

Hospital Aftercare & Reablement Support Service



Going home from hospital and need some help? We can provide practical information and support after a stay in hospital

Who is the service for?

- Salford residents, aged 55 or over
- A carer being discharged from hospital
- A carer supporting someone leaving hospital

Who can refer?

- Self refer
- Health or social care staff
- Family, relatives of a person who has had a stay in hospital
- Those with the relevant permission

When is the service available?

- Monday - Thursday 9am - 8pm
(Friday until 7.30pm)
- Saturday, Sunday and Bank Holidays (9am - 5pm)
- Christmas Bank Holidays 9am - 1pm

How do I contact the service?

Whilst you are in hospital, ask staff to contact us. We can see you whilst you are in hospital. If you have been discharged, you can contact us when you are back at home.

Telephone: 0161 206 4607 (24 hour answerphone)

Email:
salford.aftercare@srft.nhs.uk

Office: Age UK Salford, Salford Royal Hospital, Hope Building.

The service aims to:

- Help you plan your return home
- Ring you once you are home to check you are coping
- Visit you at home and complete a personal assessment of your health and wellbeing
- Offer a home safety check
- Develop a personal support plan to help you remain independent longer

Once you are home, we can:

- Offer (short term) practical support in your home; meal preparation, washing pots, putting washing in the machine, paying bills
- Arrange to do essential shopping
- Arrange and accompany you to essential appointments e.g. hospital, doctor, dentist
- Help you with meal planning and eating well if you have lost weight

We can also:

- Work with you for up to 6 weeks to ensure you have a smooth transition from hospital to home
- Work with you to ensure you have support networks to help your recovery
- Introduce you to other Age UK Salford services or social groups and activities
- Help you to think about and plan your future care needs

We do not offer:

- Personal Care
- Nursing, clinical care or therapy
- Medicine dispensing
- Financial or benefit advice

However, if you do need help with any of the above, our experienced team will be able to signpost you to the appropriate support.

We provide a wide variety of services to older people living in Salford:

Dementia Support Service

Support for those living with dementia.

Tel: 0161 728 2001

dssadmin@ageuksalford.org.uk

Home Services

Help with everyday chores in your home on a regular basis.

Tel: 0161 788 7300

homeservices@ageuksalford.org.uk

Social Rehabilitation Service

Help to maintain or regain optimum health and wellbeing after bereavement, illness or a stay in hospital

0161 206 1111

Humphrey Booth Centre

Day care services with a dedicated team and social activities.

Tel: 0161 737 5989/0161 736 8175

Critchley Community Hub

Social centre and garden cafe in Swinton.

Tel: 0161 359 3410

For more information about Age UK Salford.

You can contact us:

Age UK Salford

108 Church Street

Eccles, Salford, M30 0LH

Tel 0161 788 7300

www.ageuk.org.uk/salford/

administrator@ageuksalford.org.uk

The office in Eccles is open for free information and advice, Monday - Friday, 9am - 4pm (Closed Bank Holidays).

