

## VOLUNTEERS NEWSLETTER ISSUE 14 — JULY 2019

“Often we set out to make a difference in the lives of others only to discover we have made a difference in our own.” ~ Ellie Braun-Haley

### THANK YOU VOLUNTEERS !

#### Summer Summer Summer Time!

As always during these hot summer months, don't forget to check on your vulnerable family members and neighbours (including pets). Make sure they are drinking plenty of water.

The last few months have been busy for us all and I hope you are all taking a much needed holiday during the slightly more quiet upcoming month.

As usual at this time of year our gardening service is super busy! Your patience if you need an appointment is greatly appreciated!

Jackie Marie  
Volunteer Co-ordinator, Age UK Richmond

Sign up to our weekly news bulletin and get the latest updates delivered directly to your inbox.

#### Keep your details up to date

Received this newsletter and no longer volunteer with us?

Received this newsletter by post but now have an email address?

New address / phone number /email address?

Email Jackie on:

[Jackie.marie@ageukrichmond.org.uk](mailto:Jackie.marie@ageukrichmond.org.uk)

#### Congratulations Volunteers!

You are the back bone of our organisation, you've donated 3225.5 hours this quarter.

That's over 265 hours every week!

~ THANK YOU ~

### engAGE Music Festival 2019



Photography by Sam Adshead @ ijloudphotography

What an afternoon it was!

And we could not have done it without all our volunteers. We are very lucky to have volunteers of all ages supporting us and this event brought you all together, with our youngest volunteers being just 13!

We raised a whopping £6,000—watch this space for how it will help our organisation continue the work we do, supporting the needs of older people across the whole of Richmond Borough...

However, it's not all about the money. We have successfully raised awareness of our organisation amongst groups who do not usually engage with us and built relationships with over 35 local businesses and organisations.



## Dates for your Diary

August

- 4th** ~ Poetry at The Adelaide in Teddington
- 12th** ~ International Youth Day
- 14th** ~ 'A Night At The Cinema' Reminiscence Roadshow at TWC, call 020 8538 9254 to book
- 24th** ~ Richmond Riverside Music Festival
- 26th** ~ Summer Bank Holiday

September

- 5th** ~ New Volunteer Induction
- 6th** ~ Waxing lyrical: the joy of medieval and early modern seals at The National Archives
- 14th** ~ Richmond Run Fest, Kew 10K
- 15th** ~ Richmond Run Fest, marathons
- 17th** ~ Darts Tournament at Whitton Social Centre
- 21st** ~ International Day of Peace
- 22nd** ~ Autumn Equinox - First Day of Autumn
- 29th** ~ Regatta LONDON

## Volunteering Opportunities

We have a number of roles to fill including, Welfare Benefits Visiting Volunteer, Handyperson Service Administrative Volunteer, Community Allotment Volunteer Gardener

If you or someone you know is interested in finding out more, including what skills are required, please get in touch with Jackie:

(t) 020 8878 3451 (e) [volunteering@ageukrichmond.org.uk](mailto:volunteering@ageukrichmond.org.uk)



### Advice Extra

Do you have issues or concerns that can't be dealt with in a single phone call? Our expert advisors can help.

Get in touch on **020 8878 3546** or [advice@ageukrichmond.org.uk](mailto:advice@ageukrichmond.org.uk)



### Did you know....

Our housekeepers deliver about 700 hours of cleaning and other tasks per month. If you are detail orientated, friendly and looking for a rewarding paid role, get in touch: [housekeepingservice@ageukrichmond.org.uk](mailto:housekeepingservice@ageukrichmond.org.uk) or 020 8878 3569

## Age UK Richmond news

**Funding update...** We are delighted to have the continued support of Hampton Fuel Allotments Charity who awarded us £70,000 towards our Information & Advice, Handyperson and Community Services. Barnes Workhouse Fund are supporting the work we do in Barnes and Sheen again, with a £15,000 grant. And we've received £6,000 from L&Q for supporting isolated older people in the borough, as well as a recent donation of £6K from the Co-op staff fundraising scheme.

**Community Fundraising...** There are a couple of challenge events coming up in September. We have a team of 10 runners participating in the Richmond Run Fest on September 14th and 15th, as well as a team from Nikon. Check our website and social media platforms for how you can support them. At the end of September, we have partnered with a local rowing club, Tideway Scullers School (TSS) and will have two boats rowing a 12 mile route from Hammersmith to Greenwich in the first ever Regatta LDN. Again, please support them as it is a great (river) community event and we will share the monies raised benefitting two fantastic organisations, reaching people of all ages.

**CILS update...** We will be leading a partnership of 21 local charities from the 1<sup>st</sup> November, as part of the Community Independent Living Service - a contract funded by the council. Our partnership will not only cover older people and dementia, but also mental health, disabilities and general wellbeing. Our partners include all eight Neighbourhood Care Groups (such as FiSH and Hands), Richmond Mind, Elleray Hall, Ruils and INS. This may mean opportunities for volunteering in different roles and with different groups.

**Richmond CVS Volunteer Recruitment Fair...** It was a pleasure to once again have a stall at the Richmond CVS Volunteers Fair. There was lots of interest in Age UK Richmond and we are in the process of recruiting some wonderful new volunteers.

### Your questions, answered...

#### Are volunteers automatically members of our social centres?

As a volunteer you are very welcome to pay to participate in any of our activities and become a member of one or all of our social centres, as long as you meet the age and geographical requirements. We cannot offer free membership to our volunteers as this would be considered payment for services.

**Client Views** "Greatly appreciate the way these lovely, knowledgeable people give up their time to help, with patience and humility" **IT client on Age UK Richmond IT volunteers**

## Contact us

Age UK Richmond upon Thames  
Suite 301, 3rd Floor, Parkway House, Sheen Lane  
East Sheen, London SW14 8LS  
(t) 020 8878 3625 (e) [info@ageukrichmond.org.uk](mailto:info@ageukrichmond.org.uk)

Jackie (t) 020 8878 3451 (e) [jackie.marie@ageukrichmond.org.uk](mailto:jackie.marie@ageukrichmond.org.uk) or [volunteering@ageukrichmond.org.uk](mailto:volunteering@ageukrichmond.org.uk)

