

Dementia Support Services



For people with memory loss and their carers
Newsletter **Autumn 2018**



Disco Family Fever

Friday 14th December, 6pm—9pm

Welcome to our latest edition of the
Dementia Support Service Newsletter
Jean Mann, Manager

'It is not how much you do but how much love you put in the doing' Mother Teresa

NEW LOOK CARERS WORKSHOPS – flexible sessions: come to them all or just one!

Our sessions are :

- * **DEMENTIA AWARENESS** : Wednesday 31st Oct 2018, 1pm-3pm
Understanding different types of dementia, the effects on the individual and how to develop positive ways of living.
- * **COPING FOR CARERS** : Wednesday 7th Nov 2018, 1pm-3pm
Managing stress, anxieties and finding new ways to cope with everyday living.
- * **FINANCE, LEGAL & BENEFITS** : Wednesday 14th Nov 2018, 1pm – 3pm
An opportunity to discuss benefits and legal issues including power of attorney.
- * **SUPPORT FOR CARERS** : Wednesday 21st Nov 2018, 1pm-3pm
Learn about carers rights, other support services and how to care for yourself.

The workshops will take place at **AGE UK CLIFTON GREEN**, call **728 2001** to book your workshop or find out more!

If you can't make these dates, the workshops will be repeated in **March!**

Carers Feedback:

“Brilliant, helpful and plenty of support!”

“ I have a future to look forward to.”

Disco Family Fever – Friday 14th December

Join DJ Ged for a night of fun that the whole family can enjoy.
Bring the kids and the grandkids for dancing, pasties, peas,
cakes and good times!

£2 per ticket—Call 728 2001 to book yours!

**Swinton Royal Legion—1A Cheetham Rd, Swinton,
Manchester M27 4UQ**

Mount Chapel Champions— Mondays 1—3pm
Mount Chapel Church, 32 Eccles Old Road, Salford. M6 7AF

A social group for people with young onset dementia and their carers. People can enjoy a wide range of activities, refreshments and trips.

The group enjoyed a sports day in August!



Dementia Café— Tuesday 1—3pm, fortnightly
St Thomas' Church, Delamere Avenue, Clifton Green, M27 8GL.
Call to check dates!

A social group for people affected by dementia, providing a relaxed space for people to have a chat, a cuppa or join in with a fun activity.

Friendship Group—12—2pm, 1st Wednesday of the month,
Critchley Cafe, 75 Chorley Road, Swinton, M27 9AD

Friendly and relaxed luncheon group for people affected by dementia. You can pop along on the first Wednesday of the month or give the team a call to find out more.

Buddy Clubs—10am—3pm, Wednesday, Thursday and Fridays. £25 per day charge. Call for information.



A social club for people with mild to moderate dementia or memory loss offering a range of activities and a three course lunch.

The Chandos Buddy Club has created a garden club with funding from Ambition for Ageing. They harvested green beans, lettuces, radishes, tomatoes and strawberries and will be adding wall planters, weatherproof textured art, pansies and bird feeders over the winter.

Dementia Workers — Need to talk? Call 728 2001

Provides advice, guidance and support to individuals with a diagnosis of dementia and to their carers and families.

Carers Feedback: *“Age UK Salford has been a lifeline—they have gone out of their way to help me!”*

Salford Inspire — dementia awareness group

Salford Inspire are finalising the pilot Mr Alzheimer's School Campaign. We are working with an artist and students to design a cartoon, puzzles and a Mr Alzheimer's story that will complete the school pack. Joy, Emma and Mr Alzheimer's are flying to Barcelona in October to present the Campaign to the European Alzheimer's Conference.

Salford Inspire are seeking funding to roll the Campaign out across Salford and then in to Greater Manchester's primary schools.



Useful Numbers

Dementia Support Service -
0161 728 2001

Cleaning & Shopping -
0161 788 7300

Insurance & Pension Advice -
0161 788 7300

Hospital Discharge, Aftercare
and Reablement Service -
0161 206 4607

Critchley Cafe - 0161 359 3410

Social Services -
0161 631 4777

Humphrey Booth Resource
Centre - 0161 607 7101

Humphrey Booth Day Centre -
0161 737 5989

Admiral Nurses -
0800 888 6678

Carers Centre -
0161 833 0217

**Age UK Salford
Dementia Support
Services
108 Church Street
Salford,
M30 0LH**

**If you wish to make a donation to
support our work could you please
ensure your cheque is made payable to:
Age UK Salford**

Partnerships

Our project is funded by the Salford
Clinical Commissioning Group

NHS
Salford Clinical
Commissioning Group