

April 30th 2020

## **Partnership Support for remote working**

### **Good news**

Sheffield theatres have created a part of their website for viewing at home. Just visit <https://www.sheffieldtheatres.co.uk/for-theatre-lovers>

People are thanking their post people by leaving gifts on their step, writing a thank you letter to them or playing games like noughts and crosses by drawing it on a piece of paper, sticking it to their window and taking it in turn with their post person to make a move each day.

### **How can you help?**

Spend some time today looking out of a window. Notice what you can see.

### **Your Questions answered**

**I am finding when I am ringing that I can talk to the carer which is great, but they often don't enable me to talk to the person with dementia. How can I make sure I am in touch with both?**

Sometimes I don't think we are explicit in asking to talk to a person with dementia, often asking indirectly how the person is and supporting the carer to talk on behalf of the person with dementia. So, I would start by asking can I talk to Roger or whoever?

If this doesn't work or the carer is reluctant, I would suggest that the carer puts me on speaker phone to enable me to talk to both people at the same time.

If the carer is still unwilling to enable me to speak to the person with dementia I would try and unwind the situation by looking at why this may be the case. Is the person nervous about what might be said, worried about whether the person is able to use the phone, feeling overwhelmed by their situation and so want to talk to you themselves? Obviously this isn't an exhaustive list but some things that you might want to explore in a non-direct way.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

### **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Name the person quiz. On a separate page for ease of printing

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

### **Joke of the day**

Why was six scared of seven?

Because seven ate nine!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

Name the person



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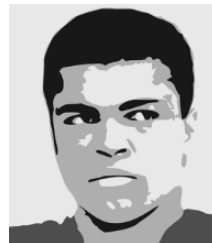
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Name the person answers



Marilyn Monroe



Winston Churchill



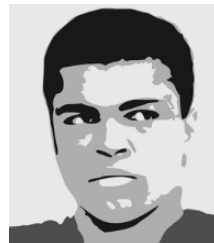
Ingrid Bergman



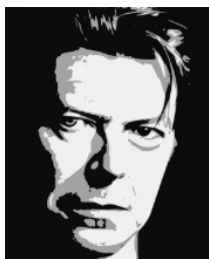
Bob Marley



Clark Gable



Muhammed Ali



David Bowie



William Shatner