



Age Friendly Awards Sheffield



Event Guide

Hello & Welcome!

We are so pleased to welcome you to the first ever Age Friendly Sheffield Awards Ceremony. We are thrilled to welcome so many amazing volunteers and guests representing groups, businesses and projects that all work hard in order to make Sheffield an Age Friendly City. Anybody and everybody was encouraged to nominate a person, group, project, volunteer or champion that they felt really went above and beyond in some way to make Sheffield a great place to grow older and a fantastic city in which to live. We were overwhelmed with the amount of nominations we received for some truly remarkable, selfless and committed people who do amazing work across our city and we are delighted to have so many of these people here in the room with us today.

Today is all about recognising those people, and celebrating their fantastic contributions to help improve the lives of people in our communities across Sheffield.

If you are here today as a nominee, we would like to congratulate you for your nomination, thank you for coming and hope that you enjoy the event, **this is your day!**

If you are here as a guest, we hope you feel as inspired by the wonderful nominees as we do and we hope you have a wonderful afternoon of celebrating their achievements with us!

Please find below a timetable for the events taking place throughout the afternoon and the names of all of the nominees.

We would love to take photos throughout the event so that we can share photos with our supporters throughout the city. If you would prefer not to be included in any photos, please let a member of staff know as soon as possible (staff members will be wearing an Age UK Sheffield lanyard).

Event Timetable

12.00pm – Arrival upon arrival guests are asked to sign in and find their seats.

12:30pm - Welcome Introductions Steve Chu, CEO of Age UK Sheffield & Vic Stirling, Head of Partnerships at South Yorkshire Housing Association

12:45pm – Afternoon Tea will be serviced with refreshments.

13:15pm – Awards

14.05pm - networking and opportunity to view displays

15.00pm - Event Finishes

Nominees

We have listed all of the nominees for an Age Friendly Sheffield Award below. Because we received so many amazing nominations with incredible and inspiring stories highlighting why each person, project, business or group had been nominated, we simply didn't have enough room to share the detailed reasons with you in this event guide. Instead, we have written a short and sweet summary next to each name.

The Lunch Club Referral Service	A service that helps to reduce social isolation for older people across Sheffield
Remember When Café, Ruth Bartles	A weekly café which supports people with memory loss
Sporting Chatter, Phil Mason	This group predominantly targets men and aims to decrease social isolation
Cycling Without Age Sheffield	With the help of volunteers, CWA gives older people the opportunity to get outside and experience cycling in a unique way
Florence Kinsella	Florence helps with 3 lunch clubs and takes small groups of members out on outings to help reduce social isolation
Sheffield Mind	The Charity helps older people with a wide range of activities and offers mental health support and volunteering opportunities
Valley Recreational Activity Community Project	Valley React started 7 years ago with 5 members and they now support 750 members and their families.
Zest Craft Group	The craft group has been running for over 2 years as an over 50s age friendly group. They try to concentrate on recycling and reusing materials which would otherwise go to waste.
Jean Pickering	Jean has made an amazing contribution to her community helping people to age well and stay socially connected and physically active.
Carol Shepherd	Carol has given 10 years of commitment to Age UK Sheffield. Carol gives up her time to provide much valued assistance for two days every week.
Steve Howard	A former porter of Weston Park Hospital Steve now volunteers by both entertaining and visiting patients throughout the hospital with a food trolley
Stuart Arfield	Stuart is a peer mentor with Sheffield MIND He helps promote good wellbeing and champions MIND'S services.
The Museum Pub	Offers complementary Christmas lunches to older people using charitable donations from customers and weekly quiz night fees
The Abbey Public House	Offers a home and support to the Beauchief High 5 group. In response to members needs they introduced a ramp and railing to assist people entering and leaving the building as well as opening early especially for the group
Judy Nash	Judy has been involved for over 40 years in The Tree Tops Club for people with learning disabilities. Judy was one of the first volunteers when the club was established in Stocksbridge
Kathleen Morgan Cresswell	Kathleen volunteers in the retirement home where she lives as well as looking after her husband who is disabled and her friend who is 90yrs old with no close family
Heeley Trust	Heeley Trust run a project to help older people get online
Tony Foulds	Tony Foulds put Sheffield well and truly on the world map with a remarkable event. The memorial flypast was organised by the US Airforce and Royal Air Force together with the council, BBC Breakfast, South Yorkshire Police.
Bridging the Gap	A project set up by a student at Sheffield Hallam university helping to reduce social isolation and loneliness amongst the elderly population
Jan Clist	Jan has single handedly established the first Table Tennis Group for over 50's

	in the Bradway area. She now has upwards of 15 members per week
Becca Ling	Becca Ling was one of just 150 successful applicants out of 1,800 who sought a Winston Churchill Memorial Trust Fellowship. This year she explored the best dementia day service provisions in Japan and is currently in Canada doing the same. She will return with new ideas from around the world to improve dementia care in Sheffield and the rest of the UK
Ben Duke	Ben has dedicated his time to volunteer in three different roles to support the work of Age UK Sheffield Support Worker; Befriender and Dementia Café worker
Sarita Kumari	Sarita steps into many volunteer roles for Age UK Sheffield as and when required including Yoga Instructor, Half Marathon Marshall and Befriender
Emma McCarthy	Since establishing the People Keeping Well in Dore and Totley Emma has become instrumental in improving people's wellbeing. It is solely down to her commitment and dedication to older people that her classes provide such a lifeline
Sue Wigmore-Smith	Sue has volunteered as a befriender for over a year visiting vulnerable and isolated people within their own homes
TOFFEE Music	An entertainment team who combine their love of music with educating young people and entertaining older people in care homes and schools. They have raised over £51,000 for Weston park Hospital
Tony Maltby	Tony Maltby is a passionate campaigner and has spent much of his life's work researching the benefits of active ageing across the life span.
I Can Therapy Centre	I Can Therapy Centre is a new and unique, community based, power assisted exercise facility in Sheffield enabling older people to 'move more and feel better'
Upper Wincobank Undenominational Chapel	The chapel is run entirely by volunteers. There are many social activities for older people to take part in.
Sheffield Mencap & Gateway - Sunday Lunch Club	Sunday Lunch Club (SLC) is a longstanding project which offers a vital social opportunity for people at risk of social isolation and loneliness
Ruby Chau	Ruby started as a volunteer English tutor back in 1995 and helped with many fundraising events and language support for older Chinese people in the community
Lai Yin Organisation	Since 1986, Lai Yin has shown its friendliness, inclusiveness and support to older Chinese people
John Burkhill	John tirelessly raises funds for Macmillan Cancer Research and other charities in the Sheffield area
Beauchief High 5s	"High 5" is a friendship/social group set up for the over 50s in the Beauchief area
Irish Elders Lunch Club	This group is for older people to eat and socialise, anyone can attend that is socially isolated
Better Together Project	Better together raise funds and organise a yearly christmas event for isolated older people
Sheffield Pensioners Action Group	Activists fighting for social justice and the rights and of older people, providing a forum for voice and influence
Victoria Hall, Sunday Centre project	This group is run by volunteers. They provide a 2 course meal free of charge to the homeless
Kathy Markwick	Kathy works tirelessly to help combat isolation and loneliness in the city and South Yorkshire by arranging events and bringing people together

Eileen Wragg	Eileen has been the driving force behind the Woodseats Lunch Club for 25 years, and is highly regarded by everyone who has met her
Louise Ashmore	Louise runs many age friendly activities each week at St Thomas More Church Hall
Kathleen Miller	Kathleen goes above and beyond for the community of Lowedges. She organises several groups a week for older people in the community. She also organises trips away
Christine Gardner	Christine has worked in her local community for decades. she runs the women's section of the Park Gardeners club bringing speakers and activities and organising trips and activities. She focuses her support on older women.
Diana Booth	For the last 15 years Diana has run two groups for older people to enjoy in the Arbourthorne area of Sheffield
Betty Tynan	Betty Tynan helps at Guildford View where she helps to organise activities for the older people that live there. Betty is also in charge of the Irish Elders Club which many residents attend along with many others from all over Sheffield

A Thank you to our Sponsors

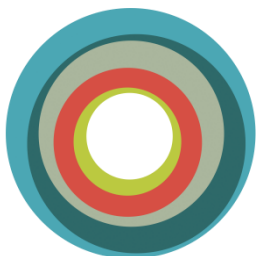
We would like to say a big thank you to our amazing sponsors for helping us to make this event possible! Please read below to find out more about our



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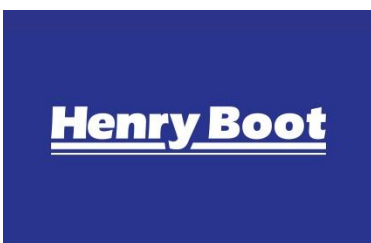


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Interested in helping our Age Friendly Sheffield programme ?

We would like to involve as many people as possible in our our Age Friendly Sheffield Programme. Afterall, who knows how to make Sheffield more age frinedly better than Sheffielders themselves?! If using your ideas and experience alongside a small group of people to help implement changes that make Sheffield more age friendly sounds up your street, please read on and get in touch!

What would being involved mean for me?

We are looking for people to join our working groups. There will be a working group for each of the 8 elements/domains that we would like to see improved in Sheffield. All you would need to do is apply to join the working group by explaining why you'd like to get involved! If you're passionate about one of the 8 areas listed below, and would like to get involved and have your say, please get in touch with us and we will send you all the info you need plus an application form!

The 8 domains are:

Outdoor Spaces & Buildings	Transportation	Social Participation	Housing
Respect & Social Inclusion	Civic Participation & Employment	Communication & Information	Community & Health Services

To get involved: Please email us at enquiries@ageuksheffield.org.uk or call 0114 250 2850.