

April 2nd 2020

### **Partnership Support for remote working**

It has been truly inspiring to chat to many of you this week so thank you for giving me the time to chat, if I haven't caught up with you please know I will try to get round all of you as soon as I can.

### **Good news**

Audible are offering many books free during the corona virus. Audible allows you to listen to books being read aloud. Just download the app or go to their website for more information [www.audible.co.uk](http://www.audible.co.uk).

Rick Astley is doing a free concert for the NHS in Manchester on October 28<sup>th</sup> to say thank you to the heroes saving lives during the pandemic.

### **How can you help?**

Link up with each other. Lots of you are doing really great work in your areas but not every knows what each other are doing or how to refer people into support. So, talk to each other. I have heard anecdotally that some people are getting lots of phone conversations in one day from different organisations and then nothing for the rest of the week. It would be great to try and spread out this contact to allow people opportunity to talk as and when they need to.

### **Your Questions answered**

**We are running zoom remote memory café meetings but finding that we are struggling to hear everyone as lots of people talk at once.**

Think about asking people to use the option to mute their mic especially when someone is due to tell the group something for a longer period of time or you have some form of entertainment like a singer for example. Remember to unmute people so they can then respond though!

Another way around this can be asking people to create 'I would like to speak please' signs so people get used to talking one at a time. This might be done in



another agreed way such as putting your hand up before you speak for example or encouraging people to talk to one person at a time.

It can be really important to facilitate every getting the opportunity to speak when a question is asked to the group as otherwise people may not be getting the support, they need due to being a quieter person.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

### **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Why not encourage your members to squiggle draw? It starts with just drawing a squiggle on a page and then you need to turn that squiggle into a picture of something.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

### **Joke of the day**

What's a cow's favourite holiday?

Moo Year's Day

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

