



ROLE DESCRIPTION

Activity & Walks Group Leader (in person)

Responsible to: Service Manager for Activities and Wellbeing

Time Commitment: Around 3 hours per week

Location: Various parks across Sandwell

About the Service

Age UK Sandwell provides a menu of activities across the borough to support people to build social connections and reduce loneliness and isolation. Groups include activities such as bowls, gardening, IT clubs and walking groups.

We are looking for reliable and confident volunteers to support these activities and help older people in Sandwell to make the most out of later life.

We particularly need support from female volunteers in our 'Women First' Walking groups, there are 6 walking groups located in 6 Sandwell parks. Please contact us via the details below for more information on this.

Travel expenses will be paid – expenses form to be completed monthly

About the Role

Activity group volunteers will be responsible for facilitating weekly activity groups for older people. Specific tasks may include:

- To undertake Age UK Birmingham and Age UK Sandwell induction programme and additional relevant training where required
- To prepare any resources and equipment required to deliver the group
- To help promote the group and encourage attendance from older people in the community
- To set up the venue for the purposes of the activity (where applicable)
- To facilitate activity sessions on a regular basis as agreed by the service manager
- To keep a record of attendance
- To report any concerns to the manager of the service
- To attend team meetings/ supervision when required



Personal qualities and skills most suited to this role

- Good listening and communication skills essential
- Patience and tact
- Skill, knowledge, or interest in the type of activity being delivered
- A caring, sympathetic, sensitive manner and a non-judgemental approach
- Commitment to understanding the needs of people older people
- Commitment to the project/group
- Reliable/dependable/flexible
- Have a positive outlook and be committed

Time commitment

To allow time to set up and clear away after the activity we recommend around 3 hours commitment per week to setup, run, and clear down the activity group.

Activity Groups are delivered at times during service hours, Mon-Friday 9am – 4pm

Contact

Louise Crowther

0121 824 1459

volunteering@ageukbirmingham.org.uk

Or apply online by [CLICKING HERE](#)