended hours, there has already been an increase in demand. If you know someone who needs some support after a recent hospital stay, tell them about this service. They must be referred by a medical professional.

The Big Knit is in full swing, and we are about half way to our target of 5,000 tiny hats! If you are a keen knitter or know someone who is, why not knit a few tiny hats for us. Every hat raises 25p for Age UK Richmond.

Jackie Marie
Volunteer Co-ordinator, Age UK Richmond

Sign up to our weekly news bulletin and get the latest updates delivered directly to your inbox!

Email: info@ageukrichmond.org.uk

Keep your details up to date

Received this newsletter and no longer volunteer with us?

Received this newsletter by post but now have an email address?

New address / phone number /email address?

Congratulations Volunteers!

The past few months you have continued to amaze us with your support

2,852.75 hours donated

~ THANK YOU ~

THE SURVEY SAYS!

Thanks for participating in our Volunteer Satisfaction Survey. Here is what you have to say and what we are doing!

Age UK Richmond Volunteers...

find their roles rewarding

love the quarterly newsletter

enjoy the thank you event

feel supported by JM, staff and other volunteers

In addition you...

find the volunteer recruitment process excellent, enjoy interactions with clients and are happy with the experience and opportunities to refresh skills.

Almost EVERYONE said they would recommend volunteering at AUKR to friends and family!

You asked us...

...to be more visible at the Social Centre's - **Jackie will make an effort to visit the Social Centre's regularly.**

...for more encouragement/support from senior staff members - **we will participate in activities along side volunteers where possible, offering our support and appreciation, as well as opportunities for volunteers to share their views.**

...to promote the Social Centre's and their activities more widely - **our marketing team will continue to work with Centre Managers to raise awareness of what they do and all that is offered.**

Some of our longer standing volunteers have not had a formal induction - **the Social Centre volunteers will have a refresher at their team meetings, all other volunteers are invited to attend a new volunteer induction.**

Dates for your Diary

January

16th ~ Whitton Social Centre volunteers meeting

20th ~ World Religion Day

25th ~ BBC Radio 4's Question Time at The Exchange in Twickenham

28th ~ RSPB Big Garden Bird Watch

February

5th ~ Twickenham Wellbeing Centre volunteers meeting

7th ~ Safer Internet Day

13th ~ New volunteers Induction—all welcome!

14th ~ Valentines Day

17th ~ Random Acts of Kindness Day

March

1st ~ World Book Day

20th ~ Barnes Green Centre volunteers meeting

20th ~ Spring Equinox

29th ~ Brexit Day

31st ~ Mothering Sunday

31st ~ Daylight Savings

SAVE THE DATE

Volunteers Thank You event, June 4th 2019

Volunteering Opportunities

Our new **Community Fundraising Team**,

Jackie Marie, Stephanie Mackenzie

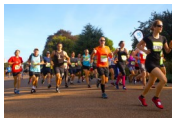
(Marketing Co-ordinator) and Bori Kiss (Digital Administrator)

are organising some special events in 2019. If you are interested in volunteering for a one off event please let us know and we'll contact you with more details:

Jackie: 020 8878 3451 or volunteering@ageukrichmond.org.uk



RUN FOR AGE UK RICHMOND



Saturday 14th and Sunday 15th September 2019

10K / HALF MARATHON / FULL MARATHON

Book your place here: richmondrunfest.realbuzz.com/console/participants/register/age-uk-richmond/



Did you know....



We are a registered charity with Amazon Smile.

We get a donation for every purchase. It's so easy, just sign in using your existing Amazon account, choose **Age UK Richmond upon Thames** as your charity and start shopping: smile.amazon.co.uk

Age UK Richmond news

New Volunteer Induction.. the next new volunteer induction takes place on Wednesday 13th February. If you would like a refresher on the work of Age UK Richmond, as well as an opportunity to meet some new volunteers, please come along (RSVP to Jackie).

Focus on Funding.. Co-op chose us as one of their three local causes last year. They raised £6,000 for Community Services through various activities, including in-store promotions for a three month period.

Raffle Tickets.. Don't forget to buy your Age UK Spring raffle tickets. They are £1 each and the top prize is £10,000 or a Fiat Panda. Tickets are available at our Social Centre's and our East Sheen office. If you can help sell, please pop in to the office and collect some tickets from Jackie.

ID Badges.. if you have an old ID badge with the 0845... telephone number, please provide Jackie with a photo (by email if possible) for a new ID badge.

Your questions, answered...

Who needs a DBS check?

DBS checks help us make safer recruitment decisions. Volunteers who work in a "regulated activity" are required to undergo a DBS check. Activities relating to adults and regarded as regulated involve: healthcare, personal care, social work and assistance with financial or personal affairs. The definition focuses on those activities which, should they be needed by an adult, mean that the adult is considered vulnerable at the point of receiving them.

Volunteer Views "We had a wonderful time at the Centre Christmas parties and are glad we were helpful. Everyone praised AUKR's excellent organisation and found the guests an absolute pleasure to be with." **Ebay Volunteer**

Contact us

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