

VOLUNTEERS NEWSLETTER ISSUE 9 — JULY 2018

“We are all MAD— Making A Difference.” ~ Author Unknown

#youDOmakeadifference

It's HOT HOT HOT!

Well, summer is definitely upon us! Don't forget to check on your vulnerable family members and neighbours (including pets). Make sure they are drinking plenty of water.

We have had an eventful few months culminating in our Volunteer Appreciation Fair, more about that below.

Our Interim CEO, Lin Gillians, has hit the ground running and will soon be recruiting our permanent CEO.

The gardening service has gone bonkers! Please be patient if you need an appointment.

Jackie Marie
Volunteer Co-ordinator, Age UK Richmond

Sign up to our weekly news bulletin and get the latest updates delivered directly to your inbox.

Email: info@ageukrichmond.org.uk

Keep your details up to date

Received this newsletter and no longer volunteer with us?

Received this newsletter by post but now have an email address?

New address / phone number /email address?

Email Jackie on:

Jackie.marie@ageukrichmond.org.uk

Congratulations Volunteers!

You continue to astound us with your dedication, 3913.25 hours volunteered in the last few months.

That's over 326 hours every week!

~ THANK YOU ~

Volunteer Appreciation Fair 2018



What an afternoon it was!

Our special guest, Alex Griffin, had everyone in tears with her speech sharing the impact volunteers have had on her life. “Yes, you, our volunteers do make a difference!” she stated.

The local community supported us with donations of flowers, massages and an endless supply of cakes!

The room looked amazing.

The staff relished the opportunity to share what their services are all about and the volunteers enjoyed the opportunity to meet other volunteers, chat to staff and relax.

And did I mention the cakes...



Dates for your Diary

~ Wednesdays, Free bus to Isabella Plantation

July

3rd ~ International Plastic Bag Free Day

13th ~ Pagoda opening at Kew Gardens

14th ~ Barnes Fair

17th ~ World Day of International Justice

18th ~ Kneller Hall Concert in the Park

19th ~ Open Day at RACC

August

3rd ~ International Beer Day

9th ~ Book Lovers' Day

19th ~ International Humanitarian Day

27th ~ Summer Bank Holiday

31st ~ Bat Walk along the River Crane

September

~ New Volunteer Induction, date TBC

~ Healthy Aging Month

5th ~ International Day of Charity

15th ~ Cycle to Work Day

21st ~ World Alzheimer's Day

28th ~ Good Neighbour Day

Volunteering Opportunities

We would like to recruit two Trustees to join our board. We welcome individuals from all areas, but have a particular gap in Twickenham and/or Whitton.

If you or someone you know is interested in finding out more, including what skills are required, please get in touch with Jackie:

(t) 020 8878 3451 (e) volunteering@ageukrichmond.org.uk



Social and Wellbeing Centres

Our busy Social and Wellbeing Centres at Whitton, Twickenham and Barnes offer around 70 weekly activities. Try something new!

For more information 020 8878 3625
www.ageukrichmond.org.uk



Did you know....

- it is only £23 for annual membership to Whitton Social Centre.
- they are open two days (Tues and Fri), but are jam packed with exercise, games, crafts, massage/reiki and many other activities.

Age UK Richmond news

Staff update... We welcome Alex Imrie who has joined our team in a temporary role with our Nightingale Service.

Funding update... We have recently been awarded £70,000 from Hampton Fuel Allotment Charity towards our services. We are grateful for their continued support of AUKR, as well as other charities in their area of benefit.

AUKR reduces plastic use... In an effort to do our part, we are taking steps to reduce our organisational plastic consumption. We are no longer using plastic cups in our social centres, as well as recycling all plastic at our office in East Sheen. You will all have received an AUKR water bottle as a thank you for volunteering (if you haven't received yours yet, please ask your line manager or Jackie), please use it as much as possible. The bottles will soon be available to purchase at our social centres so please tell everyone!

Richmond CVS Volunteer Recruitment Fair... We thank RCVS for allowing us to take part in this wonderful community event again. As a result of lots of interest in our organisation, we are now in the process of recruiting some new volunteers who will join our team this summer.

Are you planning a special fundraising event for AUK RuT? Or have an idea? Let us know!

Your questions, answered...

Are volunteers insured outside of AUKR working hours?

As long as you are volunteering on behalf of AUKR and it has been pre-arranged, you are covered. Don't forget to call in to your line manager at the end to let them know you are OK.

Staff Views "Hospital staff report that they are always pleased when dealing with a Richmond resident who needs help with a managed discharge. They know that the Nightingale service will respond quickly and we are flexible in the support we offer. YOU, the volunteers ARE the HEART of Nightingale. We want you to know how AMAZING YOU ARE and how HIGHLY WE VALUE the time you generously donate " **Helen Monteiro, Nightingale Service Manager**

Contact us

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