

Newsletter



# Dementia Support Service

*May 2019*

For people with memory loss and their carers





# What's on

## Carer Workshops

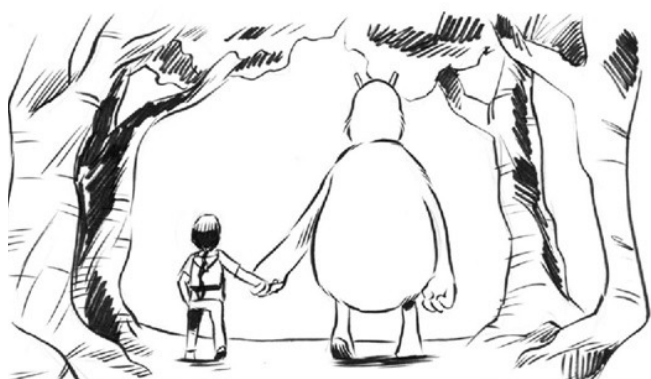
Our free and bespoke two hour workshops aim to offer practical information and guidance for carers of people living with dementia. Book places on 0161 728 2001

### Coping for carers - Wednesday 8th May 1pm -3pm

Managing stress, anxieties and finding new ways to cope with everyday living with specialist advice from a clinical psychologist from Greater Manchester Mental Health NHS Trust.

### Create and Connect - Wednesday 22nd May 1pm -3pm

Explore ideas and creativity to enhance your leisure time in partnership with Six Degrees Social Enterprise.



#### Mr Alzheimer's Goes to School Campaign

Join us for an afternoon of shadow puppet theatre, cupcakes and iced biscuits!

\* Venue – Buile Hill Park Hall, M6 8GL

• Friday 17<sup>th</sup> May, 1 – 3pm

Tickets—<https://www.eventbrite.co.uk/e/mr-alzheimers-goes-to-school-campaign-tickets-58605676155>

Or call Dementia Support Services —0161 728 2001



Registered charity number 1105769  
ID8003314-08/15

JOIN THE SONG BIRDS FOR AN EVENING OF ENTERTAINMENT

Enjoy an evening meal, sing and dance

FRIDAY 24TH MAY 6.00PM - 9.00PM  
HUMPHREY BOOTH CENTRE, SALFORD  
2 COURSE MEAL & GLASS OF PROSECCO  
£15 PER PERSON. LIMITED PLACES  
BOOK ON 0161 737 5989

Salford ageUK

# Dementia Action Week 2019

## MONDAY 20TH MAY

**Introduction to Dementia**  
10.00 - 12.00

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**Dementia Living Library**  
12.00 - 13.00

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**Creative Workshops**  
14.00 - 16.00

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**University of Salford,  
Media City Campus**

## TUESDAY 21ST MAY

**Salford Institute of Dementia**

**Dementia Hub  
Open Day  
Cake & Plant Sale**  
10.00 - 15.00

**The Dementia Hub, Allerton  
Courtyard, Frederick Road Campus,  
Salford University, M6 6PU**

## THURSDAY 23RD MAY

**Evening Lecture with Professor  
Alison Wray**

18.00 - 20.30

**University of Salford  
Venue TBA**

## FRIDAY 24TH MAY

**Salford Dementia Champions Group  
Celebrating Dementia Action  
Week**

Registration at 10.00  
**The Lighthouse, Eccles**  
Book your place: 0161 212 6278

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**Dementia United  
Celebrating Dementia Action Week**  
10.00 - 15.30

**Science and Industry Museum**  
Book your place on: 011382 48399



Evening Event on **Monday 20th May** with Dementia Institute Patron and Actor  
Christopher Eccleston and Comedian Steve Day  
18.00 - 20.30

University of Salford, Media City Campus, Digital Performance Lab

To find out more information about events at Salford University.

Contact: [dementia@salford.ac.uk](mailto:dementia@salford.ac.uk)

# Meet our new team members



## **Toby Christian**

Toby started volunteering with Age UK Salford's Dementia Support Service in January and has now joined the team as a Dementia Support Worker.

He's enjoying supporting the buddy clubs and has said: "It's fantastic to see people enjoying themselves and socialising with other people at the group and hopefully the group will continue to grow in size and reach out to more Salford residents with dementia and their carer's."

In his spare time, he hikes in the countryside and enjoys canal walks in the city. He also enjoys canoeing and paddle boarding at Salford Water Sports Centre.



## **Karolina Staniecka**

Karolina is a new volunteer for the Dementia Support Service and will be helping at the Thursday group in Monton or the fortnightly dementia cafes in Clifton. She is studying a bachelor's degree in Human Biology and Infectious Diseases at the University of Salford – an intense but fascinating course and also works part-time at Oakland's Hospital. Karolina is enjoying meeting people and spreading care and compassion and also having a laugh or a little boogie to Elvis.

## **Contact Us:**

Age UK Salford Dementia Support Service

0161 728 2001 or [dssadmin@ageuksalford.org.uk](mailto:dssadmin@ageuksalford.org.uk)

Partnerships and funding by: