

April 28th 2020

Partnership Support for remote working

Good news

The big night in has raised £67 million for charities.

Armchair gallery is a free app you can download from the app store to a smart phone and allows you to access artefacts from across the UK.

How can you help?

Innovations in dementia have created a great resource to help you support someone living with dementia found at <http://www.innovationsindementia.org.uk/the-coronavirus-situation/>

Your Questions answered

I am supporting someone who is a carer of a person living with dementia who is in a care home. They feel helpless and very removed from the person. What should I suggest?

Initially I would listen to the person's experience. Listening to their worries about their person.

With this in mind I might suggest the following:

- Writing to their person in the care home, include a photograph of yourself if you have a printer or draw a picture if you can.
- Encourage other people to write too.
- Call the care home and try and talk to your person or even a carer that knows you well- they might be able to support your person to connect when on shift. Share a song or a poem together.
- Send something nice via the post for your person like some chocolate or an item that they particularly enjoy.
- Draw an activity which they can do such as a wordsearch.
- Send some jokes.
- Connect through zoom

It might be possible for you to contact the care home separately and make connections between the person you are supporting and the person with dementia without the past hang-ups that might have occurred over time.

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Why not send out some seeds to the people you support on the phone? When you ring up you can then have a discussion about how the seed is growing. Maybe have a competition for the tallest and smallest version with those people winning a prize?

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

Why did the scarecrow win an award?

He was outstanding in his field.

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly