

### **Introduction**

As one of the largest voluntary sector organisations in the borough working with and for older people, Age UK Richmond upon Thames offers a wide range of services including information and advice, practical help around the home, educational, physical and social activities in our centres as well as in a variety of different venues across the borough. We welcome enthusiastic volunteers who want to share their skills and experience to volunteer with us.

### **Role Description & Main Duties:**

We are looking for volunteers who are keen gardeners to coordinate a small team of our clients, who will be planting and then maintaining our allotment in Teddington on an ongoing basis. This role will be best suited to a patient person who does not mind rolling their sleeves up and getting stuck in!

### **Specific Responsibilities:**

- To make a regular commitment to be at the allotment on specified mornings each week
- To be responsible for opening up the allotment (with the provided key), taking a register of attendees and closing up after the session
- To coordinate/assist AUKR clients as they undertake basic gardening in a group setting
- To liaise and agree with the clients what work needs to be carried out
- To be responsible for leaving the allotment clean and tidy, including bagging up waste if necessary
- To be aware of and implement relevant health and safety issues relating to gardening
- To attend any further training as may be required
- To participate in meetings for the support and benefit of volunteers

### **Person Specification:**

- An interest in and experience of basic gardening tasks and good general fitness
- Patience and a good teaching manner
- The ability to work within a group setting as part of a team
- Able to communicate and have empathy with older people and people with disabilities and to be sensitive to the needs and wishes of an older person client group
- A sense of humour!
- Liking for and empathy with older people
- Reliability and trustworthiness
- A DBS check will be required

### **Normal hours and days of work:**

This role is for a 2 hour session on Monday and/or Thursday mornings.

### **If you are interested please contact:**

Natalee White, Volunteer Recruitment Co-ordinator  
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