

LIFE IN Salford



Spirit of Salford
COMMUNITY
Awards 2019
www.spiritofsalfordawards.info
who is your #SalfordHero

Vote
for your
#SalfordHero
by **Monday 3**
December.
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Welcome

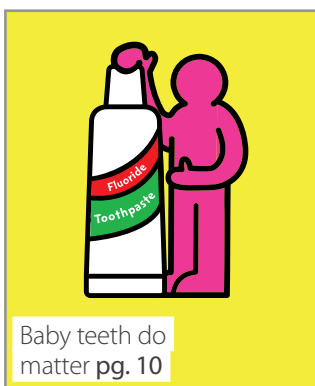
to LIFE IN Salford. In this issue we're showcasing local information, activities, news and advice from across the whole of Salford, including a special section with news and activities from the local community.

We hope you enjoy reading LIFE IN Salford and we'd love to hear what you think about the magazine or any ideas you have for future content. Email lettersinlife@salford.gov.uk

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Cover image:

Mustard Tree volunteers in action. Who's your community hero?

LIFE is managed by an editorial board made up of members of the partners, and is administered and designed by Salford City Council's Communications Team. This edition will be distributed week commencing 19 November 2018. Printing: Cliffe Enterprise Ltd. Distributed to more than 122,000 households by Royal Mail and other agencies. Contact: Salford Civic Centre, Swinton, Salford, M27 5FJ.

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Salford City Council's offices will be closed from Tuesday 25 December to Tuesday 1 January inclusive. Thank you.

An electronic copy is available on www.salford.gov.uk/life

All enquiries including large print versions of this magazine – email lettersinlife@salford.gov.uk

This magazine is funded and produced by:





How have we been doing?

I can't believe the festive period is about to start, time has passed so quickly.

When I was elected I said I would make Salford better and fairer for all and this work is continuing.

Our investments in Greengate and New Bailey are bringing in commercial income for the City Council. In the first year of opening, our lease on New Bailey raised £2.2m for council coffers. Greengate will be opening soon and will further solidify our commercial revenue stream, supporting jobs and services in our council. In the past two years Salford's economy grew by almost £230 million, almost 900 more businesses were added to the city's business base and 1,200 extra jobs were created.

One initiative I am proud of is a competitively priced funeral package that aims to wipe out 'Funeral Poverty'. These funerals are £1,500 cheaper than the national average and available for somebody who has died and was a resident in Salford. The services look no different to one you would buy anywhere else.

Since our Carbon Management Programme started in 2009 we have saved over £1.9 million and 14,000 tonnes of CO2 through improved energy efficiency in our buildings. We have also installed over 100 solar panels on the Civic Centre roof – generating £14,000 income a year, saving £286,000 over 20 years.

The Government seems to be making a real hash of the Universal Credit rollout and I have grave concerns about it. The policy is very complicated and seems to be pushing even more people into poverty, something we are fighting against here in Salford. If you are affected please be aware of your rights and the implications this new policy has on you. To help we have a dedicated webpage that explains things in more detail and provides useful contact details for support. See more at www.salford.gov.uk/universalcredit.

We are petitioning the government on the way the Dedicated Schools Grant can be used as government changes mean we can no longer afford the running costs of our five outstanding nurseries. We have given our commitment to keep them open until September 2019 but they cost £3million each year to run and the council only receives £1.5million in income from charges.

And construction has started on eight truly affordable homes in Duchy. The council's new housing company, Dérive, bought these off plan with Section 106 money from developers and funds from the council. Work behind the scenes is coming together and will announce more plans very soon.

**City Mayor,
Paul Dennett**

Who is your Salford hero?

Spirit of Salford
COMMUNITY
 Awards 2019

From great neighbours to community champions, from outstanding young people to exceptional public sector staff – who is your Salford hero?

That's what our Spirit of Salford community awards is trying to find out so we can reward the people and groups in our city that make it great.

Nominations close on **Monday 3 December** so don't miss your chance to say a big Salford thank you to our unsung heroes and see them get the recognition they deserve! The winners will be announced at a celebration event on 14 March next year at the AJ Bell Stadium. Nominate them at www.spiritofsalfordawards.info

There are three overall awards:

- **Citizen of the year** – to recognise a truly inspirational Salford person who has made an outstanding contribution to making the city a better place to live, work or visit.
- **Community group of the year** – to celebrate a local group that has made the most outstanding contribution to making Salford a better place to live, work or visit.
- **Public servant of the year** – to recognise an exceptional front line public sector worker who puts the people of Salford first.

And seven individual awards:

- **Young person of the year** – for an exceptional young person who has achieved great things either academically or personally in the last year.
- **Volunteer of the year** – to celebrate a Salford resident whose volunteering has had a tremendous impact in the city.
- **Good neighbour of the year** – to recognise a person who goes out of their way to help and support their neighbours.

- **Best health achievement** – to recognise a determined individual or group who are doing great things to improve health and wellbeing in Salford.
- **Best environmental improvement** – to recognise an individual or group making a lasting contribution to making Salford cleaner and greener.
- **Best community safety project** – to recognise an individual or group working tirelessly to make Salford a safer place to live.
- **Best age friendly project** - to recognise an individual or group that has done the most to make Salford a better place for older people to live.

Working with Salford City Council on the awards are: Salix Homes and City West housing associations, NHS Salford Clinical Commissioning Group, Greater Manchester Police, Bupa, Ladybird Private Day nurseries, Salford City College, Salford CVS, University of Salford and Salford Royal NHS Foundation Trust.





Bin men turn Santa for kids Christmas collection

Big hearted bin men are asking Salford residents to donate a gift to children who might otherwise go without this Christmas. They're aiming to collect donations for local charities during their normal bin round.

The idea came from refuse collector Sam Barry, who is also the Unison convenor. Union reps from Unite and GMB and managers from Salford City Council have given it their backing. The three unions will sponsor red high visibility jackets and Santa hats for the crews to wear during the week of the collection.

City Mayor Paul Dennett said: "It's a lovely idea and the council is delighted to support it to make sure Salford children in need really get a Christmas to remember.

"Gifts don't have to cost a lot. We would ask though, for the children's sake and safety, that all donated items are brand new."

Sam added: "A lot of families are struggling in Salford with benefit changes, low wages and rising prices and the more I thought about it, the more I didn't want children to miss out.

"It could make it an incredible Christmas for families who would otherwise go without."

Among the local charities which will benefit are Salford Women's Aid which helps victims of domestic abuse and Wood Street Mission which has provided toys for children and support for struggling families in Salford and Manchester since 1869.

How can you help?

Our appeal runs from Monday 3 December to Friday 7 December.

We're asking for brand new, unwrapped gifts suitable for a child aged 0 to 16. It could be a toy, selection box, toiletries or small item of clothing but for the children's sake and safety it must be new.

Please put it in a waterproof bag marked Salford's Santa Appeal and either leave it out with any bin being collected that week or your food caddy. Or you can hand it to the bin crew.

Gifts can also be dropped off at Turnpike House on Eccles Old Road, Salford Civic Centre, Chorley Road or Salford City UNISON's branch office, 443-445 Chorley Road, Swinton, M27 9LQ between 9am to 5pm, Monday to Friday.

Christmas bin collection

Don't forget to recycle your wrapping paper, tinfoil, bottles and left over food.

Bins will be collected as normal on **Thursday 27 December, Friday 28 December and Monday 31 December.**



Stay warm, well and safe this winter

Stay warm

From tips to save money on your bills to getting new central heating or a new boiler, the Warm Salford Campaign can help – and you can refer family and friends if you think they might benefit.

If you're living without central heating or relying on oil fired radiators, night storage heaters or electric heaters, you might qualify for brand new central heating. It's open to tenants, with their landlord's permission, as well as home owners and is a Greater Manchester wide scheme. It's first come, first served – so why not check if you qualify?

Warm Salford also has details of other grants and services to help you replace or improve your heating.

Check out the details at www.salford.gov.uk/warmsalford or call Salford City Council on 0161 793 2264.

Helping Hands can help with installing better insulation and minor repairs and the service is for everyone, homeowner or tenant. If you're on certain benefits they will even carry out work for free, including costs of materials.

Take a look at www.helpinghandssalford.co.uk or call 0161 793 9419.

Don't forget – gas appliances should be checked every year by a Gas Safe registered engineer. Find a Gas Safe engineer by calling 0800 408 5500.

Tips for staying warm:

- Keep your home warm, at least 18°C (65°F).
- Wear warm clothing even indoors. Several thin layers work better than thick layers and a hat will stop a lot of heat loss. Put your feet up for extra warmth too.
- Draw your curtains at dusk and close your doors to stop draughts and keep heat in.
- Keep warm by eating regular hot meals including carbohydrates such as oats, potatoes, pasta, rice or bread.

Stay safe in bad weather

Please look out for people who may need help during bad weather.

Vulnerable neighbours may not want to go out so check if they're okay and if they need any help.

Salford City Council will team up with the police, fire service, Helping Hands minor repair service and Age UK Salford to help vulnerable residents in bad weather.

For rough sleepers the Bed Every Night scheme runs until March offering food, showers and long-term support. Salford City Council's outreach team will also offer support to anyone who needs it.

If you spot a rough sleeper please call **0161 607 1620** or text **07773 591 050**, Monday to Friday 08:30am to 4:30pm or **0161 794 8888** outside office hours.

For more information on A Bed Every Night please see <https://bedeverynight.co.uk>

Salford City Council

SAVE MONEY AND MAKE YOUR HOME WARMER

Grants, discounts, free energy checks and advice,
help to switch suppliers... cut your bills this winter
www.salford.gov.uk/warmsalford or call 0161 793 2264

Can you help us to help you this winter?

It's the time of year when thoughts turn to Christmas – what presents to buy, where to eat Christmas dinner and how to fit in the many family visits. But what can often be forgotten amongst the festivities is the importance of preparing to keep yourself and your family well this winter.

Winter conditions can be seriously bad for our health, especially for people aged 65 or older and people with long-term conditions. The cold and damp weather, ice, snow and high winds can all aggravate any existing health problems and make us more vulnerable to illnesses that are more common in winter.

But there are lots of things you can do to stay well this winter, such as...



Do not go to A&E unless it is a life-threatening emergency

If you struggle to attend appointments during the day, you can get an appointment with a Salford GP until 8.15pm on a weekday and between 9.30am and 12.30pm at the weekend. Contact your own Salford GP practice as normal to book an appointment which will be at:

- Swinton Gateway
- Eccles Gateway
- Newbury Place Health Centre
- Pendleton Gateway
- Walkden Gateway

Don't forget GP and pharmacies will have shorter opening hours or may be closed on Christmas Day, Boxing Day and New Year's Day. More information will be available via www.salfordccg.nhs.uk

Get your flu jab

If your GP has offered you a free flu vaccination, please take it up as soon as you can.

It's for anyone over 65, anyone living with a long-term health condition, people in care or nursing homes, carers and pregnant women. Most Salford pharmacies can give the jab or see your GP.

Children get a nasal spray and those aged two to three can be vaccinated by their GP; children aged four to eight will be offered it in school.

If you do start to feel unwell or an illness is getting worse, visit a pharmacist or GP. If you are unsure what to do see the NHS website www.nhs.uk which has really useful tips or call NHS 111 for fast medical advice.





Aldi boost to stadium investment

A new Aldi store, creating up to 50 jobs, will boost development close to the AJ Bell Stadium.

Aldi has applied for planning permission for the store off Stadium Way to bring two acres of derelict land back into use. It will also boost the city's economy as Aldi uses local and British suppliers as far as possible.

City Mayor Paul Dennett said: "The AJ Bell Stadium was built as a catalyst to kick start the regeneration of this area and bring new jobs, opportunities and extra business into Salford."

We've already seen national pub chain Greene King open on site and significant spending on improving the road and the new bridge across the Manchester Ship Canal.

"Further along the road Port Salford is taking shape which will bring 154,000sq.m of distribution warehousing, a new rail link and shipping wharf as well as thousands of jobs.

"Aldi see huge potential here and our long-term plan is to see this area providing jobs, training and opportunities to local residents."

New homes for former truck site

Affordable homes will drive the regeneration of an industrial site in Walkden.

Eaton's, which made truck parts, closed in 2006 after its American parent company moved production to Poland.

Extensive marketing failed to find a business buyer and now the former factory site and two other industrial sites alongside are to be redeveloped for housing. Commercial buildings on Southern Street are not included.

Thirty two of the 302 new two and three bedroom homes will be available for shared ownership and 20 for affordable or social rent by Great Places housing association. Another 148 will be offered for private rent and the remaining 102 sold on the open market.

Wheels in motion for free bus to Salford Central station



Manchester's free, city centre bus service has been extended to Salford Central station during the morning and afternoon rush hours.

'Free bus' will replace the existing Manchester Metroshuttle service and will be operated by First Manchester.

The new service will continue to run every 10 minutes but running times have been extended to 10pm Monday to Saturday. The free bus service is designed to get people from stations and stops to theatres and shops, ease congestion and reduce air pollution.

See more at www.tfgm.com/public-transport/bus/free-bus



Volunteers Debbie, Ned and Sean helping with the brickwork

RHS Garden Bridgewater on track for 2020

Restoring the 11 acre walled garden, one of the largest in the UK, is well under way.

By the time it's finished, 100,000 bricks will have been taken out and 75,000 of them cleaned, salvaged and replaced. Around 40% of the walls need repointing and local volunteers and young people have helped building conservation specialists Maysand.

Restoring the historic lake is another huge job. Earlier this year fish were rehomed with Broughton Anglers Club while frogs, common newts and water insects were moved to a new wildlife pond built by RHS staff. The lake is being de-silted before being restored and replanted.

Car parking facilities are now being built and by the time the garden opens, the RHS will have moved 35,000 cubic metres of soil, sub-soil and spoil around the site, re-using it in the landscape.

Follow @RHSBridgewater on Twitter and Facebook for regular updates.



Phase one complete

Phase one of Middlewood Locks is now complete and new residents are moving in.

At 25 acres it's the largest development in Salford, creating a whole new neighbourhood and bringing derelict, brownfield land around the former canal basin back to life.

Over 2,200 new homes, a hotel and nearly one million square feet of commercial space is being created at the £1 billion waterside development which has been heralded as one of Greater Manchester's most ground breaking new urban developments.

Testing, testing, MediaCityUK...

Fifth generation mobile networks (5G) are coming and Vodafone has chosen MediaCityUK for its UK testing base.

The new technology means faster mobile communications such as downloading a full HD movie in under 10 seconds compared to 10 minutes on 4G, and will boost companies working in areas such as artificial intelligence.

The Landing at MediaCityUK will become home to a new Innovation Hub and technology incubator giving businesses, start-ups and tech innovators access to 5G, Internet Of Things, high-speed fibre and the very best technical resources available.



Baby teeth do matter!

Forty five per cent of Salford's five year olds have tooth decay and it's time to take action!

The new health visitor programme in Salford ensures parents are being given a toothbrush pack for their child at the 9 month and 2 year visit.

Each pack includes a toothbrush, family fluoride toothpaste and a leaflet with brushing diary, hints and tips.

It's all part of Salford's fight back against painful tooth decay which can stop children doing well in school due to pain, cause sleepless nights as well as affect their self-confidence.

Children at Salford's nurseries and reception classes are also being asked to brush their teeth in school with a fluoride toothpaste. Ask your school for more information.

Parents are also being encouraged to teach their children to brush their teeth as soon as the first tooth appears, with a smear of family fluoride toothpaste on a small headed children's toothbrush.

Children need help brushing their teeth until they are seven years old as little hands aren't able to get to all those hard to reach areas. Brushing with a fluoride toothpaste, and reducing sugary snacks in between meals, will help to keep children's mouths healthy.

It's really important that parents take their child to the dentist before the age of one for advice on good oral care to prevent tooth decay as well as receive fluoride treatments. Parents can register their child with a dentist as soon as they born.



Avoid sugary drinks - plain water and milk is best

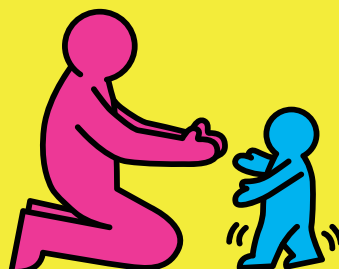
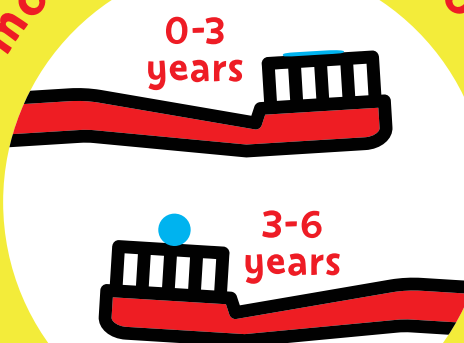


Help children with brushing until age seven

Spit, don't rinse



Little mouths need less toothpaste



Visit your dentist before your child is one year old

start 4 

Steve builds a brighter future



Steve left school before his 16th birthday without any qualifications.

Alcoholism and associated mental health issues blighted his life for over a decade.

Now the 40-year-old from Salford has made a fresh start with help from City West's Skills for Employment programme.

In partnership with The Manchester Growth Company and European Social Fund, the programme aims to get people back into work, education or training.

Steve had been sober for two years and had been looking for work for some time when he undertook a part-time, eight-week work experience placement with City West's Skills Centre.

Having previously worked as a joiner, Steve refreshed his skills and quickly achieved a qualification in multi-trade construction activities.

The team at the Skills Centre were so impressed with his expertise in joinery that they took him on as a volunteer afterwards to learn how to teach joinery to young people. This led to Steve securing a full-time position as a trainer at the Skills Centre.

Steve explained that the Skills for Employment programme, the volunteering he did there, and support from the team gave him the confidence to apply for the post.

Steve has also recently achieved a Level 3 qualification in Education and Training. He now wants to complete his assessor's qualification and continue working.

He said: "It all really opened me up to see how my skills and experience could benefit others and I really wanted to pass my knowledge on to young people. It gave me confidence after being unemployed for so long and feeling hopeless.

"I had a good upbringing, but despite that I went down the wrong track. Now my life has completely changed thanks to this job and the support of the team. I have got my self-respect back.

"I've got money in my pocket, I've changed my lifestyle and I'm in touch with my family and friends again. I recently got engaged too, so I'm saving for our wedding!"

He added: "I'm now off benefits and can contribute to my daughter's upbringing. I have purpose and I'm optimistic about the future, there is so much I want to do."



If you're interested in finding out more about the Skills for Employment programme, or know someone who you think could benefit, find out more by visiting www.citywesthousing.org.uk or email hello@citywest.org.uk



Could you be a crossing patrol?

After 28 years of dedicated service, 75 year old Carol Quinn knows everyone on her patch.

As she steps onto Great Clowes Street, Broughton, to halt the traffic she greets every parent and child by name as she carefully watches them cross the road. Safely back on the kerb she waves to passing bus drivers and returns greetings from cyclists who know her.

It's all part of the job Carol loves and she's got no intention of stopping yet.

Now she's encouraging others to become crossing patrols too. There are currently vacancies across Salford.

"It's a great job and I'd say give it a try. You don't know whether you'll like it until you give it a go," says Carol who was encouraged to start in 1990 by her daughter's school crossing patrol.

"I like the people. You get to know the children and they get to know you and they feel safe when you help them cross. The children I used to cross are now grown up with children of their own and it's so rewarding.

"As for the weather, if you can do one winter, you can do them all. I'm going to keep going as long as I can."

Right: Five year old Gee-net and seven year old Charlie-Grace from St Boniface RC primary school are too young to apply but say it's very important to have a crossing patrol. Can you help youngsters like them stay safe?



Interested in finding out more?

Being a school crossing patrol means working Monday to Friday, term time only for eight hours, 40 minutes a week at the start and end of the day for the school you will support. Pay starts from £8.98 per hour and full training and equipment is provided.

Every job from Salford City Council and all other Greater Manchester councils is advertised on www.greater.jobs and free computer access is available at all Salford's Gateways and libraries.

If you're not confident using a computer and are interested in the crossing patrol vacancies only, then please call 0161 779 4999 for an informal chat and advice on how to apply.

You can check if you would be better off in work on our new website which can also help you check benefits, find childcare and manage your money. Check it out at www.salford.gov.uk/betteroff but also see page 17 for Better Off coffee and chat sessions.



Fly-tippers caught out in clamp-down

Housing association Salix Homes caught eight fly-tippers as part of a week-long crack-down



Salix Homes organised its first ever Catch the Culprit Campaign, which aimed to identify the perpetrators blighting Salix's communities with rubbish.

The organisation's Environment Team spent a week identifying incidents of fly-tipping, before taping off the illegally-dumped waste as a 'crime scene'.

The team then tracked down the culprits.

Liam Turner, Environmental Services manager at Salix Homes, said: "Fly-tipping has become a huge issue in some communities. Salix has joined the council and local people in saying it is unacceptable.

"We hope the success of this campaign will serve as a stark warning that if you're dumping rubbish in our communities, we will do everything in our power to track you down and you will be held to account."

All the perpetrators that were caught were identified as Salix Homes tenants and were handed tenancy warnings. One of the culprits removed the dumped waste themselves, while the others were charged for the removal costs.

Throughout the week-long campaign almost three tonnes of fly-tipped waste was removed from streets, alleyways and green areas, at a cost of more than £500.



Catch a fly-tipper

You can report fly-tipping on Salford City Council's website. Watch a video of the Catch the Culprit Campaign at www.salford.gov.uk/flytipping

The council has successfully prosecuted over 50 offenders over the past few years as part of its city-wide crackdown.

What's on

There's so much going on in Salford. See www.visitsalford.info for more details. Sign up for the Visit Salford e-newsletter packed with top tips on events and activities going on in the city www.visitsalford.info/e-newsletter



Follow us on social media @visitsalford

Festive fun

Christmas in Little Hulton

Little Hulton District Centre M38 9NS.

Little Hulton Big Local's craft shop

Wednesday 5 December to Friday 14 December, 10am to 4pm and until 8pm on December 5 and Thursdays.

Locally made gifts, baby knitwear, jewellery, original artwork, Christmas cards and decorations and cakes, Christmas in Monton.



Santa's grotto

Thursday 20 December, 4pm to 6pm, 50p

Visit Santa, browse magical Christmas stalls, enjoy arts and crafts and meet Mr and Mrs Nutkins.

Christmas in Eccles



Eccles Town Hall has concerts, choirs, dance nights, a photo exhibition and an excellent cafe. Pop in and say hello!
<https://ecclestownhall.org/>

Eccles Craft and Farmer's Market

Eccles Shopping Centre, Eccles
Saturday 15 December 2018, 9.30am to 2pm

Christmas in Monton

Monton car park, Partington Street, Sunday 2 December 11.30am to 6pm

Monton Christmas Festival

with live music, stalls, school choirs, fairground rides and Santa.

Monton Unitarian Church, Monton Green, M30 8AP. For information call 07769 038 773 or see www.ukunitarians.org.uk/monton

Sunday 2 December 10.45am
– donate toys and enjoy a service and Christmas lunch.

Saturday 8 to Sunday 9 December
– Christmas Tree Festival, 10am to 4pm and 7.30pm concert on Saturday, (small charge).

Sunday 16 December 10.30am
– Carol Service with Eccles Borough Band and mince pies.

Wednesday 19 December – Blue Christmas Service paying tribute to precious people no longer with us.



Can't see the canal for the trees

Sunday 2 December, Duke's Drive car park, Monton, 10am to 3pm
Prune the trees and make a Christmas decoration! Over 18s only, bring packed lunch.
www.est1761.org

City of Salford Carol Service

Featuring performances by specially invited guests including musicians from the BBC Philharmonic.

Wednesday 12 December 2018
at Cathedral Church of St John the Evangelist, 250 Chapel Street, Salford M3 5LL

Tickets at www.salford.gov.uk/carolservice



Festive fun

Christmas at the Quays

There's a wealth of festive fun at Salford Quays this winter from Makers Markets to pantomime and art trails. www.thequays.org.uk



Lightwaves 2018

Friday 7 to Sunday 16 December, The Quays, free

The UK's biggest digital light festival! Ten days of illuminations and sculptures you can talk to and play with to make sound and light. The Blackpool Illuminations and Daleks are back too.



The Snowman™

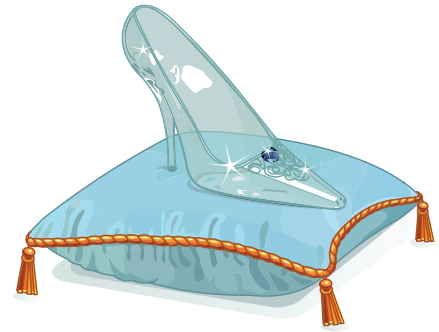
The Snowman sculpture trail

celebrates 40 years of this Christmas tale. See all the different designs from the team behind Bee in the City before they're auctioned for BBC Children in Need.

The Lowry

from The Stick Man to Scary Fairy, Dr Doolittle to Snow White, The Lowry is celebrating Christmas in style.

See more at <https://thelowry.com>



Christmas in Salford

Cinderella - a traditional pantomime

Saturday 1 to Monday 31

December, Salford Arts Theatre, Kemsing Walk, M5 4BS, From £7

Join Cinderella as she goes from rags to riches and outwits her very Ugly Sisters.

www.salfordartstheatre.com

Christmas with friends

Royal Academy Takeover

Until Sunday 24 February 2019, Salford Museum and Art Gallery, Peel Park, Salford

Celebrating the 250th anniversary of the Royal Academy of Arts.

www.salfordcommunityleisure.co.uk

Votes for women . . . or votes for ladies?

Until Thursday 31 January 2019, Working Class Movement Library, 51, Crescent, Salford

See how some women achieved the vote after decades of struggle.

www.wcml.org.uk



Best paw forward

Tuesday 27 November, Buile Hill Park mansion and Wednesday 28 November, Littleton Road entrance to Kersal Wetlands (M7 3TL), 10.30am

One hour doggy walk (on lead) followed by a cuppa.

walking with
The Snowman™

Experience the magic of the nation's favourite Christmas story

A Festive Art Trail at MediaCityUK
22 November 2018 - 6 January 2019

[@TheSnowmanWalk](https://twitter.com/TheSnowmanWalk)
[/TheSnowmanWalk](https://www.facebook.com/TheSnowmanWalk)
[@TheSnowmanWalk](https://www.instagram.com/TheSnowmanWalk)

walkingwiththesnowman.co.uk





Created by:



Presenting Partners:



Learning Programme Partner:



Official Charity:



Official Charity:

Five years has made a difference

Salford's City Mayor Paul Dennett has challenged local employers to boost the city's economy by paying the real Living Wage.

Mayor Dennett made the call as Salford City Council celebrates its fifth anniversary of becoming an accredited Foundation Living Wage employer.



In 2013, over 1,200 council staff saw their pay rise by more than £1300 putting a potential extra £1.56 million into the local economy. The Living Wage hourly rate has risen every year since.

Salford remains the only accredited Living Wage local authority in Greater Manchester and continues to encourage other organisations to follow suit.

"Imagine the impact if even 10% of local businesses in Salford committed to pay the real Living Wage," said Mayor Dennett.

"Local businesses would see a huge and welcome uplift in spending.

"If the public sector can do this, despite seeing its core funding halved over the past seven years, then I'm confident the private sector can follow our lead."

Last year the council worked with Salford Clinical Commissioning Group to boost the pay of 300 agency care workers to £8.30 per hour, 80p more than the Living Wage as the first step towards paying the higher real Living Wage. It was funded by a three year government grant to help recruitment and retention of staff in adult social care.

Salford Community Leisure is officially a Living Wage employer

Salford Community Leisure gained accreditation from the Living Wage Foundation (LWF), which seeks to ensure that people are paid a realistic minimum hourly rate.

Created by the Living Wage Foundation, it is a higher minimum rate of pay based on what people actually need to get by.

The government's minimum wage in the UK is currently £7.83 an hour (for over 25s) with no London weighting, but The Foundation's Living Wage, which is independently calculated in accordance with the basic cost of living in the UK, is considerably higher at £8.75 (for over 18s), and £10.20 in London.

Steve Hassall, Chief Executive, Salford Community Leisure, says: "This demonstrates Salford Community Leisure's commitment to our employees and value the outstanding services they deliver to the local community. As a Living Wage employer this reflects our values as a socially responsible employer."



Right: Salford Community Leisure Chief Executive Steve Hassall and coffee shop assistant Jo Ursa at Clifton Country Park café.



Helping you to be BetterOff

All the dignity but not the cost

Residents in Salford can now benefit from funerals up to £1,500 cheaper than the national average.

Salford City Council has partnered with Kane Funeral Service to provide a Salford residents' funeral package which has all the elements of a traditional service but is much more affordable.

Services will be held at one of the city's two crematoriums or three cemeteries and the package covers all aspects of arranging and supervising the funeral such as use of the chapel of rest, a hearse and limousine for mourners, fees and a suitable coffin.

The aim is to wipe out funeral poverty as research shows costs rising four times faster than inflation, leaving one in six families struggling at a difficult and emotional time. Many go into debt just to meet the costs, with some turning to pay day and high interest lenders just to get credit.

Salford's special package provides cremations for £2,286, compared to the national average of £3,784 in 2017, and burials for £2,330. The service is available to anyone who is arranging the funeral of someone who has died and was a resident in Salford.

Councillor David Lancaster, lead member for environment and community, said: "This new service looks no different to one you would buy anywhere else and reduces the stigma for those wanting to pay less for a funeral."

Salford City Council no longer charges burial and cremation fees for children aged under 18 who were residents in the city. The bereavement service, which holds the Customer Service Excellence Standard, supports families with more than 2,000 cremations and 600 burials in the city each year.

BetterOff gets results

Salford residents have hundreds more pounds in their pockets thanks to the new BetterOff Salford website.

It's an easy way to check your entitlement to benefits and apply for or find jobs, childcare and advice on debt or money management. There's free internet access at all Gateway centres and libraries and help to get the skills to get online through our Digital You programme with our partners Good Things Foundation.

Call 0114 349 1666 or see www.salford.gov.uk/digitalyou for details.

better **ff**
Salford



You can drop in for a BetterOff coffee and chat session at:

- **Eccles Gateway**
Thursday 6 December and Tuesdays 15 January, 19 February and 26 March
- **Swinton Gateway**
Mondays 7 January, 11 February and 18 March
- **Walkden Gateway**
Wednesdays 23 January and 27 February
- **Broughton Hub**
Thursdays 31 January and 7 March
- **Pendleton Gateway**
Fridays 8 February and 15 March

Visit www.salford.gov.uk/betteroff

Liz Cross



Happy Birthday!



Salford Primary Care Together has blown the candle out on its second birthday cake.

Salford Primary Care Together is a network of all GP practices in Salford working together to improve care for patients, which was formed in October 2016.

Since then the organisation has linked up with GP practices and other organisations in the city to create several new services and initiatives.

This has included opening up approximately 9,000 extra GP appointments in the evenings during the week and Saturday and Sunday mornings.

Home visiting services have also been launched in Ordsall, Claremont, Little Hulton and Walkden meaning GP practices have a greater ability to offer home visits to their eligible patients, such as those who are housebound.

Salford Primary Care Together recently launched a new initiative where members of the practice team are trained to work with patients to explore suitable alternatives to an appointment with a GP such as seeing a pharmacist or physiotherapist.

Salford Primary Care Together Chair Liz Cross said: "We've certainly packed a lot into our first two years, establishing lots of great new services that are making a real difference to people. GP practices across the city want to offer the best care to their patients and we want to support them to do that."

For more information, visit www.spctogether.co.uk

Outstanding once again

Salford Royal staff are once again celebrating being rated an 'Outstanding Trust' by the Care Quality Commission (CQC).

The organisation is the only NHS acute and community trust to be rated outstanding on two consecutive occasions.

The official report by the CQC highlighted many areas of outstanding practice, including the successful integration of health and social care in Salford.

James Sumner, Salford Royal Chief Officer, said: "I am incredibly proud of all my colleagues working across Salford Royal's hospital, community and social care services. CQC inspectors visited our organisation earlier this year and were able to see what I am fortunate enough to experience every day – and that's our caring and compassionate staff working incredibly hard to ensure patients and service-users receive the best care possible."

Areas highlighted by the inspectors included care and services for patients with dementia and the trust's work as part of the Global Digital Exemplar programme using technology in safe care.



Salford Royal, along with Pennine Acute Hospitals NHS Trust, formed the Northern Care Alliance NHS Group in April 2016. This brings together more than 17,000 staff across five hospitals and community and social care services into a healthcare group. Earlier this year the CQC raised the rating of Pennine Acute from 'inadequate' to 'requires improvement.'



Salford gets funding boost for mental health

£3.4 million boost for care in the community

Salford is to become one of only four UK locations to receive funding from the National Lottery to improve the support available in the community for people living with mental health problems.

The National Lottery has awarded £3.4 million to Living Well UK, a three-year programme which involves voluntary and public sector organisations working in partnership to support people living with mental health problems get the help they need quickly and live well in the community.

The programme is inspired by an approach developed in London, which has made a significant impact over the last seven years helping people with mental health issues get support in the community earlier and involving them in designing the support they need for the future.

This new way of working has reduced the number of people going into residential care by 43% and saved almost £2.5 million by offering support that focuses on recovery in the community rather than residential or inpatient provision.

Through Living Well UK, it is hoped Salford, along with Edinburgh, Luton and Tameside and Glossop, will become internationally recognised as leading the way for providing good mental health in community and primary care settings. The work done across the four locations could potentially be scaled across the NHS.

Dr Tom Tasker, chair of NHS Salford Clinical Commissioning Group (CCG), said: "Mental health is often referred to as the Cinderella of the NHS, but that is

not the case for Salford and providing the best possible mental health support is a huge priority for us. Having this funding from the Big Lottery Fund and support from the Innovation Unit through Living Well UK is going to help us transform the way people live with mental health in Salford. I'm looking forward to seeing just what we are going to achieve over the next three years."

Salford CCG has led Salford's involvement with the programme along with partners Start in Salford, VOCAL Health and Wellbeing, Six Degrees Social Enterprise, Greater Manchester Mental Health NHS Trust, Salford Royal NHS Foundation Trust, Salford City Council and Salford Primary Care Together.

Bernadette Conlon, Chief Executive of Start, said: "I am thrilled that Salford has been chosen as one of the four UK sites for this new programme. We are looking forward to being involved and see this as a great opportunity."



I'm looking forward to seeing just what we are going to achieve over the next three years.

– Dr Tom Tasker, chair of NHS Salford Clinical Commissioning Group (CCG)



Welcome to our community pages

Events, activities and news from you and your local community.

There are more things to do on mycitysalford.com where you can share your own news too!



Pink plans underway

Plans to celebrate Salford's LGBT+ community are already underway for next year.

The Pink Picnic, takes place in July in Peel Park with music, community stalls and activities. Over 3000 people attended last year.

In August it's the Manchester Pride parade and Salford's Circus of Acceptance entry won Best Community Float. Young people also entered a float.

To get involved, email LGBT@salford.gov.uk or info@pinkpicnic.org.uk



Statue appeal

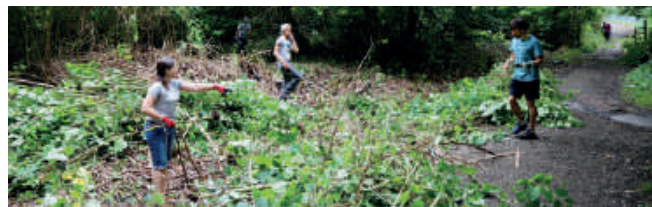
At the End of the Day was created in 1998 by Simon Law, then a talented schoolboy.

The life size statue was on show at the refurbished Irlam Station House until it was vandalised.

Irlam charity the Hamilton Davies Trust is leading a £17,950 crowdfunding appeal to have it recreated in bronze and reinstalled. Donations can be made at: www.gofundme.com/manonthebench

The information in these pages has been provided by members of the community. We try wherever possible to check its accuracy but please confirm details with the organisations involved.

Volunteer and support



The Friends of Kersal Dale group is looking for new members to maintain and promote Kersal Dale's nature reserve, woodland and meadow. Meetings are held at Garden Needs, Radford Street or The Star Inn, Back Hope Street. For details please see www.kersaldale.com

Walkden Youth Project runs every Wednesday, 5pm to 6pm at Walkden Congregational Church, Bolton Road, M28 3DR (entrance at back of building). Activities for 10 year olds plus include sports, play stations, arts and crafts and a place to hang out with friends. Free. Call Amy Hallsworth on 0161 778 0569 or email: amy.hallsworth@scll.co.uk

C.H.U.G In Salford is a mental health support group at Salford Link Project, Bright Road, Eccles, M30 0WP. Drop in Monday and Wednesdays from 10am to 1pm for a friendly, safe and supportive place to enjoy activities, meet new friends and even learn computer skills. Contact Steve on 07941 400870.

Clifton Monday Club runs at Clifton Neighbourhood Centre, Manchester Road, Clifton M27 6PP every Monday from 2pm to 4pm offering entertainment, speakers, games, parties and coach trips. Annual membership is £5; weekly subs £2 including refreshments. Contact Jim Brown on 0161 794 0912.

Charity hits all the right notes

Singing with Dementia sessions bring back happy memories for people living with the condition.

Join in every Wednesday at the Humphrey Booth Resource Centre, 16 Worsley Rd, Swinton, M27 5WW from 10.30am to 12 noon and there is the option to stay for lunch. For more information please see www.singingwithdementia.co.uk or call 0161 788 9053. Singing with Dementia is part of the Ceremonial Mayor of Salford's charities appeal this year. Please see www.salford.gov.uk/mayorscharity

Age friendly Salford

Over **35,000** Salford residents are **65 or older** and the number is set to rise.

That's one of the reasons why Salford has signed up to the World Health Organisation's Age Friendly World to make Salford an Age Friendly City.

It's all about working with older people to use their knowledge, experience and views to shape services and build stronger communities, address concerns about community safety and transport and help older people volunteer if they choose.

It's also about helping older people to stay healthy, active and independent for as long as possible while supporting those who need more health and social care and support.

The Age Friendly Alliance is made up of Salford City Council, Inspiring Communities Together, Age UK, NHS Salford Clinical Commissioning Group, Salford Royal NHS Foundation Trust, Greater Manchester Mental Health NHS Foundation Trust and Salford CVS along with older people and voluntary and community organisations.



Eating well in older age

One in ten older people are undernourished and often lose weight without meaning to. It shouldn't be dismissed as a natural part of ageing.

Small dietary changes can improve health, help you stay independent and cut GP visits and hospital admissions.

Age UK Salford and local partners, including NHS dieticians, has been raising awareness about malnutrition in older people for over five years. Age UK can provide information about lunch clubs, help with shopping and support after life-changing events such as a bereavement, a fall or ill-health.

It also has a booklet called Are you eating enough? with tips on how to improve your appetite and meal planning.

To find out more about Age Friendly Salford or eating well, contact Age UK on 0161 788 7300 or see www.ageuk.org.uk/salford for more details.

Urban Vision gives back

Urban Vision, as part of parent company Capita's Go Local Week set aside a full seven days to give back to local charities.

That's on top of their regular fundraisers throughout the year for Broughton House, which has been caring for ex-servicemen and women since 1916. It is now creating the first veteran care village in north west England to meet their future needs.

The charities Urban Vision supported during the week included Salford Foodbank, where staff donated vital food items every day, Lifecentre Salford, where staff volunteered and handed out food parcels to destitute asylum seekers and St. Ann's Hospice, a charity close to a lot of people's hearts at Urban Vision.

Why not get involved?

There is plenty of information available on each charity's website and they always welcome volunteers.

It doesn't have to be strenuous work if you lead a busy life, but every little really does help for these charities.

Broughton House
www.broughtonhouse.com/about-us

Salford Foodbank
<https://salford.foodbank.org.uk>

Salford Lifecentre
<http://lifecentre.org.uk>

Or see www.salfordcvs.co.uk for even more volunteering opportunities.



Above: Mustard Tree food bank

Work experience works



At Urban Vision sharing knowledge with the young people of Salford is a key focus.

With so many different services to learn from, Urban Vision can help you find out if you'd like to work in engineering, street works, landscape architecture or planning.

Here's some of our recent success stories!

Five students came from St. Ambrose Barlow RC High School to experience working life at Urban Vision, visiting all the different services areas within a week.

This included regulatory services, network management, traffic and transportation, engineering design and property services. Each team was thrilled to help out and give advice to the students.

Ellie Furness, an A-level student from Great Sankey High School, Warrington has a keen interest in landscape architecture and contacted Urban Vision's landscape design team for a week's worth of work experience. She enjoyed every minute.

As well as spending time in the office, each student enjoyed the opportunity to go out and visit different sites.

If you know the specific team or service area you would like to visit for work experience, find their details and contact them directly via Urban Vision's website:

www.urbanvision.org.uk or contact Sarah Royle tel 0161 779 6145 or email sarah.royle@urbanvision.org.uk

What was the best thing about your placement?

"Meeting so many different people who each have a different role in such diverse projects as they all do completely different things. I also really enjoyed that I was able to go around the building and see different aspects of the job" – *Alex Ward*

"Experiencing the work environment and going out on site to learn new things about the area" – *Ben Stolte*

"I really enjoyed going out on site and talking to all the staff who took time out of their busy days to help and support me" – *Alan Siwik*

"I now have a better understanding of how work-places are organised and I now feel more confident in handling new situations" – *Abdulmalik Abdo*

"I learnt what different jobs entail and I now know what skills employers are looking for thanks to all the staff who helped me during the week" – *Louis Kennedy*



Could you be a foster carer?

Children and teenagers who can't live with their families need your help.

Some need short term care while others will need foster care until they become adults.

If you're over 21 with a spare room and the time and energy you could be a foster carer too.

But don't take our word for it – listen to foster carers tell their stories below...

Joe's story

After 20 years of raising children, Salford dad Joe thought he'd relish the peace and quiet when they went to university.

But after a few of weeks of coming home to an empty house, he realised he missed the sound of children and the life they brought.

So, he and his wife dusted off an old ambition to foster children and say it's one of the best decisions they ever made.

"There was never a time when there wasn't a child in the house, either our children or their friends. I thought I couldn't wait for the peace and quiet when ours went to university," said Joe.

"Now I'm going back to school fairs and plays and parent teacher evenings. I remember going to those 20 years ago so life has come full circle but it has been a very positive experience.

"Our two are now in their 20s so they help out, particularly in the summer holidays. I wouldn't change it for the world and my life is so much more interesting. I'd recommend it to anyone else whose children have flown the nest."

Michelle's story

Mum of two Michelle says it's amazing to see how her two foster children have progressed.

"It's fantastic, going to parents' evening and hearing lots of praise and good feedback thanks to all the support they are getting from the school and us," she said.

"All the professionals from their GP to social worker, say how well they're doing. It's so rewarding."

Michelle and her husband David decided to foster after their youngest son left home.

"We decided we wanted to help children and the training, with case studies of real children, made us even more determined," she said.

"We've chosen short term fostering so we can help as many children as possible. It's been challenging but I've loved it so much I've been trying to encourage all my friends to join me."

See www.salford.gov.uk/children-and-families/adoption-and-fostering/fostering for more details or call 0161 799 1268 for a chat.

Salford in short

Tony's park honour

Coronation Street creator Tony Warren has been honoured with a plaque in the park that inspired his writing.

Salford-born Tony lived in Park Avenue, next to Victoria Park, Swinton for many years and used the park to connect with local people. Coronation Street first aired in December 1960 and won him many top awards.

The plaque is on The Gatehouse at the entrance to the park. The building houses support sessions for local veterans.



Getting married?



You can tie the knot in historic Worsley Court house, once a magistrate's court, haunted Tudor Ordsall Hall, or the modern surroundings of The Lowry – and now The Authentic Word Ministries building on Station Road, Eccles, formerly a bank, has been certified to hold weddings.

To check out all the venues in Salford please see www.salford.gov.uk/wedding

Legal notice

A building certified for worship named Authentic Word Ministries UK, in the registration district of Salford, in the Metropolitan City of Salford, was on the 3 September 2018 registered solemnising marriages therein, pursuant to *Section 41 of the Marriage Act 1949 (as amended by Section 1(1) of the Marriage Acts Amendment Act 1958).

*and/or Section 43A of the Marriage At 1949.

Steering young people to better future



A pioneering project is steering young people into more positive futures.

STEER, run by Salford Foundation, has already helped nearly 30 young people aged 12 to 17 with mentoring, coaching and support to find new interests.

One teenager had been arrested for stealing a car and anti-social behaviour and his school attendance had dropped to 28% before he joined STEER.

Now he's achieving 90% attendance on a pre-apprenticeship course and is being praised by his tutors. He's aiming for a trade apprenticeship and says the project has hugely improved his life and prospects.

The project is funded by Salford Community Safety Partnership's Gulf project and Greater Manchester's Programme Challenger. Both work to tackle gangs and organised crime and steer young people on the right path.

Salford's Local Offer

Does your child have a special educational needs and/or a disability? If so, Salford's Local Offer website can help keep you informed about services and support: www.salford.gov.uk/localoffer

This new and improved website brings together a huge range of information and will help you take more control over how your child's needs are met. Search for support and advice, things to do, information on healthcare services, how to get involved and have your say and much more.



Journey back in time



Salford Central railway station is showcasing a free exhibition about Salford's archaeology through the ages.

The idea came from City Mayor Paul Dennett after he visited an archaeological dig nearby and the University of Salford, Network Rail and Transport for Greater Manchester made it possible.

The exhibition starts with the first hunter-gatherers in 8,000 years ago and travels through the development of farming, the Iron Age and the Roman occupation to the medieval development of Salford town at the ford across the River Irwell.

It continues through the industrial revolution and growth of the city's canals, mills, working class and middle class housing, Worsley New Hall where the new RHS Garden Bridgewater is being created and the changes the railways brought to the fast growing city.

The exhibition is available during station opening hours. Why not visit when you go to the city centre?

Team work wins top award

Police and council neighbourhood officers have been branded shining stars for their work in Ordsall and Langworthy.

They won the Teamwork-Neighbourhood award at Greater Manchester Police's STARS awards to honour those who go above and beyond the call of duty.

The team secured over £15,000 taken from criminals to fund projects chosen by local people to reduce anti-social and criminal behaviour and bring communities together. Salix, Great Places and Pendleton Together housing associations also providing funding to support the schemes.

Among the projects were providing lunch for nearly 400 school children during the summer holidays, community clean ups and a scheme to help prison leavers avoid re-offending.

Vantage success

Over 62,700 passengers are now using the Vantage service and passenger numbers in September 2018 were up by 9,000 on the same time in 2017. Fourteen per cent more passengers are now boarding in Salford.

Extra buses have been added and the service now offers contactless payment as well as mobile ticketing.

For more information visit www.firstmanchester.com



Stop smoking drop in

If you want one to one help to stop smoking, plus nicotine replacement products and advice, **drop in every Wednesday** to The Willow Tree Healthy Living Centre, 94 Littleton Road, Salford, M7 3SE from 1pm to 3pm or see www.salford.gov.uk/stopsmoking for details of other sessions and help available.

Work is underway at Fitzwarren Court

A major improvement scheme at an iconic Salford tower block once earmarked for demolition is now underway.

Fitzwarren Court in Pendleton was scheduled to be demolished as part of a wider £120 million regeneration of the area, but the plans were halted in 2016 when social housing provider Salix Homes secured funding to modernise the block.

Salix Homes is investing £7.5 million to completely transform the 23 storey high-rise building along with 10 terraced homes on neighbouring Rosehill Close.

As part of the ambitious investment programme, the ageing 1970s block, which contains 135 one-and two bedroom apartments, will be fitted with new kitchens, bathrooms, an energy efficient heating system, new windows and doors and the communal areas will be upgraded.

Salix Homes is also installing a sprinkler system and a state-of-the-art fire alarm system as part of its safety enhancement programme across all its tower blocks in Salford.

Externally, the distinctive blue and green tower block will be completely rendered and transformed in grey, green and orange tones chosen by the residents who have played an integral role in developing the proposals for the block.

Salix Homes is working alongside its partner contractor The Casey Group to carry out the major refurbishment work which is expected to be completed by summer 2020.

Lee Sugden, Chief Executive at Salix Homes, said: "Residents at Fitzwarren Court and Rosehill Close have been in limbo for several years with a question mark over the future of their homes, so we are delighted to announce that our major improvement and modernisation scheme is now finally underway.

"This is an exciting development for Salix Homes and our residents and we are confident that this long-awaited refurbishment programme will not only benefit the residents who live here but will also complement the wider regeneration taking place across Pendleton.

"This scheme represents a significant investment for Salix Homes and demonstrates our commitment to ensuring this iconic tower block stands proud on the Salford skyline for years to come, providing much-needed safe, modern and energy efficient homes for our residents."

The start of work at Fitzwarren Court comes as a major refurbishment programme at another Pendleton tower block, Albion Towers, nears completion.

Salix Homes has been working with The Casey Group to carry out a £3.9 million facelift and modernisation programme at Albion Towers which is expected to be completed in early 2019.



Far left: The distinctive Fitzwarren Court is undergoing a major facelift
Left: Artist's impression of Fitzwarren Court



Above and left: Artist's impressions of the Canon Green Campus development



Green light for Canon Green Campus development

A major redevelopment project by Salix Homes that will bring more than 100 affordable homes to Salford has been given the green light.

Salford Council has approved plans for the multi-million pound Canon Green Campus development on Canon Green Drive in Trinity.

The £22.5m project will see ageing tower block Canon Green Court completely transformed and modernised, along with neighbouring apartment block Westminster House, which will undergo an external facelift.

As part of the development, a brand new 11-storey apartment block will be built within the grounds of the expansive site, comprising of 108 one and two-bedroom affordable apartments.

Lee Sugden, chief executive at Salix Homes, said: "We are delighted that Salford Council has given the green light for our Canon Green Campus development – this is a proud moment for Salix Homes.

"At the time of a national housing crisis, this project will not only refurbish and modernise the homes of the existing residents, but it will also deliver desperately-needed new and affordable housing in Salford.

"We have worked incredibly closely with the existing residents to develop these proposals and we are confident our plans will deliver the essential improvement work they have been calling for and help create, safe and modern homes we can all be proud of for generations to come."

The refurbishment at Canon Green Court, which was built during the 1960s, includes new kitchens, bathrooms, heating systems, sprinkler systems and exterior re-facing and insulation.

Salix Homes, which owns more than 8,000 homes across Salford, will now appoint a contractor to carry out the project and it's hoped that work will start on site later this year.



Right: Canon Green Court as it is now



What's on in 2018

Turkey and Tinsel

Any week from 28 November to 19 December

•••

Hurry! Bookings being taken for Christmas and New Year!

•••

Take a winter break in January, February or early March at special rates **from only £102 per person.**
Book now to avoid price increases

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SCHOOL LEAVER OPEN DAYS

SATURDAY 24 NOVEMBER 2018 10.00AM - 12.00PM

	A-LEVEL COURSES & VOCATIONAL COURSES	DRONFIELD ROAD M6 7FR
BUSINESS, ACCOUNTING & ECONOMICS CREATIVE ARTS & DESIGN HUMANITIES & SOCIAL SCIENCES PERFORMING ARTS SCIENCE, ENGINEERING & MATHS		
	VOCATIONAL COURSES, VOCATIONAL A-LEVELS & APPRENTICESHIPS	CHATSWORTH ROAD M30 9FJ
ANIMAL, EQUINE & VET NURSING BUSINESS & TRAVEL HEALTH, SOCIAL CARE & EARLY YEARS SPORT & UNIFORMED PUBLIC SERVICES		
	VOCATIONAL COURSES & APPRENTICESHIPS	DAKOTA AVENUE M50 2PU
CREATIVE MEDIA CREATIVE MUSIC GAMES DESIGN IT & COMPUTING JOURNALISM MEDIA MAKE-UP		
	VOCATIONAL COURSES & APPRENTICESHIPS	WALKDEN ROAD M28 7QD
ANIMAL CARE BUSINESS & TRAVEL EARLY YEARS CHILD CARE HAIR, BEAUTY & MEDIA MAKE-UP HEALTH & SOCIAL CARE HOSPITALITY & CULINARY ARTS		
	VOCATIONAL COURSES & APPRENTICESHIPS	FREDERICK ROAD M6 6QH
CONSTRUCTION, ELECTRICAL & PLUMBING SERVICES HAIR, BEAUTY & MEDIA MAKE-UP MOTOR VEHICLE STUDIES PASSPORT TO COLLEGE THE PRINCE'S TRUST TEAM PROGRAMME		

CONTACT ADMISSIONS ON **0161 631 5000** | WWW.SALFORDCC.AC.UK



SWINTON



* Image is indicative only

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Prices from **£144,995**

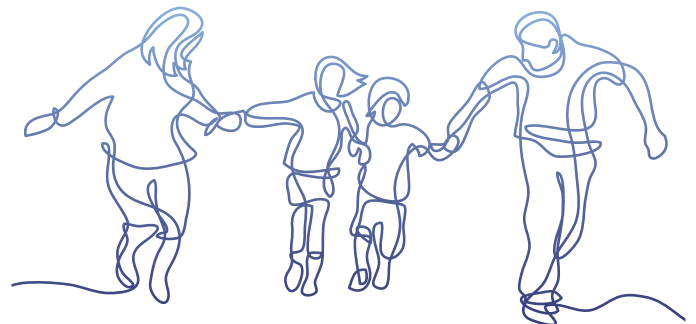
Register your interest

For all sales enquiries please call

0161 885 5470

www.poets-swinton.co.uk

poets@salixliving.co.uk



See the BBC Philharmonic for £3 – exclusive offer for Salford residents



To kick 2019 off in rip-roaring fashion, experience two great evenings with the BBC Philharmonic.

On Saturday 26 January, pianist Paul Lewis (a former pupil at Chetham's School of Music), takes the soloist's role in one of Mozart's most elegant and expressive piano concertos – alongside Stravinsky's sparkling Scherzo fantastique and Tchaikovsky's Fourth Symphony – a real rollercoaster ride through life.

Then join the orchestra on Saturday 23 February to celebrate composer Robin Holloway's 75th birthday with a brand new work for superstar trumpet soloist **Håkan Hardenberger** and Schumann's Overture, Scherzo and Finale and Valentin Silvestrov's transcendent Fifth Symphony, one of the best-kept secrets in contemporary music.

Salford residents can enjoy an **exclusive ticket offer of £3 stalls tickets** for each concert. Numbers are limited so do book early. Contact The Bridgewater Hall and quote **SALFORDJAN** when booking for 26 January and **SALFORDFEB** when booking for 23 February.

Phone **0161 907 9000** or book online at **www.bridgewater-hall.co.uk**

Find the BBC Philharmonic on Facebook, Twitter and Instagram or visit **bbc.co.uk/philharmonic**



**Sign-up
today!**



**Quicker
Easier
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'E' stands for easy

Already getting some of your council bills by email?

Now you can get council tax e-bills too!

It saves paper and postage meaning the council can spend more on services that matter to you.

And if you sign up to pay your council tax by direct debit you can stop worrying about paying it on time each month and getting into arrears.

Sign up for a direct debit at **www.salford.gov.uk/dd** and for e-bills at **www.salford.gov.uk/ctaxebilling**

COMEDY AND ENTERTAINMENT AT THE NEW ADELPHI THEATRE



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Salford
MANCHESTER

Side-splitting comedy, ground breaking dance projects, and festive big band fun – it's all coming to Salford's latest arts venue over the next month.

The 350-seat New Adelphi Theatre, at the heart of our Peel Park campus, is presenting public events including work by established internationally touring companies as well as up and coming new artists.



EMERGENCE PREMIER

Thursday 29 November / 7.30pm

Fans of dance will be able to watch new work when the Emergence Premier comes to the theatre, featuring pieces by the postgraduate dance company formed between the University and Joss Arnott Dance.

Tickets: £6 – available at www.fatsoma.com/naac



THE MUPPET CHRISTMAS CAROL

Monday 3 December / 7.30pm

The festive spirit will be on display when the venue – which also doubles as a cinema – shows The Muppet Christmas Carol, a retelling of the classic Dickens tale in which Michael Caine as Ebenezer Scrooge appears alongside Kermit and Miss Piggy. This is part of a series of £3 film nights.

Tickets: £3 – available at www.fatsoma.com/naac



NEW ADELPHI COMEDY NIGHT

Tuesday 4 December / 7.30pm

We have teamed up with improv group CSzUK to bring the popular New Adelphi Comedy Night to the theatre. Audiences can watch quick witted improvised shenanigans, off the cuff gags, games, sketches and songs performed by the group, well known for their slots at the Edinburgh Fringe Festival. There will also be an open mic slot for students and guest comedians who want to try out new material – so come along if you want to see some of the future faces of British comedy today! Audiences – aged 14 and over.

Tickets: £3 – pay on the door with cash only



BIG BAND CONCERT

Monday 10 December / 7.30pm

There will be some Christmas sparkle at the Big Band Concert featuring the University's band accompanying trumpet maestro and BBC Proms singer Georgina Jackson, who has previously worked with the likes of Nancy Sinatra, Seal and Cuban American jazz artist Arturo Sandoval.

Tickets: £5 – available at www.fatsoma.com/naac

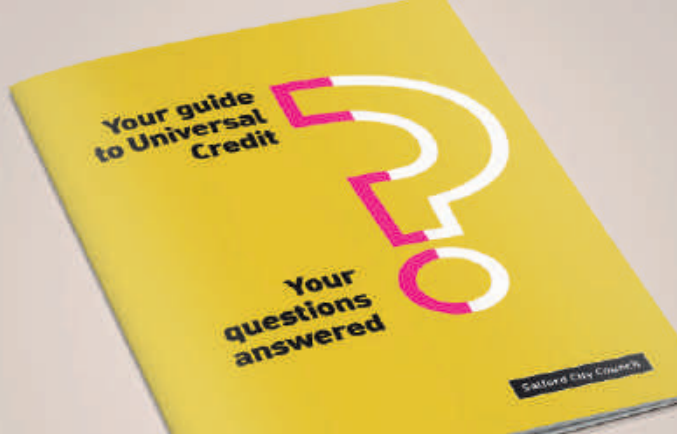
COMING SOON...

Entertainment is set to continue into January 2019, with children's show **Little Red Riding Hood**, full of music, singing, dance and physical storytelling – a perfect break from the new year blues for local families.

Shakespeare adaptation **Birnam Wood** and Russian play **Vassa Zheleznova** is also coming to the theatre in January, along with a double bill of work in collaboration with The Lowry – **The Futurist Cookbook** and **Leo Burtin's With Bread**.

Where available, online tickets can be bought by visiting www.fatsoma.com/naac. Check the website for further details and start times.

Take a look at the full selection of events on offer at the University at www.salford.ac.uk/events



City West's help with Universal Credit

From September 2018, new Universal Credit (UC) claimants in Salford go onto the 'full digital service'. This means that the whole UC claim will be managed online through one single online account. Claimants will login using a username/password to make a claim, view payment details, search for a job, and report changes in circumstances.

If you already receive UC the Department for Work and Pensions will contact you, from May 2018 onwards, and you will transfer onto the full digital service within three months.

The full service differs from the live service, as you are expected to manage your whole claim online, including reporting any changes in your circumstances, job searching and checking payments.

To use the Universal Credit digital service you will need basic computer skills. If you need help with improving your computer skills, to prepare for the UC full service, then our DigiSmart service may be ideal. City West's Digital Champions can help you to improve and develop your computer skills on a one to one basis. To book a free place or find out more information please call **0300 123 5522** or visit www.citywesthousingtrust.org.uk

City West has live Q&A sessions on Facebook every Wednesday between 1pm and 3pm, just search 'City West Housing Trust'.

If you are of working age and receive benefits make sure you know if you are affected by the change to Universal Credit. Salford City Council has worked with organisations across the city to produce a helpful guide

to Universal Credit. It's available through housing associations, Gateways, Citizen's Advice, Broughton Trust and many more similar places.

It advises how to be prepared for Universal Credit as well as sources of help. The guide is on the council website www.salford.gov.uk/universalcredit with more detailed information.



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CURVED NEW STAIRLIFTS:

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STRAIGHT RECONDITIONED STAIRLIFTS:

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STRAIGHT NEW STAIRLIFTS:

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Rental stairlifts from **£15 / week** plus **£395** installation

WE BUY BACK STAIRLIFTS - UP TO £500 PAID. ACORN, BROOKS, MINIVATOR, AGE UK & HANDICARE Subject to survey and age

Why struggle with your stairs and feel limited in your own home, when a stairlift can give you back your freedom?

Our range of stairlifts is designed to be easy to use, and all incorporate the very best in design, engineering, and safety features. Ableworld don't employ salesmen; your stairlift will be measured and quoted for by an experienced, in-house engineer, who will oversee everything from an initial FREE visit, through to final installation, leaving your house clean, tidy and more accessible than ever before. Like many of our other customers, you'll wonder why you hadn't chosen an Ableworld stairlift sooner.



- Straight lifts often fitted next day*
- Stairlifts fit to the stairs, not the wall - no building work needed
- Battery operated from simple wall socket connection - low running costs
 - Affordable, installed quickly and built to last
 - Easy to use controls, for weak or arthritic hands and wrists
- Digital readout display, to show the status of the stairlift and to identify faults
- Safety sensors to detect obstructions and bring the lift safely to a halt
- A range of rental stairlifts for short term requirements*



* Next day fitting and rental lifts are subject to availability.

- * Ableworld employ their own engineers who fit and service customers' stairlifts.
- * Ableworld only send trained engineers to undertake visits - no sales teams.
- * New stairlifts come with 3 years parts warranty and 1 years labour as standard. Additional packages are available.

- * Ableworld have a 24/7 help line which is manned locally by trained stairlift engineers.
- * All staff are DBS checked.
- * Try before you buy - working stairlifts are in our shops in Wigan, St Helens and Wavertree.

Lightweight Steel Travelchair



- Seat Width: 19"
- Folds back for easy storage and transportation
- Max User Weight: 18 stone

£89.99

Sasha Riser Recliner



- Overall Height: 43"
- Width: 32"
- Depth: 34"
- Max User Weight: 18St

£499

4 Wheel Walker (Steel)



- Easily manoeuvrable
- Can be used inside or outside
- Includes a tray, basket and walking stick holder

£35.99

Rascal 388xl Road / Pavement Scooter



- Designed for ease of manoeuvring
- Max User Weight: 21 stone
- Max Range: 20 miles
- Max Speed: 6 mph

£995

<p>WIGAN</p> <p>ABLEWORLD 17 Caroline Street, Wigan, WN3 4EL</p> <p>01942 233200 info@ ableworldwigan.co.uk</p> <p>Adjacent to Anrich Pet Healthcare Centre</p>	<p>ST HELENS</p> <p>ABLEWORLD 9 Eccleston Street St Helens, WA10 2PG</p> <p>01744 453038 info@ ableworldsthelens.co.uk</p> <p>2 minutes from ASDA</p>	<p>WAVERTREE</p> <p>ABLEWORLD 140 Rathbone Road, Wavertree, Liverpool, L15 4HH</p> <p>0151 733 1118 info@ ableworldwavertree.co.uk</p> <p>100 yards from Wavertree Railway Station</p>	<p>SALFORD</p> <p>ABLEWORLD Burrows House, 10 Priestley Road, Wardley Ind. Est. Manchester, M28 2LY</p> <p>0161 728 1880 info@ ableworldsalford.co.uk</p> <p>200 yards from BOC Gas</p>	<p>SOUTHPORT</p> <p>ABLEWORLD Shakespeare Centre 43 Shakespeare St Southport PR8 5AB</p> <p>01704 537 631 info@ ableworldsouthport.co.uk</p> <p>5 mins from Lord Street</p>
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Further details on all our stores can be found on: www.ableworld.co.uk

facebook.com/ableworld twitter.com/AbleworldUK

www.ableworld.co.uk

Ableworld are the main mobility retailer in the area approved as a Community Equipment Dispenser

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*VAT Exempt - Ask in Store for Details
Images for illustration only. Colours & fabrics may vary.

Insurance/Warranty is arranged by Ableworld UK Ltd and provided through Mark Bates Ltd/a Premier Care, Premier House, Londonthorpe Road, Grantham, Lincs, NG31 8SN who are authorised and regulated by the Financial Conduct Authority. FIRM 308390.