

Focus on Frailty

What matters to you?

As we move closer to opening the new Midland Met hospital in Smethwick, there may be some changes to the way we deliver our services.



We're holding a Focus on Frailty conversation on:

Tuesday 6 June 2023 from 10am to 12pm

at Yemeni Community Association, Greet's Green Access Centre,
Tildasley Street, West Bromwich, B70 9SJ.

Registration from 9:30am

If you are a local person who lives with or cares for an older and/or frail loved one, we want to share our frailty plans with you and get your views. Staff within a residential or nursing home setting or staff that work in an acute, community or a primary care setting are also welcome.

We'll be talking about:

- ▶ What the current frailty (pathway) service looks like
- ▶ What will be changing as we move to the new Midland Met hospital
- ▶ The benefits of the new frailty (pathway) service
- ▶ How we aim to keep frail patients in their own home and out of hospital

Scan the QR code to register or follow this link:

[Focus on Frailty Form](#)

For more information email
swbh.engagement@nhs.net
or call 0121 507 2671



Frailty Facts. Did you know?

- ▶ Around 10% of people aged over 65 live with frailty
- ▶ Physical activity is one of the best ways to prevent and treat frailty
- ▶ Frailty refers to not being strong enough to endure strain, pressure, or strenuous effort
- ▶ Around 25-50% of people aged 85 live with frailty
- ▶ It is important that people living with frailty have access to proactive care to prevent problems arising in the first place