

VOLUNTEERS NEWSLETTER ISSUE 10 — OCTOBER 2018

“The gift of time is priceless.” ~ Author Unknown



AUTUMN 2018

The 1st - 7th of October marks Older Peoples' Week, culminating in Silver Sunday—a day of events engaging older people in the community. Look out for events near you and remember to share with older family members and neighbours.

Join us at the Cabbage Patch in Twickenham on Wednesday 10th October for a special concert featuring among others, our very own 'Patch Ukulele Band'. Tickets are just £10 (plus £1 booking fee) and all funds raised support the work of Age UK Richmond. Check our website for more details and how to book.

Jackie Marie

Volunteer Co-ordinator, Age UK Richmond

Sign up to our weekly news bulletin and get the latest updates delivered directly to your inbox.

Email: info@ageukrichmond.org.uk

Keep your details up to date

Received this newsletter and no longer volunteer with us?

Received this newsletter by post but now have an email address?

New address / phone number /email address?

Email Jackie on:

Jackie.marie@ageukrichmond.org.uk

Congratulations Volunteers!

We continue to be amazed by how many hours you donate, 3406 hours these last few months.

That's 284 hours each week.

~ THANK YOU ~

Spotlight on Services... I & A



Vera Barnes-Wells leads a team of staff and volunteers to deliver the First Contact Helpline and Welfare Benefits Services, as well as our Scams Prevention and Support Service.

These services are invaluable to older people in the community.

The First Contact Helpline is a first port of call, providing information and advice from AUKR services and signposting to other agencies. Toni is a dedicated staff member with a wealth of information and knowledge of the local borough. She can help with a range of topics including social care, income and home.

Welfare Benefits help clients across the borough claim their pensions, attendance allowance and other benefits they often don't realise they are entitled to. Vera, Chris and Bridget help our clients claim about £968,000 a year in benefits which would otherwise go unclaimed. In addition, they can also help with applying for grants for essential items, such as fuel and white goods.

Scam Prevention & Support, our newest service offers support to clients who have been a victim of scams and aims to educate older people across the borough on the various types of scams including phone, in person, doorstep and online. This service is delivered in a number of ways, including home visits and awareness raising events. Our most recent event was attended by about 100 people and was recorded for BBC Radio 5, Adrian Goldberg.

You can listen here: <https://www.bbc.co.uk/programmes/m0000g5n>

We are now looking for a new team member to take on the role of Case Worker. This will enable the service to support our clients who have more complex needs. For more details and to apply check our website.

Dates for your Diary



October

- 1st ~ International Day of Older Persons
- 2nd ~ **New Volunteer Induction**
- 5th ~ SMILE, it's World Smile Day
- 16th ~ Barnes Café Bridge Drive
- 26th ~ Full Of Life Fair
- 30th ~ British Summer Time Ends (**turn back your clocks**)
- 31st ~ Halloween

November

- 5th ~ Guy Fawkes Day
- 10th ~ Remembrance Sunday
- 13th ~ World Kindness Day
- 15th ~ **Age UK Richmond AGM**

December

- 14th ~ BGC Christmas Party
- 14th ~ WSC Christmas Party
- 17th ~ Free Masons Christmas Party
- 20th ~ TWC Christmas Party
- 21st ~ Ugly Sweater Day
- 25th ~ Christmas Day

Volunteering Opportunities

Our community allotment in Teddington is firmly established now and we could do with an extra hand.

If you are a keen gardener and don't mind rolling your sleeves up, please get in touch with Jackie:

(t) 020 8878 3451 (e) volunteering@ageukrichmond.org.uk



Ukulele Festival Fundraiser 10th October

Dance the night away with us at the Patchworks Bar, The Cabbage Patch, Twickenham! Doors open at 7pm, Tickets £10 each (plus £1 booking fee), purchase online:

<https://www.wegottickets.com/event/446915>

See website for more details: www.ageukrichmond.org.uk

ALL FUNDS RAISED WILL SUPPORT AGE UK RICHMOND HELPING OLDER PEOPLE LOCALLY



Did you know....

Our Twickenham Wellbeing Centre has launched 2 new classes recently, Line Dancing and a Strength & Balance class. Please check the website or contact the centre directly for more details on:

020 8538 9254

Age UK Richmond news

Staff update... We said goodbye to Gill Wilson, who has been with us for over 5 years leading our IT services. Good Luck Gill.

Congratulations to Carol Horne, who is now Community Services Co-ordinator. She is taking responsibility for IT, the Book Group and other Community Services activities.

Funding update... RPLC continues to support our work with an annual grant of £32,200 and, in addition, funding for research into barriers to over 50's accessing Age UK Richmond services.

CEO update... Rob Burton will be joining us as CEO on Monday 15th October. As the current Deputy CEO at DASH disability charity, he comes with lots of experience and already has ties to Age UK as a result of a partnership with Age UK Hillingdon. Welcome Rob! This means we will be saying goodbye to our Interim CEO Lin, who stepped in to manage the charity over the last few months. Thank you Lin and we wish you well.

Age UK Richmond AGM... Takes place on Thursday 15th November from 2pm at the Barnes Green Centre. Do come along if you can. This is an opportunity to hear what our Trustee's have to say and to ask them any questions.

Are you planning a special fundraising event for AUK RuT? Or have an idea? Let us know!

Your questions, answered...

Have you lost your ID badge?

If you lose your ID badge, please inform us straight away. Sometimes we can get them back if they have been lost at your place of volunteering. Unfortunately, if we have to replace your badge it is at your cost (£5).

Client Views "The past years of friendship, companionship etc, have helped me face life again after losing my husband." **Anonymous**

Contact us

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