

## Young Onset Dementia community referral routes (under 65s)







For use by professionals\* / volunteers in Sheffield

For under 65s with Young Onset Dementia, and their family members / unpaid carers



For under 65s with Young **Onset Dementia** 



For family members, and unpaid carers



Need (nonmedical)

- Low to medium dementia needs
- · Ongoing social connection
- · Young onset dementia information and peer support
- · Specific activities and trips out with other under 65s
- Higher needs
- Struggling to cope
- Avoiding crisis
- Short intense support
- Full day of personcentred activities for the person with Y.O.D.
- Break for the carer.

 Carer information

- Peer support
- · Listening ear

Tips and training to care for a family member with dementia

Refer to

Dementia Advice Sheffield

(0114) 250 2875 Sheffield 🐽



DAS will refer onto both



**People Keeping Well** local community dementia support



Young Onset **Dementia** Hub



**Dementia Short Term Intervention** Service (DSTIS)

0114 276 8414 dementiaconnect. referrals@nhs.net to request referral form

Care2Care (0114) 317 7942 for North

Age UK Sheffield (0114) 250 2850 for South

or

Dementia Advice Sheffield if unsure.

**CARERS** TRUST

**Sheffield Carers** 

Sheffield **Carers Centre** 0114 272 8362 www.sheffield

carers.org.uk

Alzheimer's Society

**Sheffield** 

Alzheimer's Society 0114 276 8414 sheffieldenquiries@alzh eimers.org.uk

**Support** provided

- 6-monthly check-in call
- Dementia information
- Dementia carer groups

**Young Onset** Dementia age-relevant information, groups, trips, social events

- Up-to 6-week service
- Navigate support services
- Resolve issues
- · Build resilience



**Young Onset** Dementia Day Activities for under 65s

- Carer advice line
- Carer Assessment
- Carer Card
- Newsletter
- · Planning for emergencies



Sheffield Dementia **Carers Training** Service

(6 workshops)