

Whitton Social Centre

111A Kneller Road, Whitton TW2 7DT

020 8894 4963

2023 annual membership is £23 single and £40 for a couple. Membership covers entrance to the Centre and access to some activities & snack bar. We are unable to provide transport and our staff are not trained to provide personal care. The activities marked with a * don't require a membership.

Please note: There are no activities at this Social Centre on Mondays, Wednesdays and Thursdays

Day	Activity	Time	Description	Cost
Tuesday	Exercise Class	9.30am - 10.30am	Rhythmic continuous movements which exercise large muscle groups, improving endurance and cardiovascular health. All fitness levels welcome, including sitting down.	£5
	Coffee Morning	10.30 - 11.30 am	Come and enjoy a cup of coffee / tea and make new friends.	£1
	Chiropody *	by appointment only	The practice of studying & treating disorders of the foot & lower leg; designed to keep us up & running with optimum mobility & comfort.	Cost varies or £30 for members of Social Centres
	Ear Clinic *	by appointment only	Blocked Ear? It could just be wax. 30 minute ear & hearing health check-up. Ear wax removed.	£15 plus cost of treatment. (Only if required)
	Games Afternoon	2.00pm - 4.00pm	Alternative Tuesday Afternoons. All levels welcome to Bowls, Darts, Snooker, ect.	£1
	Information Afternoons	2.00pm - 4.00pm	Alternative Tuesday Afternoons. A varied program to share information and improve skills.	Activities individually charged
Friday	Art & Craft Group	9.30am - 12noon	A social free and easy group for all abilities (Members bring their own equipment).	£1
	Coffee Morning	10.30 am - 12noon	Sociable get together.	£1
	Fish and Chip Lunch	12pm - 2pm	Brought in from Regan's Fish Bar.	Purchase price + £1
	Table Tennis	2.00pm -4.00pm	Alternate Friday afternoons. All levels welcome.	£2.00 Tea / Coffee included
	Social Afternoons *	2.00pm - 4.00pm	Special Events e.g. Beetle Drive, Quiz, Cream Teas and other cultural celebrations.	Activities individually charged

Last updated April 2023

Table Tennis Dates	Card Making Workshops
21-Apr-23	12-May-23
05-May-23	09-Jun-23
19-May-23	07-Jul-23
02-Jun-23	
16-Jun-23	

For Connect to Tech Digital Skills Sessions - Please book appointments directly with Carol or Ebru on 020 87441965.