

Social Rehabilitation Service



The Social Rehabilitation Service is a community based outreach service supporting individuals to promote their quality of life.

The service aims to assist individuals to regain or maintain optimum health and well-being, this may be following a life changing experience such as bereavement, a fall or after a decline in health. Our focus is to work with individuals to enhance their lives in areas such as:-

- Staying well
- Keeping in touch
- Feeling positive
- Feeling safe
- Benefit entitlement

HOW CAN SOCIAL REHABILITATION SUPPORT ME?

- Establish your individual needs and wishes
- Promote your choices
- Support you to stay in control of your life
- Support you to have improved access to a range of health and community services
- Explore solutions to loneliness
- Introduce you to social groups/activities

HOW DO I CONTACT THE SERVICE?

Individuals and families can contact the service by **telephoning 0161 206 1111**

WHAT IS THE CRITERIA FOR THE SOCIAL REHABILITATION SERVICE?

- Older person and living in Salford
- Ability and motivation to take a lead role in decision making
- Happy to work with us to improve their quality of life

(Please note the service does not support individuals who live in nursing/residential/extra care sheltered housing, have support services in place, e.g. full care package, daily on site warden)

For more information contact the service on:

Tel: 0161 206 1111

VOLUNTEER FOR US

Volunteers are at the heart of all our services. We actively recruit, train and support members of the community of all ages and from all backgrounds to join our team. We embrace the knowledge, skills, experience and personal qualities that volunteers can bring. Some volunteers have had considerable success in updating and developing transferable skills to move onto other opportunities.

Volunteering is a two-way process

We hope our volunteers attain new skills and knowledge and develop their own potential, increasing their self-confidence and creativity and so gain a rewarding insight into their talents and capabilities.

Within the Social Rehabilitation Service

Volunteers are able to support older people to reduce loneliness and social isolation. This is possible by providing support for the older person to improve their confidence to attend social groups and introduce them to local groups and activities.

Making a difference

"Age UK Salford have always been fantastic and the support I receive from the coordinator is exceptional, always friendly and enthusiastic."

"I've been well looked after by Age UK Salford and can't thank them enough for all the help they have given me. They have made life so much easier for me."

"You got me out and about and this makes me feel a lot better with myself. I thank the Age UK Salford staff for all their help and kindness."

We provide a wide variety of services to older people living in Salford:

Hospital Discharge, Aftercare and Reablement Service

Support after a stay in hospital.

Tel: 0161 206 4607/0161 206 9888
salford.aftercare@srft.nhs.uk

Dementia Support Service

Support for those living with dementia.

Tel: 0161 728 2001
dssadmin@ageuksalford.org.uk

Home Services

Help with every day chores around the home.

Tel: 0161 788 7300
homeservices@ageuksalford.org.uk

Humphrey Booth Centre

Day care services with a dedicated team and social activities.

Tel: 0161 737 5989/0161 736 8175
humphrey.booth@ageuksalford.org.uk

Critchley Community Hub

Social centre and garden cafe in Swinton.

Tel: 0161 359 3410
nichola.swettenham@ageuksalford.org.uk

Contact us:

Age UK Salford

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Eccles, Salford, M30 0LH

Tel 0161 788 7300

www.ageuk.org.uk/salford/

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