

VOLUNTEERS NEWSLETTER ISSUE 4 — JULY 2017

Help one another; there's no time like the present and no present like time. ~ James Durst

It's Summer Time!

It looks as though Summer has finally arrived!

We had a wonderful afternoon at the American University in Richmond, celebrating you all and all that you do for us. Vicky McGrath's talk on the history of Old Palace Lane went down well, do visit the Museum of Richmond to learn more. What a treat to spend some time at the university and eat delicious cakes donated by Gail's and Artisan. We can't forget Santander, whose delightful volunteers helped for the day.

I hope you all enjoyed the day as much as I did. I hope to plan something equally as enjoyable for next year.

Jackie Marie

Volunteer Co-ordinator, Age UK Richmond

Sign up to our weekly news bulletin and get the latest updates delivered directly to your inbox!

Keep your details up to date

Received this newsletter and no longer volunteer with us?

Received this newsletter by post but now have an email address?

New address / phone number /email address?

Congratulations Volunteers!

The past few months you volunteered for an UNBELIEVABLE 3917.6 hours

That's a superb 326 hours a week!

~ THANK YOU ~

Getting to know.....Dr Jane Young

Our newest trustee joins us at a time when health care is changing for all and her expertise is invaluable. Here's her vision for AUKRuT....



You have been a trustee for a while, how are you finding the role?

I am slowly finding my feet but the organisation is large and varied and I think very successful. I find the staff meetings quite helpful to get a feel of things and meet the employees and volunteers.

As a retired GP, you have a unique insight in to the world of health. Has this helped with your role as a trustee for AUKR?

Of course, my role, I think is to become involved with Nightingale.

The Nightingale service seems a natural fit given your experience, but is there another aspect of the organisation with which you have a particular interest?

My interest is in health and patient support. I feel that people's wellbeing is core with keeping mobile and an active interest in hobbies and reading/television. In taking an interest in others' and hobbies, older people particularly who live alone are taken out of themselves. I think the organisation does a lot to achieve this.

Where do you see AUKR in the next few years?

We are told that people are currently living well into their 80's and even 90's in this borough in particular, so AUKR should have a plan for a bigger work load and increased costs. Again, I think diet and exercise and discouraging too much of a sedentary existence is important. The other objective of the organisation is fundraising. This is not an area I am familiar with as my last trusteeship was in an organisation that was endowed. This becomes more complex with pressures on the social service budget and the council conserving its funds and so the challenge for the future is to find other means of funding.

Have you had experience with other voluntary sector organisations?

I was a trustee of Hampton Fuel Allotment Charity for 13 years, this experience has lead to a keen interest in fuel poverty.

How do you like to spend your spare time? I have an interest in music, sing in a London choir and also attend an art group.

Dates for your Diary

~ Full of Life Fair 2017 will be on Friday 6th October. Look out for more details..

~ Also in October, Older Peoples Day and Silver Sunday

July

3rd to 9th ~ Hampton Court Flower Show

8th ~ Barnes Fair

8th ~ Pride in London

14th to 15th ~ The 50+ Show at Olympia

24th to 30th ~ National Parks Week

30th ~ World Friendship Day

August

8th ~ International Cat Day

12th ~ International Youth Day

12th ~ Twickenham Craft Fair

28th ~ Summer Bank Holiday

September

~ World Alzheimer's Month

5th ~ International Day of Charity

22nd ~ Autumn Equinox

Job Opportunities

Our gardening service is extremely busy and we are still looking for gardeners to join our team



For more details and to apply:

http://www.ageuk.org.uk/richmonduponthames/about-age-uk_richmond-upon-thames/job-opportunities/

And of course we have a number of volunteering opportunities..

If you or someone you know is interested contact Jackie.

Did you know....

- Our volunteers range in age from **11** to **94**!
- Our First Contact Helpline received **600** calls in the first 6 months of 2017 with **550** people being helped by our Welfare Benefits service.

Age UK Richmond news

NEW CEO.. Aiden Buckley, our new CEO has been in post since April. He is slowly settling in and is enjoying his new role. I am sure you will give him a warm welcome when you see him out and about! He went to our Man With A Pan session recently expecting to try some of the delicious food but instead found himself doing the washing up – Good to see him rolling up his sleeves!

Home Services.. Our rebranding has been a success! Help us spread the word across the WHOLE of Richmond borough. Our housekeepers, gardeners, handypeople and IT tutors are ready to help you, your family and friends. For more details call: **020 3326 9432** or email: homeservices@ageukrichmond.org.uk .



Funding.. We have recently been awarded £15,000 by **Hampton Fuel Allotment Charity**. This will support our Community Services in continuing to offer activities for men.

Barnes Green Social Centre has received £10,000 from **St Pauls Junior School**, whose children have been raising money by participating in a number of challenges, including climbing a mountain peak, playing the piano, helping boaters with the locks and even selling sweets in Japan!

Volunteer Annual Thank You Celebration.. Was a success this year despite the weather! We had some interesting speakers, delicious cakes and the venue was outstanding. I know a lot of you couldn't make it this year, but please fill in the survey I recently sent you as we would like to make it fun for everyone.

Staff update.. We have recently welcomed two new members of staff, Penny Grant who is our new Office Administrator and Toni Symonds, who is our new I & A Officer. We wish them both all the best in their roles!

Are you planning a special fundraising event for AUK RuT? Or have an idea? Let us know!

Volunteer Views

Your views matter. Join in the debate on Twitter, follow us on Facebook and send us your feedback



Contact us

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