What's happening for people living with dementia in Sheffield in 2026

Compiled by Samara Casewell and Val Linnett
(Volunteers Age UK Sheffield)

If you don't know where to start…….

For information about dementia support and services in Sheffield:

- Contact **Age UK Sheffield's Dementia Advice Service (0114 250 2875;** dementiaadvice@ageukSheffield.org.uk
- Look on www.sheffielddirectory.org.uk
- Look on www.ageuk/sheffield/our-services/dementia-services

Support in Stocksbridge, Upper Don, Deepcar, Wharncliffe Side, Bradfield, Oughtibridge, Worrall for people living with dementia in 2026

Dementia support services in Sheffield are spread over 17 local areas.
Each area has a **named Dementia Link Worker** who is employed by a local community organisation.
You can **contact the local Dementia Link Worker** to find out about the support in your area. They will be pleased to hear from you and will do their best to support you and signpost you to other helpful services.

In **Stocksbridge, Upper Don, Deepcar, Wharncliffe Side, Bradfield, Oughtibridge, Worrall** the local organisation co-ordinating local dementia support is **Stocksbridge Leisure Centre with Stocksbridge Community Care Group**
https://www.stocksbridgeclc.co.uk/dementia-services

The **Dementia Link Worker** is **Dave**
You can contact him on **0114 283 0141**
Email: sccg.communitydementiaprovision@gmail.com

Dementia Link Workers have lots of knowledge and experience of dementia and have completed Dementia Stars training.

What they offer:
- Dementia information and a friendly listening ear.
- a 6-monthly telephone check-in call to see how you are.
- Regular Dementia-specific and Dementia-friendly social opportunities, including dementia cafes, support groups, fitness opportunities and arts and crafts sessions

How it works
- You can choose which activities you'd like to go to
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Dementia support services available in the Stocksbridge, Upper Don, Deepcar, Wharncliffe Side, Bradfield, Oughtibridge, Worrall area

Musical Memories Lunch Clubs
At the heart of our provision is the "Musical Memories on Tour" initiative, a series of lunch clubs hosted at local establishments, featuring live performances tailored to evoke cherished memories through music.
The lunch clubs not only provide a meaningful outing but also offer a chance to build connections with others facing similar challenges.
Contact **0114 283 0141**
Email: sccg.communitydementiaprovision@gmail.com

Musical Memories Lunch Club – Wharncliffe Side
1pm-3pm every 1st and 3rd Monday of the month
The Blue Ball, 281 Main Road Wharncliffe Side S35 0DQ

Musical Memories Lunch Club – Stocksbridge
1pm-3pm every 3rd Friday of the month
The Venue, 650 Manchester Road, Stocksbridge S36 1DY

Musical Memories Lunch Club – Worrall
1pm-3pm every 2nd and 4th Wednesday of the month
Blue Ball Inn, 320 Haggstones Road Worrall S35 0PD

Support in Chapeltown, High Green, Burncross, Grenoside, Ecclesfield for people living with dementia in 2026

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In Chapeltown, High Green, Burncross, Grenoside, Ecclesfield the local organisation co-ordinating local dementia support is **SOAR** https://www.soarcommunity.org.uk/

The **Dementia Link Worker** is **Lyndsey Crossland**
You can call Lyndsey on **07538 100 375** or **0114 213 4065**
Email: Lyndsey.Crossland@soarcommunity.org.uk

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Dementia support services available in the Chapeltown, High Green, Burncross, Grenoside, Ecclesfield area

Memory Lanes Bowling Group
Monday 1pm to 3pm
Chapeltown Methodist Church 1 Nether Ley Ave, S35 1AE
Call Chapeltown Methodist Church **0114 240 351**

Growing Memories Garden
Monday 10am-12pm
High Green Development Trust, Pack Horse Lane, S35 3HY
Contact John johnhousley5@gmail.com

Chapel Green Dementia Carer Support Group
Second Thursday of the month 1.30-3.30pm
Chapeltown Methodist Church 1 Nether Ley Avenue S35 1AE
Call Clover **07443999261**

Alone Together
Support group for carers whose loved one is in long-term care or who have been bereaved
First Tuesday of each month 1pm-3pm
Chapeltown Methodist Church, 1 Nether Ley Avenue S35 1AE
Call Debs**: 07510282933**

Wednesday Friends
Come for a cuppa and a chat and make some new friends
Wednesday 10am
St John's Church 21 Housley Park S35 2UE
Call: **0114 257 7444** office@stjohnschap.co.uk

Grenoside Monday Activity Group
For anyone to attend, meet new people, enjoy games and laughter
Monday 1pm-2.30pm
Voluntary donation of £2.50 includes refreshments
St Marks Church Hall, Main Street S35 8PR
Call Julie: **07920091363** grenosideactivitygroup@gmail.com

Support in Hillsborough, Middlewood, Wadsley, Loxley, Stannington, Wisewood for people living with dementia in 2026

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In **Hillsborough, Middlewood, Wadsley, Loxley, Stannington, Wisewood** the local organisation co-ordinating local dementia support is **Zest**
https://www.zestcommunity.co.uk/services/dementia-friendly-services-at-zest

The **Dementia Link Worker** is Trish
You can call Trish on **0114 270 2020 ext 232** or **07543 796 782**
Email: health@zestcommunity.co.uk

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Dementia support services available in the Hillsborough, Middlewood, Wadsley, Loxley, Stannington, Wisewood area

Over 50s Sporting Memories Social Group (with Sheffield Wednesday Community Programme)
2pm-3pm every other Wednesday at Sheffield Wednesday Football Ground (reception), Leppings Lane S6 1SW
Open to all over 50s
A friendly group that chats about sport, past and present. We engage in healthy accessible activities (occasionally outdoors so dress for the weather) and socialising. Don't be put off if you're not an Owl! Some of us are Blades and Barnsley!
Call Trish on **0114 270 2020 ext 232**
Email: health@zestcommunity.co.uk

Over 50s Social Dining Group
Every Thursday lunchtime: Meet at ZEST Library, 12-2pm, 18 Upperthorpe, S6 3NA, Join us to play board games, chat and enjoy a great value and delicious lunch from the FoodWorks cafe.
Contact Trish **07543 796 782** or **0114 2702040** / email: health@zestcommunity.co.uk to find out more.
Advance booking required if for first time attendees.

Memory Café
Last Friday of each month
Contact Trish **07543 796 782** or **0114 2702040** / email: health@zestcommunity.co.uk to find out more.

Support in Southey, Owlerton, Parson Cross, Fox Hill, Longley, Shirecliffe, Colley for people living with dementia in 2026

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In **Southey, Owlerton, Parson Cross, Fox Hill, Longley, Shirecliffe, Colley** the local organisation co-ordinating local dementia support is **SOAR**
https://www.soarcommunity.org.uk/

The **Dementia Link Worker** is **Lyndsey Crossland**
You can call Lyndsey on **07538 100 375** or **0114 213 4065**
Email: Lyndsey.Crossland@soarcommunity.org.uk

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Dementia support services available in the Southey, Owlerton, Parson Cross, Fox Hill, Longley, Shirecliffe, Colley area

Unforgettable Me Memory Cafe
Mondays & Fridays 9.30am-11.30am

Forget Me Not Café
Tuesday 9.30am -11.30am
Parson Cross Development Forum S5 9NB

For more details about both call Louise **0114 327 9727**
Louise@pxforum.org

JABADO Dementia Project
Using music and props to engage participants
Monday 11.30am-12.30pm
Parson Cross Development Forum S5 9NB
Call Louise **0114 327 9727**
Louise@pxforum.org

Dementia Carers Group
Mondays – monthly (call for dates) 9.30am-10.30 am
Parson Cross Development Forum S5 9NB
Call Louise **0114 327 9727**
Louise@pxforum.org

Support in Firth Park, Shiregreen, Flower, Wincobank, Brightside, Stubbin, Brushes for people living with dementia in 2026

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In **Firth Park, Shiregreen, Flower, Wincobank, Brightside, Stubbin, Brushes** the local organisation co-ordinating local dementia support is **SOAR**
https://www.soarcommunity.org.uk/

The **Dementia Link Worker** is **Lyndsey Crossland**
You can call Lyndsey on **07538 100 375** or **0114 213 4065**
Email: Lyndsey.Crossland@soarcommunity.org.uk

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Dementia support services available in the Firth Park, Shiregreen, Flower, Wincobank, Brightside, Stubbin, Brushes area

Tea 'n' Toast
Wednesdays 10am -12pm
Grimesthorpe Family Centre, Holywell Road S4 8AR
Call June **07580 962443**

SOAR Social Café
Meet new people, build confidence, learn new skills and join in with activities
Wednesday 9.30am-12.30pm
Community Centre, Sicey Avenue S5 0RN
Call Helen: **07795 563700**

Fir Vale Memory Café
Join in with arts, crafts and group games – a great way to socialise and help mental wellbeing. Referrals from BAME communities are encouraged
Wednesday 12pm-2pm
Firvale Community Hub 127 Page Hall Road S4 8GU
Call Adele: **07897 32485**

Dementia Café and Singalong (Live Singer)
Also do coffee mornings and tea and cake afternoons
Thursdays monthly 2-4pm (call for dates)
Wincobank Village Hall, Newman Road S9 1LQ
Call Anne: **07799 404525**

Firth Park Dementia Carers Support Group
3rd Tuesday of the month 2pm-4pm Firth Park First Start Family Hub S5 6QQ
Call Debs: **07510 282933** Deb.Mather@Soarcommunity.org.uk

Support in for people living with dementia in Crookes, Crosspool, Broomhill, Lodgemoor, Fulwood, Ranmoor, Endcliffe, Greystones, Nether Edge, Bents Green, Ecclesall, Brincliffe, Millhouses, Whirlow, Abbeydale, Bradway in 2026

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In **Crookes, Crosspool, Broomhill, Lodgemoor, Fulwood, Ranmoor, Endcliffe, Greystones, Nether Edge, Bents Green, Ecclesall, Brincliffe, Millhouses, Whirlow, Abbeydale, Bradway** the local organisation co-ordinating local dementia support is **Age UK Sheffield** https://www.ageuk.org.uk/sheffield/our-services/dementia-services

Contact Age UK Sheffield Dementia Services on **0114 250 2875**
Email: dementiaadvice@ageuksheffield.org.uk

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Dementia support services available in the Crookes, Crosspool, Broomhill, Lodgemoor, Fulwood, Ranmoor, Endcliffe, Greystones, Nether Edge, Bents Green, Ecclesall, Brincliffe, Millhouses, Whirlow, Abbeydale, Bradway area

Rosemary Memory Café
Provide tea, coffee, cakes and conversation specifically for people living with dementia and their carers
1st and 3rd Thursday of each month 2pm-4pm
Bents Green Methodist Church Junction of Ringinglow Road and Knowle Lane S11 7PU
Contact Hannah.West@ageuksheffield.org.uk or call **07825 597948**

Social coffee and games morning at Fulwood
Games and conversation. We usually play Scrabble and Rumikub but are open to new ideas. Dementia friendly, we welcome new members
£2 per session includes drinks and cakes
2nd and 4th Tuesday of the month 10am-12pm
Fulwood Scout Hut, 551 Fulwood Road **S10 3QH**
Contact Kathryn**: 07825 597948**

Support in Netherthorpe, Upperthorpe, Walkley, Langsett, Crookesmoor for people living with dementia in 2026

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In **Netherthorpe, Upperthorpe, Walkley, Langsett, Crookesmoor** the local organisation co-ordinating local dementia support is **Zest**
https://www.zestcommunity.co.uk/services/dementia-friendly-services-at-zest

The **Dementia Link Worker** is Trish
You can call Trish on **0114 270 2020 ext 232** or **07543 796 782**
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Dementia support services available in the Netherthorpe, Upperthorpe Walkley, Langsett, Crookesmoor area

Over 50s Sporting Memories Social Group (with Sheffield Wednesday Community Programme)
2pm-3pm every other Wednesday at Sheffield Wednesday Football Ground (reception), Leppings Lane S6 1SW
Open to all over 50s
A friendly group that chats about sport, past and present. We engage in healthy accessible activities (occasionally outdoors so dress for the weather) and socialising. Don't be put off if you're not an Owl! Some of us are Blades and Barnsley!
Call Trish on **0114 270 2020 ext 232**
Email: health@zestcommunity.co.uk

Over 50s Social Dining Group
Every Thursday lunchtime: Meet at ZEST Library, 12-2pm, 18 Upperthorpe, S6 3NA, Join us to play board games, chat and enjoy a great value and delicious lunch from the FoodWorks cafe.
Contact Trish **07543 796 782** or **0114 2702040** / email: health@zestcommunity.co.uk to find out more.
Advance booking required if for first time attendees.

Memory Café
Last Friday of each month
Contact Trish **07543 796 782** or **0114 2702040** / email: health@zestcommunity.co.uk to find out more.

Support in Burngreave, Fir Vale, Firshill, Abbeyfield for People living with dementia in 2026

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In **Burngreave, Fir Vale, Firshill, Abbeyfield** the local organisation co-ordinating local dementia support is **SOAR** https://www.soarcommunity.org.uk/

The **Dementia Link Worker** is **Lyndsey Crossland**
You can call Lyndsey on **07538 100 375** or **0114 213 4065**
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Dementia support services available in the Burngreave, Fir Vale, Firshill, Abbeyfield area

Dementia? Welcome! Café
Mondays, please contact Nick for dates and times
199 Verdon St, Sheffield S3 9QQ
Call Nick: **07725569380**
dementiawelcomecafe@gmail.com

Ageing Gracefully Memory Hub
A weekly memory and dementia support and activity group for Black and African Caribbean people
Monday 11.30am-1.30pm
SACHMA Campus 10 Breinburg Court, 263 Pitsmoor Road S3 9AQ
Contact 0114 272 6393 admin@sacmha.org.uk

Support in Darnall, Tinsley, Acres Hill, Handsworth, Housesteads for People living with dementia in 2026

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In **Darnall, Tinsley, Acres Hill, Handsworth, Housesteads** the local organisation co-ordinating local dementia support is **Darnall Well Being**
https://darnallwellbeing.org.uk

The **Dementia Link Worker** is Jo-Anne
You can call Jo-Anne on **07495 548929** or **0114 249 6315**
Email: jo@darnallwellbeing.org.uk

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Dementia support services available in the Darnall, Tinsley, Acres Hill, Handsworth, Housesteads area

Making Memories Dementia Café
1pm-3pm every other Wednesday
St Mary's Community Hub, Handsworth Road, Handsworth S13 9BZ
£2 per session
Booking essential
Call Jo-Anne on **07495 548929** or **0114 249 6315**
Email: jo@darnallwellbeing.org.uk

Happy Memories Dementia Café (with language support)
1pm-3pm monthly on Mondays
Living Waters Centre, 81 Main Road Darnall S9 5HL
Regular language support available for Urdu and Somali speakers, but can help with other languages too
£2 per session
Booking essential
Call Jo-Anne on **07495 548929** or **0114 249 6315**
Email: jo@darnallwellbeing.org.uk

Jo JanGles Music Focus Group
Sharing and enjoying music together
1pm-3pm every other Wednesday
St Mary's Community Hub, Handsworth Road, Handsworth S13 9BZ
£2 per session
Booking essential
Call Jo-Anne on **07495 548929** or **0114 249 6315**
Email: jo@darnallwellbeing.org.uk

Support in the City Centre, Sharrow and Broomhall for People living with dementia in 2026

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In **the City Centre, Sharrow and Broomhall** the local organisation co-ordinating local dementia support is **Shipshape** https://www.shipshape.website

The **Dementia Link Worker** is Nur
You can call Nur on **0114 250 0222**
Email: n.ali@shipshape.org.uk

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Dementia support services available in the City Centre, Sharrow and Broomhall area

Shipshape Health and Wellbeing
Shipshape collaborates with various partner agencies to enhance community support. Language support is available in Urdu, Punjabi, Arabic and Hindi.

Reconnect Community Café
11am-1pm 1st Monday of the month
Men only drop-in for people affected by dementia. Includes chair-based exercise, walking cricket, walks, guest speakers

Recharge Your Batteries
11am-12.30pm 1st Tuesday of the month
Women only session for carers and people with dementia to connect and enjoy a variety of physical activities

For more information call 0114 250 0222
Email info@shipshape.org.uk

Sheffield United Community Foundation Dementia Support Sessions
Rainbow Care Dementia Day Group
Monday 10am-4pm
Blades Family Hub, John Street S2 4QX

Social and Chair Based Exercise
Monday 11am-12pm
Shipshape, The Stables, Sharrow Ln S11 8AE

Golf In Society
Thursday 12pm-2pm
Blades Family Hub, John Street S2 4QX

Tony Currie's Memory Lane Monthly Event
Thursdays Monthly – 12-2pm
Bramall Lane Stadium, S2 4SU

Email **amber.stott@sufc-community.co.uk** for more information

Support in Manor, Castle, Park Hill, Wybourn, Woodthorpe for People living with dementia in 2026

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In **Manor, Castle, Park Hill, Wybourn, Woodthorpe** the local organisation co-ordinating local dementia support is **Manor & Castle Development Trust**
https://manorandcastle.org.uk/health-wellbeing/memory-dementia-and-carer-support-in-your-community

Contact the **Dementia Link Worker** on **0114 278 9999**.
Email: dementia@manorandcastle.org.uk

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Dementia support services available in the Manor, Castle, Park Hill, Wybourn, Woodthorpe area

Victoria Centre Memory Café
A welcoming drop-in for people living with mild to moderate memory loss, their carers, family and friends. Refreshments provided.
Thursday 1pm-3pm
Victoria Centre, Victoria Methodist Church Stafford Road S2 2SE
Contact **0114 273 9850** info@victoriacentresheffield.co.uk

Over 50s Afternoon Tea
Monday 2pm-4pm
Park Centre & Library, 4 Sansom Street S2 5QT
Meet new people, have a chat and play bingo in a friendly atmosphere
Donation welcome
For more information call Jackie Bailey on **0114 757 497**

Spires Café
12.30pm-2.30pm Tuesday
600 East Bank Road S2 2AN
A friendly social café and welcoming place for people in the local community to meet and share good times, fun games, crafts and some light refreshments
For more information call Manor & Castle Development Trust on **0114 278 9999**

Forget-Me-Nots Singing Group
Tuesday 6pm-7pm
Victoria Methodist Church Stafford Road S2 2SE
For more information contact Diane on **0794 643 6163**

Time for Change
Thursday 11am-2pm
Guildford Grange, Guildford View S2 2NZ
Come and enjoy a cuppa and more. All are welcome to our friendly building
For more information contact Kellyanne on **0114 278 9999**

Support in Arbourthorne and Norfolk Park for People living with dementia in 2026

Dementia support services in Sheffield are spread over 17 local areas.
Each area has a **named Dementia Link Worker** who is employed by a local community organisation.
You can **contact the local Dementia Link Worker** to find out about the support in your area. They will be pleased to hear from you and will do their best to support you and signpost you to other helpful services.

In **Arbourthorne and Norfolk Park** the local organisation co-ordinating local dementia support is **Manor & Castle Development Trust** https://manorandcastle.org.uk/health-wellbeing/memory-dementia-and-carer-support-in-your-community

Contact the **Dementia Link Worker** on **0114 278 9999**.
Email: dementia@manorandcastle.org.uk

Dementia Link Workers have lots of knowledge and experience of dementia and have completed Dementia Stars training.

What they offer:

- Dementia information and a friendly listening ear.
- a 6-monthly telephone check-in call to see how you are.
- Regular Dementia-specific and Dementia-friendly social opportunities, including dementia cafes, support groups, fitness opportunities and arts and crafts sessions

How it works

- You can choose which activities you'd like to go to
- Activities are free to attend unless otherwise stated
- If places are available, you can go to activities in other areas of Sheffield, not just where you live
- For most of the activities you can come on your own or with a family member or friend

See over the page for examples of dementia support services available in this local area. For up-to date information it's best to **contact the Dementia Link Worker** directly.

Dementia support services available in the Arbourthorne and Norfolk Park area

Victoria Centre Memory Café
A welcoming drop-in for people living with mild to moderate memory loss, their carers, family and friends. Refreshments provided.
Thursday 1pm-3pm
Victoria Centre, Victoria Methodist Church Stafford Road S2 2SE
Contact **0114 273 9850** info@victoriacentresheffield.co.uk

Over 50s Afternoon Tea
Monday 2pm-4pm
Park Centre & Library, 4 Sansom Street S2 5QT
Meet new people, have a chat and play bingo in a friendly atmosphere
Donation welcome
For more information call Jackie Bailey on **0114 757 497**

Spires Café
12.30pm-2.30pm Tuesday
600 East Bank Road S2 2AN
A friendly social café and welcoming place for people in the local community to meet and share good times, fun games, crafts and some light refreshments
For more information call Manor & Castle Development Trust on **0114 278 9999**

Forget-Me-Nots Singing Group
Tuesday 6pm-7pm
Victoria Methodist Church Stafford Road S2 2SE
For more information contact Diane on **0794 643 6163**

Time for Change
Thursday 11am-2pm
Guildford Grange, Guildford View S2 2NZ
Come and enjoy a cuppa and more. All are welcome to our friendly building
For more information contact Kellyanne on **0114 278 9999**

Support in Heeley and Meersbrook for People living with dementia in 2026

Dementia support services in Sheffield are spread over 17 local areas.
Each area has a **named Dementia Link Worker** who is employed by a local community organisation.
You can **contact the local Dementia Link Worker** to find out about the support in your area. They will be pleased to hear from you and will do their best to support you and signpost you to other helpful services.

In **Heeley and Meersbrook** the local organisation co-ordinating local dementia support is **Heeley Trust** https://www.htcommunityhub.org/dementia-projects

Contact the **Dementia Link Worker**: **0114 3991070.**
Email: dementiaprojects@heeleytrust.com

Dementia Link Workers have lots of knowledge and experience of dementia and have completed Dementia Stars training.

What they offer:

- Dementia information and a friendly listening ear.
- a 6-monthly telephone check-in call to see how you are.
- Regular Dementia-specific and Dementia-friendly social opportunities, including dementia cafes, support groups, fitness opportunities and arts and crafts sessions

How it works

- You can choose which activities you'd like to go to
- Activities are free to attend unless otherwise stated
- If places are available, you can go to activities in other areas of Sheffield, not just where you live
- For most of the activities you can come on your own or with a family member or friend

See over the page for examples of dementia support services available in this local area. For up-to date information it's best to **contact the Dementia Link Worker** directly.

Dementia support services available in the Heeley and Meersbrook area

Heeley Community Hub Social Afternoons
1pm-3pm Thursdays (excluding August)
Heeley Green Community Centre, 344 Gleadless Road Heeley S2 3AJ
Contact Zoe **0114 399 1079**; zoe.w@heeleytrust.com (Wednesday & Thursday)

Heeley City Farm Dementia Friendly Farm Afternoons
Wednesday 2pm-4pm
Booking essential
Small group sessions to experience the Farm. We offer people living with dementia and their carers, a variety of activities on the Farm. Each session will be a different activity in the relaxing, informal and safe environment of the Well-Being Space in the Garden Centre.
Contact the **Dementia Link Worker**: Lee on **0114 258 0482**
Email: lee@heeleyfarm.org.uk

Support in Dore and Totley for People living with dementia in 2026

Dementia support services in Sheffield are spread over 17 local areas.
Each area has a **named Dementia Link Worker** who is employed by a local community organisation.
You can **contact the local Dementia Link Worker** to find out about the support in your area. They will be pleased to hear from you and will do their best to support you and signpost you to other helpful services.

In **Dore and Totley** Dementia groups are co-ordinated by **Age UK Sheffield.**
Contact Age UK Sheffield Dementia Services on 0114 250 2875
Email: dementiaadvice@ageuksheffield.org.uk

Dementia Link Workers have lots of knowledge and experience of dementia and have completed Dementia Stars training.

What they offer:

- Dementia information and a friendly listening ear.
- a 6-monthly telephone check-in call to see how you are.
- Regular Dementia-specific and Dementia-friendly social opportunities, including dementia cafes, support groups, fitness opportunities and arts and crafts sessions

How it works

- You can choose which activities you'd like to go to
- Activities are free to attend unless otherwise stated
- If places are available, you can go to activities in other areas of Sheffield, not just where you live
- For most of the activities you can come on your own or with a family member or friend

See over the page for examples of dementia support services available in this local area. For up-to date information it's best to **contact the Dementia Service** directly.

Dementia support services available in the Dore and Totley area

Rosemary Memory Café
Provide tea, coffee, cakes and conversation specifically for people living with dementia and their carers
1st and 3rd Tuesday of each month 2pm-4pm
Dore Methodist Church 3 Savage Lane S17 3GW
Contact Hannah.West@ageuksheffield.org.uk or call **07825 597948**

Support in Lowedges, Batemoor, Jordanthorpe, Beauchief, Greenhill, Woodseats, Norton for People living with dementia in 2026

Dementia support services in Sheffield are spread over 17 local areas.
Each area has a **named Dementia Link Worker** who is employed by a local community organisation.
You can **contact the local Dementia Link Worker** to find out about the support in your area. They will be pleased to hear from you and will do their best to support you and signpost you to other helpful services.

In **Lowedges, Batemoor, Jordanthorpe, Beauchief, Greenhill, Woodseats, Norton** the local organisation co-ordinating local dementia support is **Heeley City Farm**
https://www.heeleyfarm.org.uk/dementia-support-services

Contact the **Dementia Link Worker**: Lee on **0114 258 0482**
Email: lee@heeleyfarm.org.uk

Dementia Link Workers have lots of knowledge and experience of dementia and have completed Dementia Stars training.

What they offer:
- Dementia information and a friendly listening ear.
- a 6-monthly telephone check-in call to see how you are.
- Regular Dementia-specific and Dementia-friendly social opportunities, including dementia cafes, support groups, fitness opportunities and arts and crafts sessions

How it works
- You can choose which activities you'd like to go to
- Activities are free to attend unless otherwise stated
- If places are available, you can go to activities in other areas of Sheffield, not just where you live
- For most of the activities you can come on your own or with a family member or friend

See over the page for examples of dementia support services available in this local area. For up-to date information it's best to **contact the Dementia Link Worker** directly.

Dementia support services available in the Lowedges, Batemoor, Jordanthorpe, Beauchief, Greenhill, Woodseats, Norton area

Heeley City Farm Dementia Friendly Farm Afternoons
Wednesday 2pm-4pm
Booking essential
Small group sessions to experience the Farm. We offer people living with dementia and their carers, a variety of activities on the Farm. Each session will be a different activity in the relaxing, informal and safe environment of the Well-Being Space in the Garden Centre.
Contact the Dementia Link Worker: Lee on **0114 258 0482**
Email: lee@heeleyfarm.org.uk

St Chad's Memory Café
10.30am-12.30pm every 2nd and last Saturday of the month
St Chad's Community Hub, 54-56 Abbey Lane, Woodseats S8 0BP
Contact **0781 7924205**

Greenhill Memory Cafe
2pm-4pm every 3rd Thursday of the month
Greenhill Methodist Church, School Lane S8 7RL
Contact Naomi Gordon 079077 14859 outreachgmc@gmail.com

Jordanthorpe Library Memory Café
Tuesday 10.30-12.30
Jordanthorpe Library, 15 Jordanthorpe Centre S8 8DX
For more information contact info@jordanthorpelibrary.org.uk
https://jordanthorpelibrary.org.uk/

Support in Gleadless Valley, Heeley, Newfield Green for People living with dementia in 2026

Dementia support services in Sheffield are spread over 17 local areas.
Each area has a **named Dementia Link Worker** who is employed by a local community organisation.
You can **contact the local Dementia Link Worker** to find out about the support in your area. They will be pleased to hear from you and will do their best to support you and signpost you to other helpful services.

In **Gleadless Valley, Heeley, Newfield Green** the local organisation co-ordinating local dementia support is **Heeley City Farm**.
Contact the **Dementia Link Worker**: Lee on **0114 258 0482**
Email: lee@heeleyfarm.org.uk

Dementia Link Workers have lots of knowledge and experience of dementia and have completed Dementia Stars training.

What they offer:

- Dementia information and a friendly listening ear.
- a 6-monthly telephone check-in call to see how you are.
- Regular Dementia-specific and Dementia-friendly social opportunities, including dementia cafes, support groups, fitness opportunities and arts and crafts sessions

How it works

- You can choose which activities you'd like to go to
- Activities are free to attend unless otherwise stated
- If places are available, you can go to activities in other areas of Sheffield, not just where you live
- For most of the activities you can come on your own or with a family member or friend

See over the page for examples of dementia support services available in this local area. For up-to date information it's best to **contact the Dementia Link Worker** directly.

Dementia support services available in the Gleadless Valley, Heeley, Newfield Green area

Heeley City Farm Dementia Friendly Farm Afternoons
Wednesday 2pm-4pm
Booking essential
Small group sessions to experience the Farm. We offer people living with dementia and their carers, a variety of activities on the Farm. Each session will be a different activity in the relaxing, informal and safe environment of the Well-Being Space in the Garden Centre.
Contact the Dementia Link Worker: Lee on **0114 258 0482**
Email: lee@heeleyfarm.org.uk

Support in Woodhouse, Beighton, Mosborough, Sothall, Westfield, Halfway, Waterthorpe, Richmond, Hackenthorpe, Hollinsend, Birley, Charnock, Owlthorpe, Base Green for People living with dementia in 2026

Dementia support services in Sheffield are spread over 17 local areas.
Each area has a **named Dementia Link Worker** who is employed by a local community organisation.
You can **contact the local Dementia Link Worker** to find out about the support in your area. They will be pleased to hear from you and will do their best to support you and signpost you to other helpful services.
In **Woodhouse, Beighton, Mosborough, Sothall, Westfield, Halfway, Waterthorpe, Richmond, Hackenthorpe, Hollinsend, Birley, Charnock, Owlthorpe, Base Green,** the local organisation co-ordinating local dementia support is **Woodhouse & District Community Forum**
Contact the **Dementia Link Workers**:
Nicola on **07586 974483** Email: nicola@mywoodhouse.co.uk
Or Lesley on **07586 823707** Email: lesley@mywoodhouse.co.uk
Or call the office on **07394 081747**

Dementia Link Workers have lots of knowledge and experience of dementia and have completed Dementia Stars training.
What they offer:

- Dementia information and a friendly listening ear.
- a 6-monthly telephone check-in call to see how you are.
- Regular Dementia-specific and Dementia-friendly social opportunities, including dementia cafes, support groups, fitness opportunities and arts and crafts sessions

How it works

- You can choose which activities you'd like to go to
- Activities are free to attend unless otherwise stated
- If places are available, you can go to activities in other areas of Sheffield, not just where you live
- For most of the activities you can come on your own or with a family member or friend

See over the page for examples of dementia support services available in this local area. For up-to date information it's best to **contact the Dementia Link Workers** directly.

Dementia support services available in the Woodhouse, Beighton, Mosborough, Sothall, Westfield, Halfway, Waterthorpe, Richmond, Hackenthorpe, Hollinsend, Birley, Charnock, Owlthorpe, Base Green area

Social cafes
Wednesday 1pm-3pm (every 2 weeks)
Centre Spot Pub, 56 Jaunty Lane, Birley S12 3DN

3rd Thursday of the month 12pm-2pm
Beighton Miners Welfare 52A High Street S20 1ED
Contact Lesley or Nicola: **07586 974483** nicola@mywoodhouse.co.uk

Otago falls prevention exercise session
Monday 2.30pm-3.30pm
Joseph Stone Centre 9 School Street Mosborough S20 5EB
Contact Lesley on **07586 823707** lesley@mywoodhouse.co.uk

Dementia Friendly Chair Yoga
Monday 1pm-2pm (pre-booking needed)
Beighton Miners Welfare 52A High Street S20 1ED
Contact Lesley on **07586 823707** lesley@mywoodhouse.co.uk

Friendship Lunch
12pm-2pm 1st Thursday of the month (excluding January and August)
£5 pre-booking needed
Contact Lesley on **07586 823707** lesley@mywoodhouse.co.uk

City wide activities for people living with dementia, their carers, family and friends

Friendship Lunches with Live Entertainment
Friendship lunches happen in different pubs across Sheffield at different times.
There is usually a cost associated
Call Kathy: 07729528844 kathymarwick@gmail.com

Tea Dances at Sheffield Theatres
An hour of live singing, dancing and refreshments
Tuesday 11.15am-12.45pm and 1.30pm-3.30pm
Held in the Upper Foyer of the Crucible Theatre 55 Norfolk Street S1 1DA
Book online https://www.sheffieldtheatres.co.uk/events/tea-dance

Dementia-Friendly Film Screenings

Showroom Cinema
15 Paternoster Row Sheffield S1 2BX
Last Tuesday of each month at approx. 12pm
£5 includes free ticket for accompanying carer
https://showroomcinema.org.uk/cinema-clubs/dementia-friendly-screenings

The Light
The Moor Sheffield S1 4PF
Every Thursday at approx. 12pm
£5 includes free ticket for accompanying carer
https://sheffield.thelight.co.uk/dementia-friendly

Dementia Friendly Golf with Golf in Society
Hillsborough Golf Club, Worrall Road, Worrall S6 4BE
www.golfinsociety.com

Golf in Society provides indoor and outdoor golf sessions for people with various challenges including loneliness, Parkinson's Disease, Alzheimer's Disease and Stroke. No previous golf experience is required.
Provide a free 'taster session' where the participant and carer can come along to see if they like it. If you decide to continue, golf sessions last two hours and cost £20 a session.
Contact Josh Holmes josh.golfinsociety@gmail.com

Weston Park Museum
Monthly Memory Cafes Tuesdays 10.30am-12.30 pm
See website for details https://www.sheffieldmuseums.org.uk/whats-on/

LGBTQ+ Dementia Group
A dementia friendly over 50s group providing a safe space for LGBTQ+ people living with dementia to access support, information and friendship
2nd Thursday of the month at Weston Park Museum, Western Bank S10 2TP
For more information contact Josh **07857028855**
Email health@zestcommunity.co.uk

Young Onset Dementia Hub
A service to support people age 65 or under living with, or affected by, young onset dementia or memory problems
To make contact please email enquiries@ageuksheffield.org.uk or call **0114 250 2850.**

For Carers

Sheffield Carers Centre
Services for unpaid adult carers in the city including an advice line, a Carers Card with lots of benefits, a legal advice clinic, carer connect support services and carer support groups.
www.sheffieldcarers.org.uk
0114 272 8362 Carer Advice Line
0114 278 8942 Office

Online Information and Support for Carers
TIDE – a network for carers and former carers of people living with dementia
www.tide.uk.net
Dementia Carers Count A virtual carers centre supporting family carers
www.dementiacarers.org.uk

Early Onset Dementia Carers Group
10am-12am 4th Tuesday of the month
The Millenium Café, Millenium Café, Sheffield S1 2PP
An informal drop-in for information, to share worries and a friendly confidential chat. You can just drop in
For more information contact **0114 250 2875**
email dementiaadvice@ageuksheffield.org.uk