

March 31st 2020

### **Partnership Support for remote working**

The amazing things you are all doing is fantastic. Especially those of you who are supporting the local hubs.

### **Good news**

Memory service have stopped all face-to-face appointments but they are still open to take phone calls so if you are worried about a loved ones memory or dementia medication call their help and advice line on 0114 2718585.

NHS workers can now get free car parking around Sheffield.

### **How can you help?**

Sheffield futures is looking for donations during the pandemic you can support with donations. [www.uk.virginmoneygiving.com/charity-web/charity/displaycharitycampaignpage.action?charitycampaignurl=helpustoheIpthem](http://www.uk.virginmoneygiving.com/charity-web/charity/displaycharitycampaignpage.action?charitycampaignurl=helpustoheIpthem)

### **Your Questions answered**

#### **The people I support need to get deliveries but there are no delivery slots from supermarkets what do I do?**

First of all link them to their community hub, that might be where you are working from or another local place which is supporting vulnerable people remotely through deliveries.

If this link doesn't seem to work for whatever reason, ask the person to ring directly their local supermarket to tell them of their situation.

If this isn't possible ask them to call their local fruit and veg shop and corner shops to see what they can do.

Make sure you explain to the person that it might take a while for things to get sorted so it is best to plan ahead regarding when delivery is needed.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

## **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Why not encourage people you call to look after their local wildlife?

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!



# How to make your own bird feeder

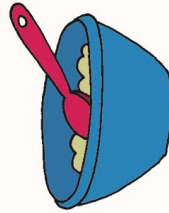
wildlife  
watch



## What you need:

- dry ingredients
  - bird seed
  - dried fruit
  - cooked rice
  - breadcrumbs
  - grated cheese
  - chopped nuts
- hard cooking fat (lard or suet)
- a pine cone, coconut shell or yoghurt pot
  - Use an old yoghurt pot for this, and always recycle after it's been used
- String

- 1 Mix all the dry ingredients together in a bowl



- 2 Add the fat and give it a good mix around

If you need to melt the fat, ask an adult to help

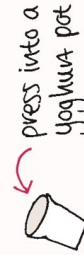
Hang your feeder where you can watch birds without disturbing them



- 3 Choose your feeder



put it round the inside of a coconut shell



You can hang this upside down like a bell or turn it out like a cake

- 4 Hang your feeders with string (you may need to make holes and tie the string in before adding the mix)

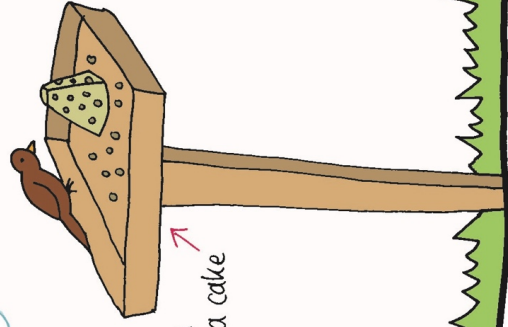


Illustration: Corinne Welch © Copyright Royal Society of Wildlife Trusts 2015

## **Joke of the day**

Why did the mushroom go to the party?

Because he is a fun-gi

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly