South West Sheffield Timetable

July 2026

Please check with the primary contact to see if the session is running.

Activity	Venue	Primary Contact
Bents Green Rosemary Memory Café (dementia targeted): a welcoming social space for people living with dementia.	Bents Green Methodist Church, Ringinglow Road, S11 7PU - Thursdays - 1st and 3rd Thursday of the month	Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948
Calmly Create: the main objective of the sessions is for patients who may be experiencing stress, anxiety, loneliness to create something crafty in a warm, calm and welcoming environment.	Fulwood Old Chapel School Room, 8 Whiteley Lane, S10 4GL - Wednesday (monthly). This group is only for patients of surgeries within the Porter Valley Primary Care network: Greystones, Falkland Road, Rustlings Road, The Hollies, Nethergreen, Carterknowle and Dore.	To sign up and to get more information please speak to the reception staff at your surgery. South Yorkshire Chaplaincy and Listening Service 07903 899751 sycls@sycls.co.uk
Carers' activities: Sheffield Carers Centre runs a range of regular activities to support carers.	Various venues	Sheffield Carers Centre - 0114 278 8362 Carer Activities | Sheffield Carers Centre
Coffee and Exercise Classes Variety of gentle exercise sessions, mainly chair-based, combined with refreshments. All weekly. CWS also offer a range of exercise classes at their gym at 863 Ecclesall Road, including a Parkinson's Gym Class.	• Bradway Community Hall - Monday 10.30 -11.30am • Fulwood Old Chapel - Monday 10 - 11am • Dore and Totley United Reformed Church - Monday 1.30 - 2.30pm • Crosspool Scout Hut, Benty Lane Tuesday 10.45 - 11.45am • Westminster TARA, 53 Westminster Crescent Wednesday 10.30 - 11.30am • Totley Library/CRIC - Thursday 12 - 1pm • St Peter/St Oswald's Abbeydale Road - Friday 10.30 - 11.30am	Community Wellness Services (CWS) 0114 553 7807 info@cwsuk.ltd
Creative Writing Group - Ecclesall	Ecclesall Library 1st & 3rd Tuesdays, 10.15 - 11.45	Kim Stephenson kimwordbird@gmail.com

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Crosspool Memory Café: a welcoming space for people living alone, people with memory issues and their supporters	St Columba's Church, 503 Manchester Road S10 5PL 3rd Wednesday of the month	St Columba's Crosspool 0114 267 0006 admin@ stcolumbacrosspool.org.uk
Dance to Health Sheffield: gentle dance classes for all abilities	St Augustine's Church, Endcliffe- multiple days of the week	Vivienne Smith vivsmith85@aol.com 07434 928608
Dore and Totley Rosemary Memory Café (dementia targeted) - a welcoming social space for people living with dementia.	Dore Methodist Church Hall – Tuesdays - 1st and 3rd Tuesday of the month	Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948
Dore Welcoming Space - meet others and have fun. Refreshments provided.	Dore Methodist Church Hall - Wednesday (weekly) 10.30am to 1pm.	No booking requirement, just drop in: Welcoming Space - Dore Church
Fulwood coffee and games morning: dementia friendly: - a welcoming social space for people living with dementia.	Fulwood Scout Hut, Fulwood Rd - Tuesdays (2nd and 4th Tuesday of the month)	Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948
Millhouses, Ecclesall and Carter Knowle Community Group: Social group - refreshments, games and chat.	The Robin Hood Pub, Millhouses Lane - - Mondays (weekly), 3 - 5pm	Mike Hodson, Secretary mikehodson26@gmail.com 07887 570762 or Paul May: maypaul61@gmail.com
Singing Teapot Choir - weekly singing group for all abilities.	Dore and Totley United Reformed Church - Tuesday (weekly from Sept), 10.30am; cuppas from 10am.	Steph Shaw - call/text 07801 255878 stephshaw@myyahoo.com
Sporting Chatter / Sporting Chatter films: A social group who come together to discuss all things sport.	Dore and Totley United Reformed Church - First and third Fridays	Mike Pettitt T: 0750 306 0990 or Richard Pitts Tel: 0773 970 0567

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South West Friendship Lunches: book onto one of our local friendship lunches and enjoy great food and entertainment.	**Crosspool Tavern, Crosspool** - monthly, 2nd Monday **Cross Scythes, Totley** - **Friendship Club** (no need to book). Mondays 10am-12 noon, option to stay for lunch. **Cross Scythes Friendship Lunch** - dates TBC **Crown Inn, Totley** - second Monday **Tapton Hall** - Monday 21st Sept, then ad hoc dates **The Ball**, **Crookes** - monthly, 1st Tuesday **Three Merry Lads, Lodge Moor** - dates to be confirmed	Crosspool Tavern 0114 266 2113 Cross Scythes via Kathy 0772 952 8844 Crown Inn 0114 236 0789 Tapton Hall via Kathy 0772 952 8844 The Ball Inn 0114 266 1211 Three Merry Lads 0114 327 2700
Table Tennis	Bradway Community Hall - Thursday and Friday (weekly) Contact Jan for times.	Jan – 07787 954842 0114 418 6463
Totley Library Cinema	Totley Library/CRIC - - monthly on Thursdays	Totley Library 0114 236 3971
Totley Natter Coffee Morning: a welcoming space to meet new people and enjoy cakes and coffee.	Totley Library/CRIC - Thursday (weekly)	Totley All Saints Church - 0114 236 7627
Totley Rise Welcoming Places Coffee Morning - free coffee and biscuits	Totley Rise Methodist Church, 1 Grove Road, Totley S17 4DJ Tuesdays 10am - 12pm	Collette Duke collette.duke@sky.com
Well with Nature Coffee, nature wellbeing chat and mindfulness.	A venue in Totley, Mondays 11 am-12:30 pm Phone to book a place.	Caroline Cook 07583 551705 caroline@wellwithnature.co.uk
Welcome Places Timetable: - warm welcomes at a wide range community venues.	Various venues across South West Sheffield	Weekly timetable - follow the link on the Age UK Sheffield website: Welcome Places