

Furniture moving and key safe fitting volunteers required

We are looking for volunteers who are available to assist in this role on an <u>ongoing basis</u> - this is a not a short-term volunteering opportunity to provide help in the current situation with Covid-19.

We are looking for volunteers who would like to provide practical support to help with moving furniture and fitting key safes as part of vital support being provided to older people in Richmond through our Nightingale Service. The Nightingale Service provides support to people over the age of 65 living in Richmond Borough on their return home from hospital.

The type of support our team offers depends on the person's specific needs but can include shopping, help around the home with housework or a handyperson job, assistance with managing money, such as welfare benefit checks and applying for grants for essential item and assistance with arranging appointments and travel. We also provide information and advice to ensure the individual is given as many opportunities to improve the quality of their life and help keep them out of hospital.

Volunteers are required who can assist with moving furniture at the homes of clients being discharged from hospital. This will involve moving furniture to accommodate a hospital bed and/or helping to move beds and furniture to another part of the home. Furniture moving volunteers will be part of a team of two or more and the furniture moves are usually carried out before the client has returned home.

Volunteers may also be involved in fitting key safes outside the homes of clients who are coming home from hospital. Full training will be provided.

This is a very practical role and we are looking for volunteers who are very reliable. Volunteers need to be 18+ and an enhanced DBS check will be required. We are looking for volunteers who can ideally commit to helping on at least a weekly basis, and the ability to be flexible with times is very desirable.

As this role involves lifting and carrying, volunteers will in this role need to be physically fit and manual handling training will be provided. We follow most recent government guidelines in relation to our processes to enable staff and volunteers to undertake work safely in response to Covid-19.

If you are interested in applying for this volunteer role or would like further information please email volunteering @ageukrichmond.org.uk