



Dementia non-medical awareness and training for professionals/volunteers in Sheffield

NB: These should **not** replace mandatory training

Raise your dementia awareness

Gain dementia understanding

Gain dementia specific knowledge

Become a dementia-friendly organisation

Session name

Dementia Friends 

Dementia Stars (Bronze, Silver and Gold) 

Dementia Advice Sheffield (DAS) Workshops 

Our Dementia Commitments 
(previously Sheffield Dementia Action Alliance)

Who the session is aimed at

Everyone who doesn't already have extensive engagement with someone living with dementia

Anyone in Sheffield who supports a person with dementia through their job or volunteering role

Any professional or volunteer in Sheffield who supports someone living with dementia

Organisations in Sheffield wanting to make a difference for people living with dementia

Description

Awareness session delivered by volunteers who are trained by the Alzheimer's Society to deliver information sessions about dementia. Please note, this is 'awareness' only, not 'training'.

Experiential and interactive, puts attendees in the shoes of a person living with dementia. Designed to be taken in order. Covers themes such as how dementia may impact behaviour, senses and memory, and what participants can practically do to better support people living with dementia.

Gives further understanding around dementia through specific topics. Interactive workshop themes come from frequently-asked queries from professionals contacting DAS. Previous topics have included: 'Sex and Dementia' and 'How to support someone with dementia on the phone'.

Why getting it right for people living with dementia is so important, and support to help make simple practical changes to better support people in Sheffield with dementia.

Length of session

45 mins to 1 hour

3 x 2 hours

2 hours (each one-off session)

2 hours per session

How to book

dementiafriends.org.uk

[Dementia Advice Sheffield service training sessions](#)

[Dementia Advice Sheffield service training sessions](#)

[Our Dementia Commitments – Sheffield](#)