## Humphrey Booth Day Centre Social Membership



Contact us to book your place:

33 Eccles Old Road Salford M6 7AP Tel: 0161 737 5989

Open daily (Monday- Friday) 9.00am to 4.00 pm

The daily cost includes a light breakfast if arriving pre-11am.

3-course lunch and afternoon tea/coffee and all activities

Social Membership is available to Salford residents aged 55+ allowing you to drop-in and enjoy a choice of activities and meals and drinks throughout the day.

The recently refurbished centre is modern, bright accessible and designed to help older people maintain and improve their quality of life.

Fun and sociable activities are provided by our friendly and experienced care staff.

Members are encouraged to join in with the activites and include: exercise classes, arts and crafts, quizzes, indoor bowling.

This is a great way to socialise and meet people.

