

April 6th 2020

### **Partnership Support for remote working**

Hopefully you managed to enjoy some of the sunshine on your government supported exercise this week or if you are lucky enough to have a garden.

### **Good news**

You can watch full-length smash-hit musicals once a week on you tube. Mondays 7pm starting with Joseph. Just search for *the shows must go on*, on Youtube to tune in.

You can send letters and cards to other people who are self-isolating and may be vulnerable to SCCCC. The address is:

Penpal Scheme  
SCCCC Unit 19  
President Buildings  
Savile Street East  
Sheffield  
S4 7UQ

### **How can you help?**

Talk to the people you are supporting about worries about telephone bills. Ask whether it is a concern, as it might put someone off calling you if they need support or just a chat. If you can let me know whether you have people who are worried about this we can try to look at ways to solve these issues.

### **Your Questions answered**

**I want to have a singer on our zoom meetings is this possible and what should I be aware of?**

With zoom it will magnify the sound of whoever is speaking, so if you have someone who is singing or explaining how to do something it can be best to ask everyone to mute their mics or if you are the facilitator of the meeting you can do this yourself except for the person who is entertaining. Be aware though that this will mean that people won't be able to interact via sound and might mean you miss requests, thoughts and round of applauses.



In order to look how it is going to work I suggest you try it out first by zooming a friend or colleague to try it out. To fix the sound issues you will need to click on share, advanced and computer sound only.

Work with the performer to try out parts of the session before you go live and to make sure the sound adjustments are working.

Make sure you let participants know it is trial and error until you find a way that works for everyone.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

### **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Why not encourage people you ring to throw something at a target?

People will need an empty box, container or clean empty bin and a pair of socks rolled into a ball.

Try and throw the rolled-up socks into the container which is placed at least 2 metres away. Make sure the container isn't near any breakables.

How many can you get in total? How many can you get in a row? How many can you get when you move the container further away?

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

### **Joke of the day**

Two fishes are in a tank

One says to the other, do you know how to drive this thing?

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly